



RELATIONSHIP AND SEX EDUCATION POLICY

Updated July 2019
Review July 2020

Hove Junior School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

THIS POLICY IS PART OF HOVE JUNIOR SCHOOL'S SAFEGUARDING SYSTEMS

OUR VISION

At Hove Junior School, our vision is that our children will develop a lifelong love of learning. Our aim is that the children are creative and inventive, both in and out of school. Working in partnership with families, carers and members of the wider community we aim to foster their desire to explore, stimulate their curiosity and provide them with the tools necessary to make them independent learners, excited by the world they live in.

INTRODUCTION

At Hove Junior School we deliver Relationship and Sex Education as part of a holistic Personal, Social, Health and Citizenship Education (PSHCE) programme.

Part of the Relationship and Sex Education programme falls within the National Curriculum for Science (Reproduction and Growth/Development). All pupils must participate in those elements of the programme. Pupils are also enabled to understand the development of personal relationships and those personal and social skills and attitudes that will help them make informed, positive choices.

If parents are concerned about any aspects of the programme they should discuss their concerns with the PSHCE subject leader or their child's teacher. As the main focus of RSE in primary education is relationships, parents do not have the right to withdraw their child from these aspects of RSE lessons. They do however have the right to withdraw their child from some or all of sex education delivered as part of statutory RSE. Before making this formal written request, parents are required to discuss this with the Headteacher or Head of School.

AIMS AND OUTCOMES

- To provide knowledge and understanding.
- To enable the development of personal skills and attitudes.
- To develop responsibility, self-esteem, confidence and assertion.
- To encourage children to be aware of their own feelings and those of others.
- To understand rights over one's own body (saying no).
- To develop an understanding of a variety of different relationships.
- To enable children to learn about their body.
- To dispel stereotyping.

TEACHING AND LEARNING

Hove Junior School's Relationship and Sex Education is planned across all Year groups within the PSHCE curriculum and delivered by the class teacher. All teaching staff will make a contribution to the delivery of the Relationship and Sex Education programme.

Any member of staff concerned about delivery of any part of the programme should raise their concerns with the subject leader.

RESOURCES

Resources for use across the Relationship and Sex Education programme are listed in the lesson plans. These are reviewed annually. Parents are informed prior to Relationship and Sex Education being taught as part of PSHCE. At this time they may choose to view the resources in school during a pre arranged question and answer session.

PARENTS/CARERS

Parents and carers have access to the school's RSE policy through the school office or website and are welcome to discuss the teaching content of lessons with their child's class teacher or the PSHCE subject leader. The school will run parent/carer information sessions prior to the teaching of RSE in which the planning and resources will be shared with them. A member of the PSHCE team will lead the session and be available to answer any questions or queries.

CONTENT

The programme includes work on the family, relationships (including online), reproduction, sexual intercourse, assisted conception, foetal development, life-cycles, birth, puberty, contraception, menstruation and gender.

In addition we will answer children's questions appropriately and sensitively on areas that are not catered for by the delivered programme. We will only discuss questions that are appropriate to the year group. Questions that fall outside this remit may be referred back to parents or carers. Questions that raise concern will be referred to the school's child protection officer in line with our Safeguarding policies.

EQUAL OPPORTUNITIES

"At Hove Junior School we undertake to promote equality of opportunity for all children and adults in the school irrespective of gender, culture, race, religion, ability, class, sexual orientation or age."

The Relationship and Sex Education programme will ensure equal access for all.

Most of the programme will be delivered to mixed gender groups but there will be opportunities to work in single gender groups especially in Years 5 and 6.

MONITORING AND REVIEW

This policy will be reviewed annually and updated at any time in light of new guidance from the DES or LA. The Governing Body will monitor the teaching of RSE with the Headteacher and Heads of School.

Reviewed July 2019



Overview of B&H Relationships & Sex Education Curriculum for Reception to Y6

Year group	Lesson 1	Lesson 2	Lesson 3	Lesson 4
R	<p>What can we do to look after our bodies? Can you label all the parts of our bodies including personal and private parts? *</p>	<p>What do we need to grow up healthy? Why do we need friends?</p>	<p>How can we look after ourselves and our bodies at school?</p>	
1	<p>What makes a family? How do babies grow into children?</p>	<p>What keeps our bodies healthy as we grow?</p>	<p>Can you label all the parts of our bodies including personal and private parts? * How do we keep our bodies safe?</p>	
2	<p>Do bodies come in all shapes and sizes? What do we love about our bodies? Why is it wrong to tease someone about how they look?</p>	<p>How do can you tell if animals are male or female? How do animals have babies? Why are male and female bodies different?*</p>	<p>What makes a good friend? Does it matter if our friends are boys or girls? Is there more than one way to be a boy or a girl?</p>	
3	<p>What are the names of female and male personal and private body parts and what do they do? Do bodies come in all shapes and sizes?</p>	<p>How can we feel good about ourselves? Should we all look the same? How do I pick myself up if I feel down?</p>	<p>What is a family? Are all families the same? How do families change?</p>	<p>What is a healthy relationship? When does friendship feel good?</p>
4	<p>How do human babies begin? What are the different ways that families begin?</p>	<p>What happens to my body as I grow and change from a child to a grown up?</p>	<p>How do the changes at puberty affect how young people might feel?</p>	<p>What life skills will I need as I grow and change? How can I keep healthy and safe as I grow and change?</p>
5	<p>What is embarrassment? How can we manage this feeling? What is the link between how our relationships change as we grow up and feeling embarrassed?</p>	<p>What does puberty mean? How do children grow and change into young adults?</p>	<p>What is puberty like for most girls and most boys? What is exciting about growing up? How can we grow confidence to talk about puberty and ask questions?</p>	<p>What do young people need to do to look after themselves during puberty?(hygiene)</p>
6	<p>Optional Puberty revision lesson What do you know about the changes at puberty for most girls and most boys? How do you feel about puberty? What questions do you have?</p>	<p>When do friendships feel positive online and face to face? How can I stay safe online?</p>	<p>How can I stay safe online? What is safe to share online? How can I find out information about growing up safely?</p>	<p>How do human babies start? How are human babies born?</p>

* There will be a progression of language introduced from YR for private personal parts including penis, vulva, vagina, labia, scrotum, testicles, clitoris, anus, breasts