

WEST HOVE INFANT SCHOOL A family of friends

Hove Learning Federation School/Portland Road Newsletter

Friday 11th November 2022

Dear Parent/Carers,

OK JUNIOR SCHO

The schools are so proud of the new video prospectus and we've had so much positive feedback from parent/carers. If you've not had the chance to watch it, please use the following link <u>https://www.westhoveinfants.co.uk/about-the-school/welcome-message/</u>, or visit our school website front page. Please help us to share it across the school community and with anyone who is considering where to send their child in September 2023.

We have had some memorable experiences over the last two weeks in school including the Year 6 stunning start and a visit from Winnie the Witch at the Infants. A special congratulations also goes to Luna Sedelamier who won the Atom Learning creative writing competition with her fantastic entry. Further details of this later in the newsletter.

Parent/Carer Appointments

As a school we really value your feedback. We have sent out a survey link to all parent/carers via School Ping and please ask that you take the time to comment. If you were unable to attend your appointment or cannot make these times, please email the school stating your child's name and class and the class teacher will be in touch to arrange a time to meet with you.

School Trips

As a school, we have planned a broad and exciting range of visits/visitors to ensure that all children gain first hand experiences right from reception. We have recently seen a huge increase in transports costs. This drives up the cost of trips and we know the financial pressures we are all facing at the moment. To ensure our children can still access quality experiences, we have often heavily subsidised trips. However, school budgets are tighter than ever so, although we would love to be able to, we cannot afford to fully fund trips across the federation. If we do not receive enough payments, we will sadly be forced to cancel some of the upcoming trips . We do offer families the option of paying in instalments and are always happy to talk to you in person. If you have any concerns, please contact the school office via the enquiries email or ask to speak to a senior member of staff at your child's site.

Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School admin@westhove-inf.brighton-hove.sch.uk 01273 733386

Hove Junior School portlandroadenquiries@hovejun.brighton-hove.sch.uk 01273 916609

Hove Junior School Inclusion Team inclusionteam@hovejun.brighton-hove.sch.uk 01273 916609

Best wishes, Maddie Southern and Ben Massey

Diary Dates

Monday 19th Dec -2nd January -Christmas holidays

Tuesday 3rd January - INSET day - no children in school

Wednesday 4th January - school reopens to children

Important dates at the Infants

The children will performing their plays in the hall this year. There is no need to order tickets, but due to space restrictions we ask that a maximum of two adults attend for each child. Please arrive 10 minutes before your child's performance.

Classes, Date and Time

Sea lions, Dolphins, Caterpillars & Bumblebees Thursday 8th December 9:30am (Reception Parents & Carers) Thursday 8th December 10:40am (Year 1 Parents & Carers)

Turtles, Seahorses, Grasshoppers & Dragonflies Monday 12th December 9:30am (Reception Parents & Carers) Monday 12th December 10:40am (Year 1 Parents & Carers)

Lizards, Marmosets,

Toucans & Treefrogs

Thursday 15th December 9:30am (Lizards & Marmosets Parents & Carers) Thursday 15th December 10:50am (Toucans and Tree frogs Parents & Carers)

Christmas Dinner – Wednesday 14th December

Please make your child's lunch choice via a separate School Ping that will follow in due course.

Christmas Parties

Reception Year - Tuesday 13th December – Entertainment followed by a Christmas Party in the classroom.

There will also be a **Teddy Bears picnic in classrooms (***Reception only***)** on **Thursday 15th December**.

Year One – Wednesday 14th December – Entertainment followed by a Christmas Party in the classroom.

Year Two - Friday 16th December – Entertainment followed by a Christmas Party in the classroom

The children may wear their party clothes to school on Christmas Party Day (all children must wear regular school shoes only) In the afternoon the children have their Christmas Party in classrooms and hopefully, get a visit from Santa! We ask you to contribute food for the class party, a list will be displayed nearer the time outside your child's class. If your child has allergies to certain foods we ask that you bring their party food in a named lunch box. (N.B on party days, if your child normally has a packed lunch they will still need this).

Saplings outdoor learning area

We were so very excited to have so many of you come and explore our Saplings outdoor learning area last half term. This open evening has been a long time coming and it was so gratifying seeing all the children excitedly exploring and sharing what they get up to with their parents and carers. We managed to raise a brilliant amount with the cake sale and this, coupled with our recent acquisition of some grant funding will mean that we will soon be able to start the next stage of developing the space to make it even more enriching for our school community. Thank you so much for your continued support!

> Ms Slot, Mrs Howard-Thomas and Ms Kelly (Saplings outdoor learning and development team)







Winnie the Witch



On Wednesday 2nd November, the children at WHI school had a surprise visit from none other than Winnie the Witch! She had got lost on her way to her sisters' Halloween party and needed our help going back in time to make it for the festivities. All of the children drew pictures of their favourite Halloween memory for Winnie and Wilbur to use in a magic time travel spell. We were all so happy to help her find her way back to the party and really enjoyed the postcard that she sent us afterwards. Winnie, you were magic!



iRock Assembly



On Friday 4th November, the children had a super special treat in the form of an iRock assembly. Rory showed us that there is a rockstar in all of us and some lucky children even got to have a go on the instruments. It was so much fun and we were all inspired by the enthusiasm and talent in the room. What an amazing morning! Thanks, iRock!!



Book Fair at the Infants



Midday Supervisor West Hove Infant School

Midday Supervisor required – based at Portland Road site

Monday to Friday 12.00 – 1.00 pm (5 days per week)

We are looking for an MDSA to work with our friendly and supportive team of lunchtime staff and play leaders. You will need to:

- \cdot Supervise our children during lunchtimes, both in the playground and in the canteen/hall
- Have a firm and fair approach with children from Reception to Year 2
- \cdot Have good inter-personal skills and a calm manner
- \cdot Be either first-aid trained or willing to undertake similar training

For more information, please contact the school office, 01273 733386

Children in Need Friday 18th November



Non Uniform Day at West Hove Infant School and Hove Junior School

Friday 18th November

is a Non Uniform Day for 'Children in Need'. Children to wear something spotty (no fancy dress please), sensible shoes must to be worn.

All donations can be made directly to Children in Need by using the link below.

https://donate.bbcchildreninneed.co.uk/

Important dates at the Juniors



Performance Dates

Monday 12th December 2pm – Year 3 Tuesday 13th December 2pm – Year 4 Wednesday 14th December 2pm – Year 5 Thursday 15th December 2pm – Year 6 There is no need to order tickets, but due to space restrictions, we ask that a maximum of two adults attend for each child.

Christmas Dinner – Wednesday 14th December

Please make your child's lunch choice via a separate School Ping that will follow in due course.

Reindeer Run – 16th December

This will be a PTA organised event this year and a promotional poster and funding link will be sent out. Individual classes will take it in turns to run the reindeer course throughout the day. Years 3 and 4 (7 laps - half a mile) and Years 5 and 6 completing the full 14 laps (1 mile) wearing their Christmas jumpers/tshirts/accessories and reindeer antlers (provided by the PTA).



Winner of the Atom Learning Young Author Award

I have been doing creative writing since Year 2, and I wanted to enter the Atom Learning Young Author Award competition to try and bring some funds for the school. Of course, Disneyland was a big temptation as well! The topic was "A day that changed the world" and I thought how great it would be if children no longer had fears. I wrote it during the summer and almost gave up as it was hard to fit it in 500 words. I wanted to show that the world is a better place without fear and that books make everything a lot less scary, even a monster! For all the monsters out there, my story shows that being kind is much more fun than being mean and scary. I was overjoyed when I heard that I won the first prize and that a professional illustrator made a poster for my story. I think I had a smile on my face the whole day, and that night I had a celebratory sushi!!!

Atom have put a short video with Luna that they have filmed at school: <u>https://www.youtube.com/watch?v=2GIoBHXwmM8</u> There's also this from the Atom website: <u>https://atomlearning.co.uk/blog/Young-Author-Award-Winners</u>



Winter Holiday Activities and Food (HAF) 2022 Live and taking bookings!



We are delighted to announce the launch of the Winter HAF (Holiday activities and food) programme for Brighton and Hove.

Funded by the Department of Education (DfE), HAF offers free enriching holiday activities with a healthy meal included.

Dates: Monday 19 to Friday 23 December, with a more limited offer between Wednesday 28 to Friday 30 December

Eligibility: Children and young people in Reception to Year 11 who receive benefits-related free school meals (FSM). Those who received a unique HAF booking code under the limited discretionary criteria available for the Summer will also remain eligible for Winter HAF 2022.

With 22 organisations running 29 HAF activity programmes across Brighton and Hove during the Winter holiday, the offer includes everything from playschemes to sports providers, and performing arts to family cooking sessions. et involved! Visit www.brighton-hove.gov.uk/haf to view the full events calendar and book directly with your chosen activity providers.

HAF booking codes:

A unique HAF booking code is required for each individual child.

If the child took part in Summer HAF 2022, the same unique HAF booking code should be used. Email HAF@brighton-hove.gov.uk, with the full name and date of birth of the child, to request the code to be resent.

Those who are new to HAF must first apply for their unique HAF booking code by visiting www.brighton-hove.gov.uk/haf.

To ensure everyone gets the support they need, we ask you please only book what you know you will attend.

Please email HAF@brighton-hove.gov.uk with any questions or for support.



FREE ONLINE INFORMATION EVENING.

Talking to children about grief is never an easy task. Join our FREE online information evening at 8pm on Wednesday 16th November 2022, and find out how you can support your child following a bereavement.

FIND OUT MORE AND BOOK YOUR PLACE: <u>https://www.jigsawsoutheast.org.uk/event/how-to-support-your-</u> <u>bereaved-child-online-information-evening/</u>



Cornerstone Food Bank

Cornerstone Community Centre, Church Rd, Hove (corner of First Ave and Church Rd, BN3 2FL) Telephone: 01273 327757 / 07483 819 293 (mobile Thu/Fri only)

Are you on a low income, no income, in debt, or JAM (just about managing!) We're here to help!

Our food bank is open from 13.00 to 15.00 every Friday. We provide a good selection of fresh protein and fruit & veg which varies every week, depending on the donations we receive from Fairshare, as well as tinned and dried goods. Friday afternoons from 1pm

BY APPOINTMENT ONLY.

Book a slot to collect.

Call 07483 819293

Email: cornerstonefoodbank3@gmail.com

or call in the office to give us your details

MHST WORKSHOPS 2022-2023

ONE-OFF PARENT VIRTUAL WORKSHOPS 12:30-1.30 TUESDAYS

SLEEP

This workshop is aimed at parents and carers of children in the stated key stage. We will be looking at common difficulties children have with sleep, the recommended amount of sleep for children of different ages, and ways to support children with getting enough sleep. We will be looking at strategies around bedtime routines, the sleeping environment, life-style factors which may influence sleep, and supporting children with anxiety or worries which might be affecting their sleep.

Primary 1st November 2022 Sleep Workshop for parents/ carers of PRIMARY age children Tickets, Tue, Nov 1, 2022 at 12:30 PM | Eventbrite

Primary 2nd February 2023 Sleep workshop for parents/carers of PRIMARY aged children Tickets, Tue 21 Feb 2023 at 12:30 | Eventbrite

Secondary 15th November 2022 Sleep workshop for parents/carers of SECONDARY aged children Tickets, Tue 15 Nov 2022 at 12:30 | Eventbrite

Secondary 7th March 2023 Sleep workshop for parents/carers of SECONDARY age children Tickets, Tue, Mar 7, 2023 at 12:30 PM | Eventbrite

This workshop is aimed at parents and carers of children in the stated key stage. We will be using a cognitive-behavioural model to understand how thoughts, feelings and behaviours are linked and form unhelpful patterns that can lead into a downward spiral of persistent low mood. We look at ways you might be able to help your child, including addressing your child's sleep, routine, exercise and eating patterns. We will also touch on ways you as a parent might be able to support your young person's negative thoughts or unhelpful behaviour patterns.

LOW MOOD

Primary 24th January 2023 Low Mood workshop for parents/carers of PRIMARY age children Tickets, Tue 24 Jan 2023 at 12:30 | Eventbrite Primary 2nd May 2023 Low Mood workshop for parents/carers of PRIMARY aged children Tickets, Tue 2 May 2023 at 12:30 | Eventbrite Secondary 7th Feb 2023 Low Mood Workshop for parents/carers of SECONDARY aged children Tickets, Tue 7 Feb 2023 at 12:30 | Eventbrite Secondary 16th May 2023 Low Mood workshop for parents/carers of SECONDARY aged children Tickets, Tue 16 May 2023 at 12:30 | Eventbrite

ANXIETY

This workshop is aimed at parents and carers of children in the stated key stage. We will look at what anxiety is exactly, where it comes from, and what keeps children feeling anxious. We aim to help you get a better understanding of your child's anxiety by looking at how your children feel, think, and respond to triggers or situations that make them feel anxious. We will then introduce strategies that can help, both in the short term, such as breathing and distraction techniques, as well as longer-term strategies including helping your child face their fears and build up their confidence through supportive conversations.

Primary 29th November 2022 Anxiety Workshop for parents/carers of PRIMARY aged children Tickets, Tue 29 Nov 2022 at 12:30 | Eventbrite

Primary 21st March 2023 Anxiety workshop for parents/carers of PRIMARY aged children Tickets, Tue 21 Mar 2023 at 12:30 | Eventbrite

Secondary (exam stress focus) 10th January 2023 Exam stress workshop for parents/carers of SECONDARY aged children Tickets, Tue 10 Jan 2023 at 12:30 | Eventbrite

Secondary 18th April 2023 Anxiety Workshop for parents/ carers of SECONDARY age children Tickets, Tue, Apr 18, 2023 at 12:30 PM | Eventbrite

MHST WORKSHOPS 2022-2023

ONE-OFF PARENT VIRTUAL WORKSHOPS 12:30-1:30 TUESDAYS

TRANSITION

This workshop is for parents/carers of young people starting Y7 at Secondary School in September 2023. The workshop will cover what anxiety is and how it's maintained, how to talk to your child about school transition anxieties and some practical advice on how to help your child manage their worry using a CBT approach. We will also look at how to encourage young people to become independent problem solvers.

27th June 2023 Transitions workshop for parents/carers of children moving from yr 6 - yr 7 Tickets, Tue 27 Jun 2023 at 12:30 | Eventbrite

ONGOING PARENT VIRTUAL GROUPS (4 WEEKS) 12.30 - 1.30 THURSDAYS

This group is aimed at parents and carers of children in the stated age group. This programme will guide parents how to use cognitive-behavioural techniques to help their children overcome fears and worries. The programme includes learning how anxiety develops and is maintained, that is to say what keeps children's anxiety going and prevents them getting over their fears. We will then move on to exploring what your child needs to learn to overcome their fears or worries and how to implement strategies to encourage your child to become more independent. The programme will run over 4 weeks and will be a combination of 4 one-hour group sessions, reading tasks before sessions and some in between session work such as practising techniques learned during the sessions.



5-9 year old Anxiety (introduction call and 4 sessions) 12th January 2023 to 9th February 2023 Understanding Your Child's Fears and Worries - 4 week programme (ages 5-9) Tickets, Thu 12 Jan 2023 at 12:30 | Eventbrite

<u>9-12 year old Anxiety</u> (introduction call and 4 sessions) 2nd March 2023 to 30th March 2023 <u>4 week Anxiety Programme for parents/ carers of children aged 9-11 Tickets, Thu, Mar 2, 2023 at 12:30 PM | Eventbrite</u>

BEHAVIOUR

This group is based on the Incredible Years parenting programme and is aimed at parents and carers of children aged 5-9 years old. If you are interested in taking part in this group, we aim to speak with you individually to understand your child's needs and the reason for looking for support. Following this there are four group sessions, in which we cover various strategies to try at home with your child, using an evidence-based programme of carefully selected tips and ideas that scaffold onto each other and build up gradually. This way, over time you and your family will be equipped with strategies that can reduce problematic behaviour and increase desired behaviour.

5-9 year old Behaviour (introduction call and 4 sessions) 27th April 2023 to 25th May 2023 Supporting Your Child's Behaviour - 4 week programme for children aged 5-9 Tickets, Thu 27 Apr 2023 at 12:30 | Eventbrite

To learn more about our service offer please watch our video: https://youtu.be/-YWgFOGgehM

ROOM TO NURTURE ROOM TO LEARN ROOM TO GROW



Dear Parents and Carers,

After a rewarding 20-year career in primary education, including five years at Hove Juniors, I left the classroom to work more directly and personally with pupils. Since 2020, I have been busy supporting local children in their learning journeys. The extra challenges caused by the pandemic has reinforced my belief that learning should be fun, nurturing and personalised so every child is able to achieve to the best of their abilities. I now lead a team of very experienced qualified primary and secondary teachers offering 1:1 tuition in the home and online. Our priority is to help every child thrive and grow as an individual. We help children catch up on missed lockdown learning, boost their selfesteem and encourage an academic curiosity.

If you would like to arrange a time to discuss your child's needs, arrange a home visit or just to find out more, please contact me at tutorroomltd@gmail.com.

Check out our website https://tutorroomltd.co.uk/ and facebook page for additional information too https://www.facebook.com/tutorroomltd

Many thanks, Rachel Dodson

> Brand Vaughan are proud to be partnered with West Hove Infant School and Hove Junior School.



Each time you sell or let your property through Brand Vaughan, West Hove Junior School will receive **10%** of the referred selling or letting fee.

Our partnership with West Hove Junior school, not only benefits you, but also benefits your children's school.

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