

PE Curriculum Sequence Overview

Reception						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
School Road	Introduction to PE: Unit 1	Dance: Unit 1	Gymnastics: Unit 1	Games: Unit 1	Ball Skills: Unit 1	Fundamentals: Unit 2

Year 1						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
School Road	Ball Skills (6 lessons) Invasion Games (6 lessons)	Gymnastics (12 lessons)	Dance (12 lessons)	Net and Wall Games (6 lessons) Sending and receiving (6 lessons)	Striking and Fielding Games (6 lessons) Target Games (6 lessons)	Athletics (6 lessons) Team Building (6 lessons)
Holland Road indoor	Gymnastics (12 lessons)		Dance (12 lessons)		Target Games (6 lessons)	Team Building (6 lessons)
Holland Road outdoor	Ball Skills (6 lessons)	Invasion Games (6 lessons)	Net and Wall Games (6 lessons)	Sending and receiving (6 lessons)	Striking and Fielding Games (6 lessons)	Athletics (6 lessons)

Year 2						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
School Road	Fundamentals (6 lessons) Ball Skills (6 lessons)	Gymnastics (12 lessons)	Dance (12 lessons)	Sending and Receiving (6 lessons) Target games (6 lessons)	Striking and Fielding (6 lessons) Net and Wall Games (6 lessons)	Athletics (6 lessons) Invasion Games (6 lessons)
Holland Road indoor	Gymnastics (12 lessons)		Dance (12 lessons)		Striking and Fielding (6 lessons)	Invasion Games (6 lessons)
Holland Road outdoor	Fundamentals (6 lessons)	Ball Skills (6 lessons)	Sending and Receiving (6 lessons)	Target Games (6 lessons)	Net and Wall Games (6 lessons)	Athletics (6 lessons)

Year 3						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Portland Road indoor	Fundamentals	Gymnastics	Dance	Yoga		
Portland Road outdoor	Fitness	Ball skills	Football	Basketball	OAA/Tennis	Athletics/Rounders
Holland Road indoor	Fundamentals	Gymnastics	Yoga	Dance	Ball skills	OAA
Holland Road outdoor	Fitness	Football	Basketball	Tennis	Rounders	Athletics

Year 4						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Portland Road indoor	Gymnastics	Fitness	Yoga/ Swimming	Swimming/Dance	Yoga/Swimming	Swimming/ Dance
Portland Road outdoor	OAA	Tag Rugby	Netball	Hockey	Athletics	Cricket
Holland Road indoor	Gymnastics	Fitness	Yoga	Dance	Badminton	OAA
Holland Road outdoor	Tag Rugby	Netball/ Swimming	Hockey/ Swimming	Netball or hockey (whichever missed due to swimming)	Cricket	Athletics

Year 5						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Portland Road indoor	Gymnastics	Fitness	Dance	Yoga		Handball
Portland Road outdoor	Hockey	Basketball	Football	Tennis	Rounders/Athletics	OAA

Holland Road indoor	Gymnastics	Fitness	Yoga	Dance	Handball	OAA
Holland Road outdoor	Hockey	Basketball	Football	Tennis	Rounders	Athletics

Year 6						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Portland Road indoor	Fitness	Gymnastics	Yoga	Dance		Badminton
Portland Road outdoor	Netball	Tag Rugby	Tennis	Football	OAA/ Athletics	Cricket
Holland Road indoor	Gymnastics	Fitness	Yoga	Dance	Badminton	OAA
Holland Road outdoor	Tag Rugby	Netball	Football	Tennis	Cricket	Athletics