# **Device Rules, Guidance and Expectations - Our Family Agreement**



## **Child's Section**

I understand that having a device is a privilege and a responsibility.

I agree to the following:



#### Managing my time

- I will ask permission before using my device.
- I will keep track of and respect the time limits agreed for use on the device and apps.
- I will leave my device in the agreed place when I go to bed and when I am not using it.
- I will not take my device into my bedroom.
- I will only take my device out of the house when agreed with my grown up/s.



#### Coping with distractions

- I will not not use my device whilst walking about.
- I will only use my device at mealtimes if agreed with my grown up/s.



## Thinking before acting

- I will never share my device access code or passwords with anyone other than my grown up/s.
- I won't lend my device to others.
- I will always get permission before downloading apps or making any purchases.
- For any approved apps that require an online profile, I will create these with my grown up/s.

- I will not accept phone calls/ Facetime/ video calls or respond to messages from unknown numbers/ people.
- I will act responsibly, and I understand that everything I do on my device will be reviewed by *my* grown up/s.
- I will never take embarrassing photos/ videos of others.
- I will tell my grown up/s if I see anything worrying or that upsets me.
- If I make a mistake or something makes me unhappy, I will come to you knowing you will support and help me without over-reacting.



### Being accountable for my actions

- I will not change my password or access code(s).
- I know my grown up/s will make random checks.
- I will contribute towards the expense of repairing the device if I break it or lose it.
- I understand that the replacement might not be the device of my choice.
- I understand the device may be taken away if I don't use it responsibly or if I don't behave respectfully.
- I understand my friends may have different rules and settings on their devices.
- I respect that my grown up/s make their decisions based on keeping me safe.
- My grown up/s will make sure friends are aware of the rules in our home.
- I will tell my parents if my friends bring devices to playdates/ sleepovers.
- My friends will have to follow these rules too if they bring a device to our house. "Our home, our rules".



#### **Grown-up's Section**

We know that everyone makes mistakes, and we also know that sometimes things might happen with your device that are not your fault.

We agree to the following:

- We will listen to you when you tell us about something that makes you uncomfortable.
- We will try not to overreact if you make a mistake.
- We will try to learn new things so that we understand the apps you want to use.
- We will set a good example with our own device use.

REMEMBER: If you make a mistake or if something is making you unhappy, you must let *your grown up/s* know. We promise to support and help you xxx

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