

PSHE Curriculum Sequence Overview 23/24

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	New Beginnings & Golden Rules Learning Characteristics	Feelings Gender Stereotyping Learning Characteristics	Bodily Health Mental Health-Story Times	Good to be ME Getting on & Falling Out	Protective Behaviours	Changes
Year 1	New Beginnings & Golden Rules Democracy & Global Citizenship	Getting on & Falling Out Keeping Healthy & Safe	Going for Goals Gender Stereotyping	Good to be Me Gypsy Roma Traveller Education	Protective Behaviours Relationships	Changes and Self Care RSHE
Year 2	New Beginnings & Golden Rules Democracy & Global Citizenship	Getting on & Falling Out Keeping Healthy & Safe	Going for Goals Gender Stereotyping	Good to be Me Disabilities and Equalities	Protective Behaviours Relationships: Bereavement and Loss	Changes & Moving Forward RSHE
Year 3	New Beginnings Mental Health and Well-Being New Beginnings and Global Citizenship	Getting on and Falling Out	Good to be me Gender- Gender Identity & stereotyping Money Management taught through maths	Global Citizenship GARS (growing an anti-racist school) Drugs & Alcohol Education (DATE)	Relationships (SEAL) Exploring shame, guilt and making amends. Protective Behaviours - Feeling Good, Feeling Safe	Changes & Moving Forward Going for goals Relationships, Sex & Health Education (RSE) Refugee Week
Year 4	New Beginnings Mental Health and Well-Being	Getting on and Falling Out	Good to be me Disability Equality Education	Global Citizenship GARS (growing an anti-racist school) Drugs & Alcohol Education	Relationships (SEAL) Loss and coping strategies Loss & Bereavement Protective Behaviours - Feeling Good, Feeling Safe	Changes & Moving Forward Going for goals Relationships, Sex & Health Education (RSE) Refugee Week
Year 5	New Beginnings Mental Health and Well-Being	Getting on and Falling Out	Good to be me Gender	Global Citizenship GARS (growing an anti-racist school) Drugs & Alcohol Education	Relationships (SEAL) Kushti Atchin Tan Gypsy Roma traveller education Protective Behaviours - Feeling Good, Feeling Safe	Changes & Moving Forward Going for goals Relationships, Sex & Health Education (RSE) Refugee Week
Year 6	New Beginnings Mental Health and Well-Being	Money management Getting on and Falling Out	Good to be me LBGT history equality	Global Citizenship GARS (growing an anti-racist school) Drugs & Alcohol Education	Relationships (SEAL) Feeling Good Feeling Safe Protective Behaviours - Feeling Good Feeling Safe	Changes & Moving Forward Relationships, Sex & Health Education (RSE) Refugee Week

