Dear 4 Sapphire,

This is me, Mrs Holister, sending greetings from the other side of Brighton!

How are you doing?

This has been a pretty strange few weeks, hasn't it? I do hope you are all managing to stay positive and happy for most of the time.

By now, you're probably beginning to settle into a different kind of rhythm and routine for life – I know I am! It's been great not having to get up at 6.30 with my phone alarm shouting at me, but I do miss getting out and seeing people – especially you lovely lot!

To help you keep some sort of shape to your day, and your brains ticking over, we're putting a suggested timetable on the website. The word 'suggested' there is important – it means, you don't HAVE TO stick to it, but you and your parents might find it useful. Hopefully, you've enjoyed most of the learning tasks we've been giving you – and once we get Google Classroom working properly (which is hard for me, being such a dinosaur!) - I'll be able to see how you're getting on.

Please remember – you MUST NOT WORRY if you don't understand things – when we finally get back to normal, you'll be just fine. Do what you can, that's all. This is a great opportunity for you all to be spending more time doing the things we can't spend as much time on at school – more Art, Music, Cooking, Dancing – whatever makes you laugh and feel happy.

Remember to be kind to your families – this is a difficult time for everyone, and we all have to work hard to make it feel OK – so, keep trying to imagine what they might be feeling or worrying about. As a parent, I can tell you that the thing that makes me happiest is when my children are getting along with each other and we're all helping each other out with little jobs and seeing the funny side of life. So, to help keep your hearts and heads in the right place, one thing I would like you all to try to do is this: Give your family members hugs every day and tell them you love them.

I think that's about it from me for now. I look forward to being in touch through the Google Classroom.

Until then, imagine me doing my PE with Joe – I'm giving it my all (sweaty stuff, I can tell you!) - and trying to get things to work on the computer!!

Lots of Love.

Mrs H. xxx