



**WEST HOVE  
INFANT SCHOOL**  
.....  
**A family of friends**



# Hove Learning Federation

## Holland Road Newsletter



Friday 11th November 2022

Dear Parent/Carers,

The schools are so proud of the new video prospectus and we've had so much positive feedback from parent/carers. If you've not had the chance to watch it, please use the following link <https://www.westhoveinfants.co.uk/about-the-school/welcome-message/>, or visit our school website front page. Please help us to share it across the school community and with anyone who is considering where to send their child in September 2023.

We have had some memorable experiences over the last two weeks in school including the Year 6 stunning start and a visit from Winnie the Witch at the Infants. A special congratulations also goes to Luna Sedelamier who won the Atom Learning creative writing competition with her fantastic entry. Further details of this are later in the newsletter.

### **Parent/Carer Appointments**

As a school we really value your feedback. We have sent out a survey link to all parent/carers via School Ping and please ask that you take the time to comment. If you were unable to attend your appointment or cannot make these times, please email the school stating your child's name and class and the class teacher will be in touch to arrange a time to meet with you.



## School Trips

As a school, we have planned a broad and exciting range of visits/visitors to ensure that all children gain first hand experiences right from reception. We have recently seen a huge increase in transports costs. This drives up the cost of trips and we know the financial pressures we are all facing at the moment. To ensure our children can still access quality experiences, we have often heavily subsidised trips. However, school budgets are tighter than ever so, although we would love to be able to, we cannot afford to fully fund trips across the federation. If we do not receive enough payments, we will sadly be forced to cancel some of the upcoming trips . We do offer families the option of paying in instalments and are always happy to talk to you in person. If you have any concerns, please contact the school office via the enquiries email or ask to speak to a senior member of staff at your child's site.

Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School

[hollandoffice@westhove-inf.brighton-hove.sch.uk](mailto:hollandoffice@westhove-inf.brighton-hove.sch.uk)

01273 733386

Hove Junior School

[hollandroadenquiries@hovejun.brighton-hove.sch.uk](mailto:hollandroadenquiries@hovejun.brighton-hove.sch.uk)

01273 916609

Hove Junior School Inclusion Team

[inclusionteam@hovejun.brighton-hove.sch.uk](mailto:inclusionteam@hovejun.brighton-hove.sch.uk)

01273 916609

Best wishes,

Maddie Southern and Lorna Cummings

## Diary Dates



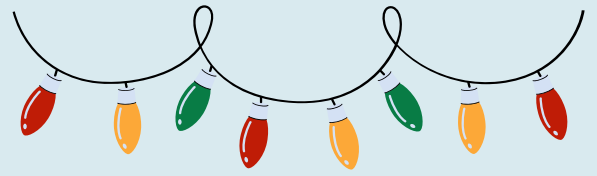
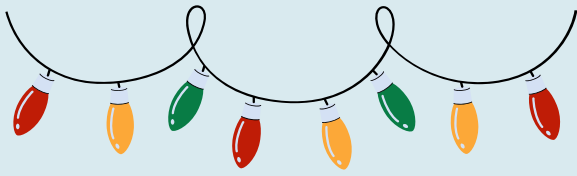
**Monday 19th Dec -2nd January -**  
Christmas holidays

**Tuesday 3rd January - INSET day -**  
no children in school

**Wednesday 4th January - school**  
reopens to children



# Important dates at Holland Road



## Live Christmas plays are BACK!

The children will be performing their plays in the hall this year. There is no need to order tickets, but due to space restrictions we ask that a maximum of two adults attend for each child. Please arrive 10 minutes before your child's performance.

Details of the Christmas plays and other Christmas celebrations are as follows:

### Infants

#### Performance Dates

**Fireflies & Crickets**

**Chameleons & Panthers**

Thursday 8th December 9:15am

Friday 9th December 9:15am

#### **Clownfish, Angelfish**

Thursday 8th December 1:15pm

### Christmas Parties

**Reception Year - Monday 12th December** – Entertainment followed by a Christmas Party in the classroom.

There will also be a **Teddy Bears picnic (Reception only)** in classrooms on **Thursday 15th December**.

**Year One – Thursday 15th December** – Entertainment followed by a Christmas Party in the classroom.

**Year Two - Thursday 15th December** – Entertainment followed by a Christmas Party in the classroom.





## Juniors

### Performance Dates

**Year 3** - Monday 12th December 2pm

**Year 4** - Tuesday 13th December 2pm

**Year 5** - Wednesday 14th December 2pm

**Year 6** - Thursday 15th December 2pm

There is no need to order tickets, but due to space restrictions, we ask that a maximum of two adults attend for each child.

## Infants and Juniors

### Christmas Dinner – Wednesday 7th December

Please make your child's lunch choice via a separate School Ping that will follow in due course.

### Christmas Fair

Please put **Friday 9th December** in your calendar for our School Christmas Fair – more details to follow from our PTA.

The children may wear their party clothes to school on Christmas Party Day (all children must wear regular school shoes only). In the afternoon the children have their Christmas Party in classrooms and hopefully, get a visit from Santa! We ask you to contribute food for the class party, a list will be displayed nearer the time outside your child's class. If your child has allergies to certain foods we ask that you bring their party food in a named lunch box. (N.B on party days, if your child normally has a packed lunch they will still need this).

# **Children in Need Friday 18th November**



**Non Uniform Day at  
West Hove Infant School and Hove Junior School**

**Friday 18th November**  
is a Non Uniform Day for  
'Children in Need'.

Children to wear something spotty  
(no fancy dress please),  
sensible shoes must to be worn.

All donations can be made directly to  
Children in Need by using the link below.

<https://donate.bbcchildreninneed.co.uk/>



# Winner of the Atom Learning Young Author Award

I have been doing creative writing since Year 2, and I wanted to enter the Atom Learning Young Author Award competition to try and bring some funds for the school. Of course, Disneyland was a big temptation as well! The topic was "A day that changed the world" and I thought how great it would be if children no longer had fears. I wrote it during the summer and almost gave up as it was hard to fit it in 500 words. I wanted to show that the world is a better place without fear and that books make everything a lot less scary, even a monster! For all the monsters out there, my story shows that being kind is much more fun than being mean and scary. I was overjoyed when I heard that I won the first prize and that a professional illustrator made a poster for my story. I think I had a smile on my face the whole day, and that night I had a celebratory sushi!!!

Atom have put a short video with Luna that they have filmed at school:

<https://www.youtube.com/watch?v=2GloBHXwmM8>

There's also this from the Atom website:

<https://atomlearning.co.uk/blog/Young-Author-Award-Winners>



# Year 6 Girls football



It was a busy week for the girls' football team in the last week before half-term.

They started off their league campaign on a sunny Monday afternoon with a match vs Benfield. Unfortunately, the game did not go the way we would have liked, ending in a 3-0 defeat. However, there were some significant positives to take away from the match and the score line was not a true reflection of the whole game. Despite the final score line, the team had some great spells of play, with special mention to Erin who made some wonderful saves in goal. We grew in confidence as the game went on, and ended with some very positive, assertive football.

Fast-forward to Friday the 21st and the girls' team had their first tournament to attend. We wanted to be more assertive and really press the opponents more than we had done in Monday's match, and the girls certainly did this from the start. We dominated our first match and were so unlucky not to find the back of the net. Given more time than the allotted 7 minutes per match, we surely would have scored. This ended up being the case for every one of our matches! We finished the group stage with four 0-0 results, and despite not scoring any goals, we also did not concede any. Other teams did, and so this helped us to find our way into the knockout stages. Maintaining the form of the day, we also managed to find a way to draw our semi-final fixture with Peter Gladwin 0-0. Our match progressed on to penalties where we were ultimately beaten by our opponents, but this did not detract from a very positive afternoon of football, which the team seemed to thoroughly enjoy.

Well done to each of the players involved, they all did brilliantly! And thank you to the travelling fans (parents/carers) who made it down to cheer on the team.





# Year 6 Girls football





# Year 5/6 Tag Rugby Festival 13/10/22

On Thursday 13th October, Miss Allum and Mr Shaughnessy joined 12 year 5 and 6 children at Hove Rugby Club for an afternoon of Tag Rugby celebrating this year's Rugby League World Cup being hosted in England from the 15th October- 19th November. It was a great afternoon with lots of schools across Brighton and Hove taking part.

The Sports Leaders from the Cardinal Newman Rugby Academy were fantastic in running the activities and coaching the games.

We even had the chance to play a match against Portland Road which was incredibly close and ended in a 3-3 draw. Everyone had a great time and showed huge enthusiasm for the sport. We were so impressed with all the children who took part- you were all wonderful and represented the school brilliantly.

Here are some highlights...



# PTA NEWS

The children had a such a blast at the Spooky disco at the end of the half term.

Activities included a spooky ghost trail hunt, face painting, design a brick for the big hotel, crafting zone and nerf a teacher and zombie.

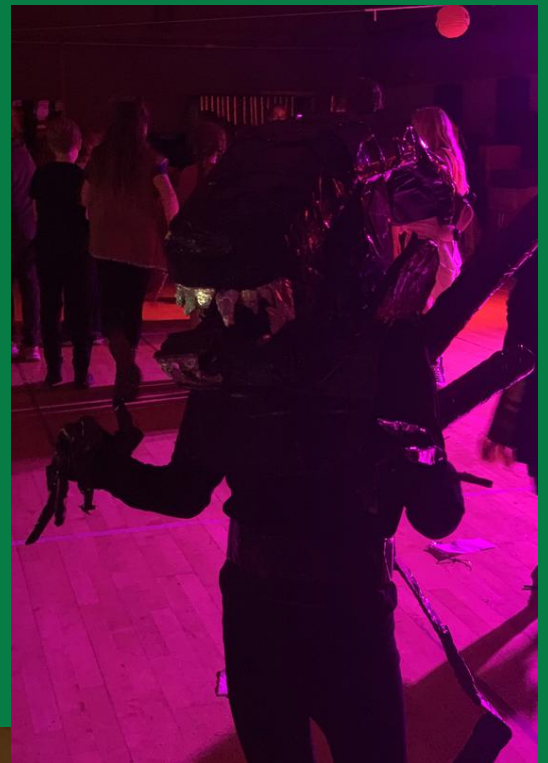
The children behaved fabulously and showed great knowledge and understanding when spending their pennies on treats and goodies.

We raised a huge amount for the school which is already being spent on the external natural environment, books for groups and group activities for reward time in the Infants.

Thank you to those that took part in the Cauliflower cards, we're excited to see the creations when they return to us.

Our Christmas Fair and crafts event will be happening late December - date to be confirmed soon. Please let us know if your business or you know of one which would like to host a table for the event. It's a fantastic opportunity for families to buy gifts and treats for others as well as celebrate the season among your children's peers.

If you wish to join the PTA or volunteer, please get in touch via the Facebook page or contact Emma Barrell directly.





# **Winter Holiday Activities and Food (HAF) 2022**

**Live and taking bookings!**



**We are delighted to announce the launch of the Winter HAF (Holiday activities and food) programme for Brighton and Hove.**

**Funded by the Department of Education (DfE), HAF offers free enriching holiday activities with a healthy meal included.**

**Dates: Monday 19 to Friday 23 December, with a more limited offer between Wednesday 28 to Friday 30 December**

**Eligibility: Children and young people in Reception to Year 11 who receive benefits-related free school meals (FSM). Those who received a unique HAF booking code under the limited discretionary criteria available for the Summer will also remain eligible for Winter HAF 2022.**

**With 22 organisations running 29 HAF activity programmes across Brighton and Hove during the Winter holiday, the offer includes everything from playschemes to sports providers, and performing arts to family cooking sessions. et involved! Visit [www.brighton-hove.gov.uk/haf](http://www.brighton-hove.gov.uk/haf) to view the full events calendar and book directly with your chosen activity providers.**

## **HAF booking codes:**

**A unique HAF booking code is required for each individual child.**

**If the child took part in Summer HAF 2022, the same unique HAF booking code should be used. Email [HAF@brighton-hove.gov.uk](mailto:HAF@brighton-hove.gov.uk), with the full name and date of birth of the child, to request the code to be resent.**

**Those who are new to HAF must first apply for their unique HAF booking code by visiting [www.brighton-hove.gov.uk/haf](http://www.brighton-hove.gov.uk/haf).**

**To ensure everyone gets the support they need, we ask you please only book what you know you will attend.**

**Please email [HAF@brighton-hove.gov.uk](mailto:HAF@brighton-hove.gov.uk) with any questions or for support.**

# Managing anxiety and transitions after a bereavement.

Online Information Event

Wednesday 16th November - 8 pm



**FREE TO JOIN**



Gatwick Airport  
Community Trust



**COMMUNITY**  
FUND



**Children  
in Need**

## **FREE ONLINE INFORMATION EVENING.**

Talking to children about grief is never an easy task. Join our **FREE** online information evening at 8pm on Wednesday 16th November 2022, and find out how you can support your child following a bereavement.

### **FIND OUT MORE AND BOOK YOUR PLACE:**

**<https://www.jigsawsoutheast.org.uk/event/how-to-support-your-bereaved-child-online-information-evening/>**





## Cornerstone Food Bank

Cornerstone Community Centre, Church Rd, Hove

(corner of First Ave and Church Rd, BN3 2FL)

Telephone: 01273 327757 / 07483 819 293

(mobile Thu/Fri only)

Are you on a low income, no income, in debt,  
or JAM (just about managing!) We're here to help!

Our food bank is open from 13.00 to 15.00 every Friday. We provide a good selection of fresh protein and fruit & veg which varies every week, depending on the donations we receive from Fairshare, as well as tinned and dried goods. **Friday afternoons from 1pm**

**BY APPOINTMENT ONLY.**

**Book a slot to collect.**

**Call 07483 819293**

**Email: [cornerstonefoodbank3@gmail.com](mailto:cornerstonefoodbank3@gmail.com)**

or call in the office to give us your details



The poster features a large red Santa hat with a white pom-pom in the background. Two children, a boy and a girl, are shown in action, kicking soccer balls. The boy is wearing a red and black kit, and the girl is wearing a red and white kit. The Russell Martin Foundation logo is prominently displayed in the center. The text 'Christmas FOOTBALL CAMP' is written in a large, stylized font. Various discount and booking information is provided in smaller text boxes.

**'EARLY BIRD DISCOUNT'**  
£20 PER DAY  
IF YOU SIGN UP  
BEFORE  
30TH NOVEMBER

**10% SIBLING DISCOUNT**  
**9AM EARLY DROP OFF £3**

**19TH, 20TH, 21ST, 22ND**  
**DECEMBER**  
**HOVE PARK 3G**  
BOYS & GIRLS 5-12 YEARS OLD  
10AM - 3PM

**£30 - 1 DAY**  
**£55 - 2 DAYS**  
**£80 - 3 DAYS**  
**£105 - 4 DAYS**

**RUSSELLMARTINFFOUNDATION.CO.UK**  
01273 591364

info@rmfoundation.co.uk

Our Camp days are running as follows:

Russell Martin Christmas Camp @ Hove Park 3G

Monday 19th December – 10am to 3pm

Tuesday 20th December – 10am to 3pm

Wednesday 21st December – 10am to 3pm

Thursday 22nd December – 10am to 3pm

Cost:

**EARLY BIRD DISCOUNT:** Before 30th November ONLY £20 PER DAY!

After 1st December - £30 for 1 day, £55 for 2 days, £80 for 3 days,  
£105 for 4 Days

**BOOKING** via: [www.russellmartinfoundation.co.uk/courses/school-holidays](http://www.russellmartinfoundation.co.uk/courses/school-holidays)

Office Phone Number: 01273 591364





# MHST WORKSHOPS 2022-2023

## ONE-OFF PARENT VIRTUAL WORKSHOPS 12.30-1.30 TUESDAYS

### TRANSITION

This workshop is for parents/carers of young people starting Y7 at Secondary School in September 2023. The workshop will cover what anxiety is and how it's maintained, how to talk to your child about school transition anxieties and some practical advice on how to help your child manage their worry using a CBT approach. We will also look at how to encourage young people to become independent problem solvers.

27th June 2023 [Transitions workshop for parents/carers of children moving from yr 6 - yr 7 Tickets, Tue 27 Jun 2023 at 12:30 | Eventbrite](#)

## ONGOING PARENT VIRTUAL GROUPS (4 WEEKS) 12.30 - 1.30 THURSDAYS

This group is aimed at parents and carers of children in the stated age group. This programme will guide parents how to use cognitive-behavioural techniques to help their children overcome fears and worries. The programme includes learning how anxiety develops and is maintained, that is to say what keeps children's anxiety going and prevents them getting over their fears. We will then move on to exploring what your child needs to learn to overcome their fears or worries and how to implement strategies to encourage your child to become more independent. The programme will run over 4 weeks and will be a combination of 4 one-hour group sessions, reading tasks before sessions and some in between session work such as practising techniques learned during the sessions.

### ANXIETY

**5-9 year old Anxiety** (introduction call and 4 sessions) 12th January 2023 to 9th February 2023 [Understanding Your Child's Fears and Worries - 4 week programme \(ages 5-9\) Tickets, Thu 12 Jan 2023 at 12:30 | Eventbrite](#)

**9-12 year old Anxiety** (introduction call and 4 sessions) 2nd March 2023 to 30th March 2023 [4 week Anxiety Programme for parents/ carers of children aged 9-11 Tickets, Thu, Mar 2, 2023 at 12:30 PM | Eventbrite](#)

### BEHAVIOUR

This group is based on the Incredible Years parenting programme and is aimed at parents and carers of children aged 5-9 years old. If you are interested in taking part in this group, we aim to speak with you individually to understand your child's needs and the reason for looking for support. Following this there are four group sessions, in which we cover various strategies to try at home with your child, using an evidence-based programme of carefully selected tips and ideas that scaffold onto each other and build up gradually. This way, over time you and your family will be equipped with strategies that can reduce problematic behaviour and increase desired behaviour.

**5-9 year old Behaviour** (introduction call and 4 sessions) 27th April 2023 to 25th May 2023 [Supporting Your Child's Behaviour - 4 week programme for children aged 5-9 Tickets, Thu 27 Apr 2023 at 12:30 | Eventbrite](#)





# MHST WORKSHOPS 2022-2023

**ONE-OFF PARENT VIRTUAL WORKSHOPS 12.30-1.30 TUESDAYS**

## SLEEP

This workshop is aimed at parents and carers of children in the stated key stage. We will be looking at common difficulties children have with sleep, the recommended amount of sleep for children of different ages, and ways to support children with getting enough sleep. We will be looking at strategies around bedtime routines, the sleeping environment, life-style factors which may influence sleep, and supporting children with anxiety or worries which might be affecting their sleep.

**Primary** 1st November 2022 [Sleep Workshop for parents/ carers of PRIMARY age children Tickets, Tue, Nov 1, 2022 at 12:30 PM | Eventbrite](#)

**Primary** 2nd February 2023 [Sleep workshop for parents/carers of PRIMARY aged children Tickets, Tue 21 Feb 2023 at 12:30 | Eventbrite](#)

**Secondary** 15th November 2022 [Sleep workshop for parents/carers of SECONDARY aged children Tickets, Tue 15 Nov 2022 at 12:30 | Eventbrite](#)

**Secondary** 7th March 2023 [Sleep workshop for parents/carers of SECONDARY age children Tickets, Tue, Mar 7, 2023 at 12:30 PM | Eventbrite](#)

This workshop is aimed at parents and carers of children in the stated key stage. We will be using a cognitive-behavioural model to understand how thoughts, feelings and behaviours are linked and form unhelpful patterns that can lead into a downward spiral of persistent low mood. We look at ways you might be able to help your child, including addressing your child's sleep, routine, exercise and eating patterns. We will also touch on ways you as a parent might be able to support your young person's negative thoughts or unhelpful behaviour patterns.

## LOW MOOD

**Primary** 24th January 2023 [Low Mood workshop for parents/carers of PRIMARY age children Tickets, Tue 24 Jan 2023 at 12:30 | Eventbrite](#)

**Primary** 2nd May 2023 [Low Mood workshop for parents/carers of PRIMARY aged children Tickets, Tue 2 May 2023 at 12:30 | Eventbrite](#)

**Secondary** 7th Feb 2023 [Low Mood Workshop for parents/carers of SECONDARY aged children Tickets, Tue 7 Feb 2023 at 12:30 | Eventbrite](#)

**Secondary** 16th May 2023 [Low Mood workshop for parents/carers of SECONDARY aged children Tickets, Tue 16 May 2023 at 12:30 | Eventbrite](#)

## ANXIETY

This workshop is aimed at parents and carers of children in the stated key stage. We will look at what anxiety is exactly, where it comes from, and what keeps children feeling anxious. We aim to help you get a better understanding of your child's anxiety by looking at how your children feel, think, and respond to triggers or situations that make them feel anxious. We will then introduce strategies that can help, both in the short term, such as breathing and distraction techniques, as well as longer-term strategies including helping your child face their fears and build up their confidence through supportive conversations.

**Primary** 29th November 2022 [Anxiety Workshop for parents/carers of PRIMARY aged children Tickets, Tue 29 Nov 2022 at 12:30 | Eventbrite](#)

**Primary** 21st March 2023 [Anxiety workshop for parents/carers of PRIMARY aged children Tickets, Tue 21 Mar 2023 at 12:30 | Eventbrite](#)

**Secondary** (exam stress focus) 10th January 2023 [Exam stress workshop for parents/carers of SECONDARY aged children Tickets, Tue 10 Jan 2023 at 12:30 | Eventbrite](#)

**Secondary** 18th April 2023 [Anxiety Workshop for parents/ carers of SECONDARY age children Tickets, Tue, Apr 18, 2023 at 12:30 PM | Eventbrite](#)





# Come and visit our school community!

## Open Day Dates

Thursday 20th October 10.45am -11.45am

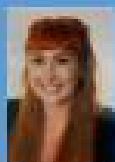
Tuesday 8th November 10.45am -11.45am

Thursday 10th November 10.45am -11.45am

Thursday 17th November 5pm-6pm

Thursday 12th January 10.45am -11.45am

If you would like to attend one (or more!) of these sessions, please call our office on 01273 73386 to reserve a space. Alternatively, you can email our office at [rhondasmith@westhove-inf.brighton-hove.sch.uk](mailto:rhondasmith@westhove-inf.brighton-hove.sch.uk)



'We can't wait to meet you!'



ROOM TO NURTURE  
ROOM TO LEARN  
ROOM TO GROW



Dear Parents and Carers,

After a rewarding 20-year career in primary education, including five years at Hove Juniors, I left the classroom to work more directly and personally with pupils. Since 2020, I have been busy supporting local children in their learning journeys. The extra challenges caused by the pandemic has reinforced my belief that learning should be fun, nurturing and personalised so every child is able to achieve to the best of their abilities. I now lead a team of very experienced qualified primary and secondary teachers offering 1:1 tuition in the home and online. Our priority is to help every child thrive and grow as an individual. We help children catch up on missed lockdown learning, boost their self-esteem and encourage an academic curiosity.

If you would like to arrange a time to discuss your child's needs, arrange a home visit or just to find out more, please contact me at [tutorroomltd@gmail.com](mailto:tutorroomltd@gmail.com).

Check out our website <https://tutorroomltd.co.uk/> and facebook page for additional information too <https://www.facebook.com/tutorroomltd>

Many thanks,  
Rachel Dodson

Brand Vaughan  
are proud to be  
partnered with  
West Hove Infant  
School and Hove  
Junior School.

brand  
vaughan

Sell or let your property with Brand Vaughan and receive  
**20% off** our standard selling or lettings fee.

Each time you sell or let your property through Brand Vaughan, West Hove Junior School will receive **10%** of the referred selling or letting fee.

Our partnership with West Hove Junior school, not only benefits you, but also benefits your children's school.

Speak to our team today, we offer free, no obligation valuations.

Use code **WESTHOVEBV20** to claim your  
**20% discount.**



**Sales**

Jimmy Atkins  
01273 22 11 02



**Lettings**

Jenna Miles  
01273 22 11 01