

SALT DOUGH

How to make...



Flour 2 Cups + Salt 1 Cup + Water 1 Cup

- Mix all the ingredients in a bowl until it comes together
- Tip mixture out on to table
- Knead the mixture like you would bread dough
- Add water if it's too dry / Add flour if it's too wet
- keep kneading until you have a ball of dough
- Roll out your dough - sprinkle on flour if it gets sticky



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Making a Sun Catcher



- Using a bowl cut a circle out of your dough
- Cut a shape in your circle - leaving room at the top for a hole
- Make a hole with a toothpick at the top

The hole will shrink when cooked so make sure it's big enough

- Be very careful moving your salt dough - use a spatula
- Place it on a baking tray on parchment paper

Ignore beads I used - they were the wrong ones!

You'll need translucent pony beads



Cook @ 190C 1hr - until beads have melted

It will look brown - this is normal :-)

Now paint and decorate your salt dough

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Making a Sun Catcher



Above is a picture of the type of beads you'll need

I painted mine with a couple of layers of white first and then red

You can paint patterns or add glitter or sequins to your design

I sealed mine with 'Yacht Varnish' to make it more durable

You can also use wood varnish or similar

Thread your sun catcher and hang in a window to get the full effect

*** LOCKDOWN GALLERY ***

Email or Whatsapp your finished designs to;

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