



WEST HOVE INFANT SCHOOL

A family of friends

Hove Learning Federation School/Portland Road Newsletter

Friday 25th November 2022

Dear Parent/Carers,

Following the maths workshops in KS2 we sent out the Hove Learning Federation 'Calculation Policy'. This is a practical and useful guide to supporting your child with maths at home, from EYFS to Year 6, if you've not already looked at it.

We have had a busy week in school and the sound of singing can already be heard. This is always a special time of year and we have a lot of events coming up on all sites. A reminder to look at the dates we have sent out for the productions and fab finishes if you haven't noted these already. At the School Road site we had our exciting 'Head Teacher For The Day' event, more information on this below.

In Anti- Bullying Week at the juniors we have highlighted the focus and importance of 'reaching out' in terms of sharing concerns and worries and being proactive in taking positive actions against any unacceptable, unsocial behaviour. Thank you again for all your contributions on 'Children in Need' day. We appreciate your support for these worthy causes in our school community.

We have concluded our first round of successful parent/teacher consultations for the year. If you still haven't had the opportunity to talk on the phone or meet your child's class teacher, please contact the enquiries email and the class teacher will get in touch with you. If you also haven't completed the parent/carer survey, we would welcome your feedback to help us make improvements. We will share these results with you when they have been analysed.

Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School admin@westhove-inf.brighton-hove.sch.uk 01273 733386

Hove Junior School <u>portlandroadenquiries@hovejun.brighton-hove.sch.uk</u> 01273 916609

Hove Junior School Inclusion Team inclusionteam@hovejun.brighton-hove.sch.uk 01273 916609

Best wishes, Maddie Southern and Ben Massey

Diary Dates

Monday 19th Dec -2nd January -Christmas holidays

Tuesday 3rd January - INSET day - no children in school

Wednesday 4th January - school reopens to children

Important dates at the Infants

The children will performing their plays in the hall this year. There is no need to order tickets, but due to space restrictions we ask that a maximum of two adults attend for each child. Please arrive 10 minutes before your child's performance.

Classes, Date and Time

Sea lions, Dolphins, Caterpillars & Bumblebees

Thursday 8th December 9:30am (Reception Parents & Carers)

Thursday 8th December 10:40am (Year 1 Parents & Carers)

Turtles, Seahorses,

Grasshoppers & Dragonflies

Monday 12th December 9:30am (Reception Parents & Carers)

Monday 12th December 10:40am (Year 1 Parents & Carers)

Lizards, Marmosets,

Toucans & Treefrogs

Thursday 15th December 9:30am (Lizards & Marmosets Parents & Carers) Thursday 15th December 10:50am (Toucans and Tree frogs Parents & Carers)

Christmas Dinner - Wednesday 14th December

Please make your child's lunch choice via a separate School Ping that will follow in due course.

Christmas Parties

Reception Year - Tuesday 13th December – Entertainment followed by a Christmas Party in the classroom.

There will also be a **Teddy Bears picnic in classrooms** (*Reception only*) on **Thursday 15th December**.

Year One – Wednesday 14th December – Entertainment followed by a Christmas Party in the classroom.

Year Two - Friday 16th December – Entertainment followed by a Christmas Party in the classroom

The children may wear their party clothes to school on Christmas Party Day (all children must wear regular school shoes only) In the afternoon the children have their Christmas Party in classrooms and hopefully, get a visit from Santa! We ask you to contribute food for the class party, a list will be displayed nearer the time outside your child's class. If your child has allergies to certain foods we ask that you bring their party food in a named lunch box. (N.B on party days, if your child normally has a packed lunch they will still need this).

Important dates at the Juniors



Performance Dates

Monday 12th December 2pm – Year 3

Tuesday 13th December 2pm - Year 4

Wednesday 14th December 2pm - Year 5

Thursday 15th December 2pm - Year 6

There is no need to order tickets, but due to space restrictions, we ask that a maximum of two adults attend for each child.

Christmas Dinner – Wednesday 14th December

Please make your child's lunch choice via a separate School Ping that will follow in due course.

Reindeer Run – 16th December

This will be a PTA organised event this year and a promotional poster and funding link will be sent out. Individual classes will take it in turns to run the reindeer course throughout the day.

Years 3 and 4 (7 laps - half a mile) and Years 5 and 6 completing the full 14 laps (1 mile) wearing their Christmas jumpers/t-shirts/accessories and reindeer antlers (provided by the PTA).



Inclusion Team News

The Inclusion Team have been so proud of the work both schools have done around our Anti-Bullying Week - the theme this year is "Reach Out!". The children all did such wonderful work around this and have been having some really kind conversations around this topic. The children also all have "Worry Boxes" in their classrooms for if they have a worry they'd prefer to write down, that are checked regularly by class teachers and passed onto the Inclusion Team if needed. We'd also like to remind all the parents if you would like to contact a member of the Inclusion Team, please email us on inclusionteam@hovejun.brighton-hove.sch.uk.



We'd also to add that in this cold and wet November, the children wearing coats to school is essential for them being able to get outside and play! If you have any spare children's coats or ones your children have outgrown, please drop them off at the office so the Inclusion Team can re-direct them to help any of our children who need a coat! If you are struggling to buy coats or uniform, please let the Inclusion Team know and we will support you with this.

Head Teacher For A Day!

On Monday 21st November, we crowned three amazing new headteachers as Alara (Turtles), Emmy (Caterpillars) and Ollie (Toucans) took control of the school, welcoming everyone at the gate, handing out stickers to children (and teachers!), taking assemblies - and even doing a health and safety walk of the school! I'm sure everyone will agree they did a FANTASTIC job - and gave Mr. Massey the chance to put his feet up (in those shorts) for the day!

Most importantly, we raised £700 for the school in the process - so a huge thank you to all of you that bought tickets and entered the draw - and a big thank you again to all our helpers! Most of all though, a big CONGRATULATIONS to our winners - you all rocked!





FOWHIS (West Hove Infants School parent-led charity) have been keen to continue supporting the school and children get the most out of their wonderful outdoor learning space. Through the generosity and talented baking of many parents, we were able to hold a cake sale alongside the Saplings Grand Opening in October. Once again, we would like to thank everyone who donated their time and cakes to make this a success. The stall was empty in 14 minutes and helped raise over £200 for Saplings.

In collaboration with the Saplings teaching team, FOWHIS applied to West Hove Forum's Healthy Neighbourhood Fund and were awarded the maximum grant of £500. This will now go towards improving Saplings' accessibility for wheelchair users and installing posts for an all-weather tarpaulin shelter. This will hopefully allow the space to be enjoyed come rain or shine.



Reading Retreat



The Reading Retreat is now in the next phase! The wonderful architects at Millerbourne have confirmed they'd like to help the school turn the unused space we have available in the back playground into something wonderful and have been busy visiting the school, measuring walls and looking through all the drawings the children made last year. The architects at Millerbourne will spend two days brainstorming ideas this month before sharing their plans and helping us plan the next steps. We'll keep you posted!



Year 5 Brighton Museum Trip

"When we arrived at the Brighton museum, we went on a walk around the lanes looking at important places from Brighton's history. Whilst we were on the walk, we used clues to solve a unique puzzle finding the name of a important person from Brighton's history. Next, we went to the extravagant Royal Pavilion and roamed the corridors while marvelling at the incredible rooms. On the extraordinary chandeliers were marvellous chinese dragons soaring in the room like a fantasy story. Each room was plated with tiles that had a staggering level of craftsmanship. Finally, we returned to the astounding Brighton museum with thousands of exhibits and displays including: Ancient Egypt, Wildlife and the Stone Age (and lots more). It was the most exciting and phenomenal trip."

by Astor and Emmeline in 5 Red













Portland Road PE





for being selected for SUSSEX SCHOOLS FA UNDER 11s



Boys Football

Congratulations to the Year 6 Boys football team that so far are winning all matches across Brighton and Hove!!

Outdoors Ambassador Award

Every term we choose some exceptional club members to win our termly Outdoors Ambassador Award for their efforts in the club. Here is this term's Outdoors Ambassadors at Portland Road:

Oscar Scoddegio: "For being full of beans, enthusiastic, always happy to be there, & always very kind"



Congratulations Oscar!!



Portland Road PE

Cross Country!

On Wednesday 16th November, Miss Anglada and Mr Kelsey joined a group of forty-seven Year 5 and 6 children at the Brighton and Hove Cross Country Championships. The event took place at Waterhall playing fields; the children ran 2km across a challenging course that took them up some pretty steep hills. The ground was muddy, slippery and challenging for the first big sporting event of the academic year! We were so impressed with all the children that took part- you were all fantastic and represented the school brilliantly. Many of our runners have been invited to compete at the Primary Schools Final next year at Waterhall. We are all very proud! Thank you also to all the parents who helped support us and the children at the event. It was great having you all cheering the children on.

You were all superstars, so well done to all runners:

Year 5 girls	Year 5 boys	Year 6 girls	Year 6 boys
Claudia	Albie	Amelie	Alfie
Penny	Alex	Joscelyn	Arthur
Ella	Sid	Lyla	Dexter
Maya	Ronny	Aisha	Samuel
Lola	Max	Freya	Filip
Delilah	Otis	Freya	Seif
Emelline	Finn	Hazel	Evan
Katie	Amir	Joyce	Lewis
Grace	Dexter	Beti	Cass
Darcey-Bo	James	Penny	Ben
Kalana	Dylan	Susie	
Miki	Sec. 2000	Chloe	

Portland Road PE







Year 6

For our Marvelous Middle, Year 6 embarked on a 'Voyage to a New World'! We visited the American states of Hawaii, Kentucky, New York and Texas and sampled the food, geography and culture of each state without ever leaving the school. In the afternoon the children voted for their favourite state, with New York being a clear winner. We had a brilliant day of discovery and the children looked amazing in their American themed fancy dress!











Join us for 5 FUN DAYS of Winter Themed Sports, Challenges, Arts and Performance!

AT WEST HOVE INFANTS - School Road Monday 19th - Friday 23rd December, 8.30am - 5.00pm





BOOK TODAY!

Online at pioneerchildcare.co.uk

For more information call us on 01444 411388 or email enquiries@pioneerchildcare.co.uk







Our Camp days are running as follows:
Russell Martin Christmas Camp @ Hove Park 3G
Monday 19th December – 10am to 3pm
Tuesday 20th December – 10am to 3pm
Wednesday 21st December – 10am to 3pm
Thursday 22nd December – 10am to 3pm
Cost:

EARLY BIRD DISCOUNT: Before 30th November ONLY £20 PER DAY!

After 1st December - £30 for 1 day, £55 for 2 days, £80 for 3 days,

£105 for 4 Days

BOOKING via: www.russellmartinfoundation.co.uk/courses/schoolholidays

Office Phone Number: 01273 591364

Winter Holiday Activities and Food (HAF) 2022

Live and taking bookings!



We are delighted to announce the launch of the Winter HAF (Holiday activities and food) programme for Brighton and Hove.

Funded by the Department of Education (DfE), HAF offers free enriching holiday activities with a healthy meal included.

Dates: Monday 19 to Friday 23 December, with a more limited offer between Wednesday 28 to Friday 30 December

Eligibility: Children and young people in Reception to Year 11 who receive benefits-related free school meals (FSM). Those who received a unique HAF booking code under the limited discretionary criteria available for the Summer will also remain eligible for Winter HAF 2022.

With 22 organisations running 29 HAF activity programmes across Brighton and Hove during the Winter holiday, the offer includes everything from playschemes to sports providers, and performing arts to family cooking sessions. et involved! Visit www.brighton-hove.gov.uk/haf to view the full events calendar and book directly with your chosen activity providers.

HAF booking codes:

A unique HAF booking code is required for each individual child.

If the child took part in Summer HAF 2022, the same unique HAF booking code should be used. Email HAF@brighton-hove.gov.uk, with the full name and date of birth of the child, to request the code to be resent.

Those who are new to HAF must first apply for their unique HAF booking code by visiting www.brighton-hove.gov.uk/haf.

To ensure everyone gets the support they need, we ask you please only book what you know you will attend.

Please email HAF@brighton-hove.gov.uk with any questions or for support.



Cornerstone Food Bank

Cornerstone Community Centre, Church Rd, Hove (corner of First Ave and Church Rd, BN3 2FL) Telephone: 01273 327757 / 07483 819 293 (mobile Thu/Fri only)

Are you on a low income, no income, in debt, or JAM (just about managing!) We're here to help!

Our food bank is open from 13.00 to 15.00 every Friday. We provide a good selection of fresh protein and fruit & veg which varies every week, depending on the donations we receive from Fairshare, as well as tinned and dried goods. Friday afternoons from 1pm

BY APPOINTMENT ONLY.

Book a slot to collect.

Call 07483 819293

Email: cornerstonefoodbank3@gmail.com or call in the office to give us your details



MHST WORKSHOPS 2022-2023

ONE-OFF PARENT VIRTUAL WORKSHOPS 12:30-1:30 TUESDAYS



This workshop is aimed at parents and carers of children in the stated key stage. We will be looking at common difficulties children have with sleep, the recommended amount of sleep for children of different ages, and ways to support children with getting enough sleep. We will be looking at strategies around bedtime routines, the sleeping environment, life-style factors which may influence sleep, and supporting children with anxiety or worries which might be affecting their sleep.

Primary 1st November 2022 Sleep Workshop for parents/ carers of PRIMARY age children Tickets, Tue, Nov 1, 2022 at 12:30 PM | Eventbrite

Primary 2nd February 2023 Sleep workshop for parents/carers of PRIMARY aged children Tickets, Tue 21 Feb 2023 at 12:30 | Eventbrite

Secondary 15th November 2022 Sleep workshop for parents/carers of SECONDARY aged children Tickets, Tue 15 Nov 2022 at 12:30 | Eventbrite

Secondary 7th March 2023 Sleep workshop for parents/carers of SECONDARY age children Tickets, Tue, Mar 7, 2023 at 12:30 PM | Eventbrite

This workshop is aimed at parents and carers of children in the stated key stage. We will be using a cognitive-behavioural model to understand how thoughts, feelings and behaviours are linked and form unhelpful patterns that can lead into a downward spiral of persistent low mood. We look at ways you might be able to help your child, including addressing your child's sleep, routine, exercise and eating patterns. We will also touch on ways you as a parent might be able to support your young person's negative thoughts or unhelpful behaviour patterns.



Primary 24th January 2023 Low Mood workshop for parents/carers of PRIMARY age children Tickets, Tue 24 Jan 2023 at 12:30 | Eventbrite

Primary 2nd May 2023 Low Mood workshop for parents/carers of PRIMARY aged children Tickets, Tue 2 May 2023 at 12:30 | Eventbrite

Secondary 7th Feb 2023 Low Mood Workshop for parents/carers of SECONDARY aged children Tickets, Tue 7 Feb 2023 at 12:30 | Eventbrite

Secondary 16th May 2023 Low Mood workshop for parents/carers of SECONDARY aged children Tickets, Tue 16 May 2023 at 12:30 | Event-



This workshop is aimed at parents and carers of children in the stated key stage. We will look at what anxiety is exactly, where it comes from, and what keeps children feeling anxious. We aim to help you get a better understanding of your child's anxiety by looking at how your children feel, think, and respond to triggers or situations that make them feel anxious. We will then introduce strategies that can help, both in the short term, such as breathing and distraction techniques, as well as longer-term strategies including helping your child face their fears and build up their confidence through supportive conversations.

Primary 29th November 2022 Anxiety Workshop for parents/carers of PRIMARY aged children Tickets, Tue 29 Nov 2022 at 12:30 | Eventbrite

Primary 21st March 2023 Anxiety workshop for parents/carers of PRIMARY aged children Tickets, Tue 21 Mar 2023 at 12:30 | Eventbrite

Secondary (exam stress focus) 10th January 2023 Exam stress workshop for parents/carers of SECONDARY aged children Tickets, Tue 10 Jan 2023 at 12:30 | Eventbrite

Secondary 18th April 2023 Anxiety Workshop for parents/ carers of SECONDARY age children Tickets, Tue, Apr 18, 2023 at 12:30 PM | Event-brite



MHST WORKSHOPS 2022-2023

ONE-OFF PARENT VIRTUAL WORKSHOPS 12:30-1:30 TUESDAYS

TRANSITION

This workshop is for parents/carers of young people starting Y7 at Secondary School in September 2023. The workshop will cover what anxiety is and how it's maintained, how to talk to your child about school transition anxieties and some practical advice on how to help your child manage their worry using a CBT approach. We will also look at how to encourage young people to become independent problem solvers.

27th June 2023 Transitions workshop for parents/carers of children moving from yr 6 - yr 7 Tickets, Tue 27 Jun 2023 at 12:30 | Event-brite

ONGOING PARENT VIRTUAL GROUPS (4 WEEKS) 12:30 - 1:30 THURSDAYS

This group is aimed at parents and carers of children in the stated age group. This programme will guide parents how to use cognitive-behavioural techniques to help their children overcome fears and worries. The programme includes learning how anxiety develops and is maintained, that is to say what keeps children's anxiety going and prevents them getting over their fears. We will then move on to exploring what your child needs to learn to overcome their fears or worries and how to implement strategies to encourage your child to become more independent. The programme will run over 4 weeks and will be a combination of 4 one-hour group sessions, reading tasks before sessions and some in between session work such as practising techniques learned during the sessions.



5-9 year old Anxiety (introduction call and 4 sessions) 12th January 2023 to 9th February 2023 Understanding Your Child's Fears and Worries - 4 week programme (ages 5-9) Tickets, Thu 12 Jan 2023 at 12:30 | Eventbrite

9-12 year old Anxiety (introduction call and 4 sessions) 2nd March 2023 to 30th March 2023 4 week Anxiety Programme for parents/ carers of children aged 9-11 Tickets, Thu, Mar 2, 2023 at 12:30 PM | Eventbrite

BEHAVIOUR

This group is based on the Incredible Years parenting programme and is aimed at parents and carers of children aged 5-9 years old. If you are interested in taking part in this group, we aim to speak with you individually to understand your child's needs and the reason for looking for support. Following this there are four group sessions, in which we cover various strategies to try at home with your child, using an evidence-based programme of carefully selected tips and ideas that scaffold onto each other and build up gradually. This way, over time you and your family will be equipped with strategies that can reduce problematic behaviour and increase desired behaviour.

5-9 year old Behaviour (introduction call and 4 sessions) 27th April 2023 to 25th May 2023 Supporting Your Child's Behaviour - 4 week programme for children aged 5-9 Tickets, Thu 27 Apr 2023 at 12:30 | Eventbrite

ROOM TO NURTURE ROOM TO LEARN ROOM TO GROW



Dear Parents and Carers,

After a rewarding 20-year career in primary education, including five years at Hove Juniors, I left the classroom to work more directly and personally with pupils. Since 2020, I have been busy supporting local children in their learning journeys. The extra challenges caused by the pandemic has reinforced my belief that learning should be fun, nurturing and personalised so every child is able to achieve to the best of their abilities. I now lead a team of very experienced qualified primary and secondary teachers offering 1:1 tuition in the home and online. Our priority is to help every child thrive and grow as an individual. We help children catch up on missed lockdown learning, boost their self-esteem and encourage an academic curiosity.

If you would like to arrange a time to discuss your child's needs, arrange a home visit or just to find out more, please contact me at tutorroomltd@gmail.com.

Check out our website https://tutorroomltd.co.uk/ and facebook page for additional information too https://www.facebook.com/tutorroomltd

Many thanks, Rachel Dodson

