



**WEST HOVE
INFANT SCHOOL**
.....
A family of friends

Hove Learning Federation Holland Road Newsletter

Friday 27th January 2022

Dear Parent/Carers,

EYFS and KS1

After our first few successful weeks in school with our new reading practice lessons, we would like to thank all of our families for their support. Reading practice sessions are timetabled at least two times a week and taught by a trained teacher/teaching assistant and delivered in small groups. We are using a new approach where we are flooding the classrooms with adults and this is helping to ensure accelerated progress in phonics and reading for our pupils.



Teachers use the 'three read' model for each book to ensure fluent reading and to develop prosody and comprehension. To ensure a third read, the children will have the same text available at home, that they have been reading in class, so please take the time to read their class book as well as their reading for pleasure books. Our phonics and reading workshop is now available for you to watch on our website if you missed the workshop in person.

<https://www.westhoveinfants.co.uk/our-curriculum/reading-and-phonics/>

Teachers Strike Action – update

Just to confirm that the first of the planned strike days is going ahead next Wednesday, 1st February and that our school will be closed. As for remote learning, and in keeping with the guidance of the industrial action, pupils will be able to consolidate their learning through the following activities: complete tasks, if feasible, from their current home learning on google classroom with additional activities available in KS2; Times Table Rockstars (online); reading for pleasure and accessing relevant online areas to their current learning on BBC Bitesize and Oak Academy, in KS1.

Parent/Carer Teacher Consultations

Our mid-year Parent/Carer Teacher Consultations are taking place on Tuesday 28th February and Thursday 2nd March. We have decided to keep with the live face-to-face meetings. Our on-line booking system will open next week when the letter goes out on Wednesday. Next week, we will give you all the relevant details as to how to book your appointments. If you feel you need longer than 10 minutes, please make an alternative time to meet with your child's class teacher. Appointments with our inclusion managers are also available.

Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School
hollandoffice@westhove-inf.brighton-hove.sch.uk
01273 733386

Hove Junior School
hollandroadenquiries@hovejun.brighton-hove.sch.uk
01273 916609

Hove Junior School Inclusion Team
inclusionteam@hovejun.brighton-hove.sch.uk
01273 916609

Best wishes,
Maddie Southern and Lorna Cummings

Diary Dates

10 February - non-uniform day
13 - 17 February - Half term holiday
20 February - children return to school



Dog's Trust Workshops

Holland Road Infant and Junior pupils have been lucky enough to attend a series of workshops led by Steph Butler from the Dog's Trust. Pupils learnt about dog behaviour and how to safely meet a dog. They also learnt about stereotypes of certain breeds and how these are unfair; each dog personality is completely different!

Steph is based at 'Dogs Trust Shoreham' where the staff do a fantastic job at rehoming dogs who need a loving forever home. Please visit their website if this is something that you are considering.

<https://www.dogstrust.org.uk/rehoming/our-centres/shoreham>



Boys Football- Tuesday 24th January

On Tuesday the 24th of January, our year 6 boys' football team took on Peter Gladwyn primary school in their first game of the New Year.

Precious took up his position in goal and made some phenomenal saves! It was a debut game for Flynn and Lucas who both showed fantastic skill and determination throughout. The boys fought hard, battled against tricky pitch conditions and made us very proud through their outstanding demonstration of sportsmanship.

The game ended 2-0 to Peter Gladwyn, but all left with high spirits, looking forward to their next game. A great effort team!





Hangleton & Knoll Parent/Carer Group

Are you the parent/carers of a child with
additional needs and/or a disability?

COFFEE MORNING



Tuesday January 17th
Neuro Developmental Pathway
with Amaze

Tuesday 21st February
Specialist Community
Disability Service
and the 2023
Social Care Review

Come and meet other
families in a similar
situation at one of our
coffee mornings.
No need to book,
just turn up!

9.30am - 11.30am
St Richards Community Centre
Egmont Rd
Hove BN3 5NA

WANT TO KNOW MORE?
CONTACT ONE OF OUR PARENT VOLUNTEERS
LOUISE 01273 905549 / 07990728830
RHIANYDD 01273 733126 / 07897533007



Staying Healthy

Illness

Feelings

Getting Help

A fun and interactive resource
for learning about health



Games

Activities


Quizzes

Parents and Carers!

As well as enjoying the content with your child, you can
get advice on supporting their health and wellbeing.

www.healthforkids.co.uk

Follow us:  @SussexCommunityNHS  @NHS_SCFT

 ChatHealth

Text a school nurse for
confidential advice and
support

07480 635423



King's School Hove

Production of Disney

BEAUTY AND THE BEAST

Music by

Alan
Menken

Lyrics by

Howard Ashman
& Tim Rice

Book by

Linda
Woolverton

Originally Directed by Robert Jess Roth

Originally Produced by
Disney Theatrical Productions



7th, 8th, 9th
of February
7pm in
the main hall

Email
Finance@kingschoolhove.org.uk
to reserve a ticket
Pay on the night
£11.75 per person

This amateur production is presented by arrangement with Music Theatre International

All authorised performance materials are also supplied by MTI
www.mtishows.co.uk

Level 1 & Level 2

CYCLE



TRAINING

at Preston Park and Hove Park



Monday 13 to Thursday
16 February 2023

10am – 12.30pm each day

Ages 9 –15

Levels 1 & 2 together is
£40.00 per person.

Level 1 is where you
will learn to control
your bike.

Level 2 is where you
start with real traffic, but
sticking to quiet roads.

Level 1 – Riders must be able to ride
independently with confidence and
without stabilisers.

Progression to Level 2 training is
dependent on meeting all level 1 modules
to National Standards Level.

Places are limited and on a first-
come first-served basis.

To book your place, please visit
www.sports.brighton-hove.gov.uk/events



**Brighton & Hove
City Council**

Level 3

CYCLE



TRAINING

at Preston Park and Hove Park



Level 3 is where you learn to cycle safely on busy roads within the city.

Training includes roundabouts, traffic lights and filtering. You must have completed Levels 1 and 2.

Places are limited and on a first-come first-served basis.

Level 3 training costs £45 per person.

To book your place, please visit

www.sports.brighton-hove.gov.uk/events

Monday 13 – Wednesday
15 February 2023

1.15pm – 3.15pm each day

Ages 11 – 15

All children must have attended a level 2 course and should allow 3 months practice between levels.

All trainees will be assessed on level 2 outcomes before progressing further.



**Brighton & Hove
City Council**

Family Cycling

How does the training work?

Cycling is a sociable and brilliant experience to enjoy as a family.

We offer training to families to boost their experience and to support families with cycling safely

All sessions will be delivered by qualified National Standards Instructors who ensure that the training will meet the needs of each family.

The training is delivered in 2 sessions at a time to suit your family.

Session one is held in a non-traffic environment and is a training assessment, practice moving groups, bike control and progression towards on-road training if ready – approximately 1 hour.

Session two is held on road and working towards a planned journey for the family, self-assessment, mentoring – approximately 2 hours



What is included

All sessions are available for up to 6 people from the same family and MUST include 1 under 18 and 1 adult.

Riders MUST:

Be able to ride independently (start, stop, pedal, slow down)

Provide their own roadworthy bike (must have working brakes and no stabilisers)

Helmet (optional)

How to book or if you have any further questions?

Email: east.central@brighton-hove.gov.uk

Telephone: 01273 293847



GIRLS CRICKET

AT BRIGHTON & HOVE CC

Starts January - FREE Taster Session

Expert coaching and fun
every week at the biggest
club in the city





GIRLS CRICKET

FREE Taster Session

ECB qualified female and male coaches

No experience necessary and all equipment supplied

Indoors until Easter and then at our own outdoor facilities in central hove all summer long

Softball and hardball teams at U10, U11, U13, U15, U17 and Women

If you would like to start cricket at the largest girls cricket club in the city then please contact Peter Davies on 07504 296993 or girls@brightonandhovecricketclub.co.uk



February Half Term Activity Camp

Join us for 5 FUN DAYS of Circus themed
Sports, Challenges, Arts and Performance!

AT WEST HOVE INFANTS - SCHOOL ROAD

Monday 13th - Friday 17th February

8.30am - 5.00pm

Siblings & Multi-day Discounts Available
£31
per day

4-11 year olds



Lunch
Grab Bags
£3.50

BOOK TODAY!



Online at pioneerchildcare.co.uk

For more information call us on 01444 411388 or

email enquiries@pioneerchildcare.co.uk

WE ACCEPT
Childcare Vouchers
& Tax-Free Childcare



COOKING ON A STICK

PERCY JACKSON & THE LIGHTNING THIEF

FAIRY DOORS & TREE SPIRITS

NERF-AGEDDON





SURVIVAL TRIBAL CASTAWAYS

FEBRUARY 1/2 TERM HOLIDAY CLUBS

"I LOVE THAT SCREENS ARE FORGOTTEN IN FAVOUR OF THE KIND OF THINGS WE USED TO DO AS KIDS. IT'S A LIFESAVER FOR WORKING PARENTS!"


★★★★★

NOW ON SALE - VISIT WWW.THEOUTDOORSPROJECT.CO.UK FOR MORE INFO

FEBRUARY 1/2 TERM HOLIDAY CLUBS

"Childcare during the holidays they want to go to"
Fresh air. Fresh activities. Fresh attitude.



LANCING COLLEGE PREP (HOVE)

MON 13 FEB **SURVIVAL TRIBAL CASTAWAYS**
TUES 14 FEB **COOKING ON A STICK**
WEDS 15 FEB **NERFAGEDDON**
THURS 16 FEB **PERCY JACKSON & THE LIGHTNING THIEF**
FRI 17 FEB **FAIRY DOORS & TREE SPIRITS**

COTTESMORE ST. MARY'S PRIMARY SCHOOL

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COOKING ON A STICK
Seated around the campfire, we'll be embarking on practicing our whittling skills to make chopsticks, making nomadic bread on the fire & creating deer feeders for our four-legged friends

NERFAGEDDON
Nerf action! We'll provide a range of blasters & play energetic Nerf games from base invasion to team gameplay to zombie dodging! Good fun for Nerf enthusiasts. Filled with adventure games which break up the Nerf rounds.

PERCY JACKSON & THE LIGHTNING THIEF
Join Percy Jackson the son of Poseidon & battle with the Gods. Choose your sponsor: Poseidon, Zeus or Hades, then create your medallion in preparation for this epic battle of capture the flag on Half Blood Camp Hill & join the quest of heroes in the Minotaur maze if you dare.


FAIRY DOORS & TREE SPIRITS
Become a nature ninja for the day - crafting fairy doors for our mystical woodland friends & moulding clay woodland tree spirits (a creature who protects the woodland). We'll also be serving up some dinner offerings, creating mythical symmetry art for our winged friends.

SURVIVAL TRIBAL CASTAWAYS
A day of tribal survival skills, where you craft & carve your very own spears to take home. Get your hands dirty with tribal clay impression tile making, then 'to the trees' with tribal face painting & castaway camp building.

WILD LIFE



"THIS CLUB IS CONSISTENTLY BRILLIANT"



For more info on dates, locations and how the clubs run & to book: WWW.THEOUTDOORSPROJECT.CO.UK

SALE. SALE. SALE.
EARLY BIRD DISCOUNT
£20 PER DAY
IF YOU SIGN UP
BEFORE
20TH JANUARY

£30



FEBRUARY **FOOTBALL CAMP**

13TH, 14TH, 15TH & 16TH

**10% SIBLING
DISCOUNT**

**9AM EARLY
DROP OFF £3**

HOVE PARK 3G

BOYS & GIRLS 5-12 YEARS OLD

10AM - 3PM

£30 - 1 DAY
£55 - 2 DAYS
£80 - 3 DAYS
£105 - 4 DAYS

RUSSELLMARTINFUNDATION.CO.UK

info@rmfoundation.co.uk

01273 591364



GIRLS ONLY



ACADEMY DAY

HOVE PARK 3G

BN3 7BF

FRIDAY 17TH FEBRUARY

10AM - 3PM

**EARLY
DROP OFF
9AM £3**

£25

FOR NON-MEMBERS

01273 591364
info@rmfoundation.co.uk

RUSSELLMARTINFOUNDATION.CO.UK



**FEBRUARY
2023**

OLD BARN WAY - SOUTHWICK

BN42 4NT

NEW



FOOTBALL CAMP

BOYS & GIRLS 5-12 YEARS OLD

13TH & 14TH FEBRUARY

10AM-3PM

OLD BARN WAY

£20 DISCOUNTS APPLY

(PARTNER CLUB DISCOUNT OF £5 VIA DISCOUNT CODE) - PARTNER CLUBS - MILE OAK/SOUTHWICK/BURGESS HILL

01273 591364 **RUSSELLMARTINFOUNDATION.CO.UK/COURSES/SCHOOL-HOLIDAYS**
info@rmfoundation.co.uk





School Crossing Patrol Officer

Are you friendly, reliable, willing to work outdoors in all weathers and to ensure the safety of children and parents on their way to and from school?

You will be working 5 days per week, 30 to 40 minutes, (mornings and afternoons) during school term times.

We have vacancies at the following sites across the City:

Balfour Primary School – Balfour Road – 7 hours 30 minutes per week

Our Lady of Lourdes Primary School – The Green, Rottingdean – 5 hours per week

Carden Primary School – County Oak Avenue, Brighton – 5 hours 25 minutes per week

Saltdean Primary School – Lustrells Vale Saltdean – 6 hours 15 minutes per week

Full uniform and training will be given.

If you are interested please contact Emily Tester, Road Safety Training Manager, on 01273 293847 for an informal discussion.

To apply:

<https://www.brighton-hove.gov.uk/jobs>

Closing date is 22 January 2023

Interview date: 3 and 6 February 2023 – Morning on both days





Cornerstone Food Bank

Cornerstone Community Centre, Church Rd, Hove

(corner of First Ave and Church Rd, BN3 2FL)

Telephone: 01273 327757 / 07483 819 293

(mobile Thu/Fri only)

Are you on a low income, no income, in debt,
or JAM (just about managing!) We're here to help!

Our food bank is open from 13.00 to 15.00 every Friday. We provide a good selection of fresh protein and fruit & veg which varies every week, depending on the donations we receive from Fairshare, as well as tinned and dried goods. **Friday afternoons from 1pm**

BY APPOINTMENT ONLY.

Book a slot to collect.

Call 07483 819293

Email: cornerstonefoodbank3@gmail.com

or call in the office to give us your details



MHST Workshops 2022-2023

One-off Parent Virtual Workshops 12.30-1.30 Tuesdays

Sleep

brite

This workshop is aimed at parents and carers of children in the stated key stage. We will be looking at common difficulties children have with sleep, the recommended amount of sleep for children of different ages, and ways to support children with getting enough sleep. We will be looking at strategies around bedtime routines, the sleeping environment, life-style factors which may influence sleep, and supporting children with anxiety or worries which might be affecting their sleep.

Primary 1st November 2022

[Sleep Workshop for parents/ carers of PRIMARY age children Tickets, Tue, Nov 1, 2022 at 12:30 PM | Eventbrite](#)

Primary 21st February 2023

[Sleep workshop for parents/carers of PRIMARY aged children Tickets, Tue 21 Feb 2023 at 12:30 | Eventbrite](#)

Secondary 15th November 2022 [Sleep workshop for parents/carers of SECONDARY aged children Tickets, Tue 15 Nov 2022 at 12:30 | Eventbrite](#)

Secondary 7th March 2023

[Sleep workshop for parents/carers of SECONDARY age children Tickets, Tue, Mar 7, 2023 at 12:30 PM | Eventbrite](#)

This workshop is aimed at parents and carers of children in the stated key stage. We will be using a cognitive-behavioural model to understand how thoughts, feelings and behaviours are linked and form unhelpful patterns that can lead into a downward spiral of persistent low mood. We look at ways you might be able to help your child, including addressing your child's sleep, routine, exercise and eating patterns. We will also touch on ways you as a parent might be able to support your young person's negative thoughts or unhelpful behaviour patterns.

Low mood

Primary 24th January 2023 [Low Mood workshop for parents/carers of PRIMARY age children Tickets, Tue 24 Jan 2023 at 12:30 | Eventbrite](#)

Primary 2nd May 2023

[Low Mood workshop for parents/carers of PRIMARY aged children Tickets, Tue 2 May 2023 at 12:30 | Eventbrite](#)

Secondary 7th Feb 2023

[Low Mood Workshop for parents/carers of SECONDARY aged children Tickets, Tue 7 Feb 2023 at 12:30 | Eventbrite](#)

Secondary 16th May 2023

[Low Mood workshop for parents/carers of SECONDARY aged children Tickets, Tue 16 May 2023 at 12:30 | Eventbrite](#)

Anxiety

This workshop is aimed at parents and carers of children in the stated key stage. We will look at what anxiety is exactly, where it comes from, and what keeps children feeling anxious. We aim to help you get a better understanding of your child's anxiety by looking at how your children feel, think, and respond to triggers or situations that make them feel anxious. We will then introduce strategies that can help, both in the short term, such as breathing and distraction techniques, as well as longer-term strategies including helping your child face their fears and build up their confidence through supportive conversations.

Primary 29th November 2022

[Anxiety Workshop for parents/carers of PRIMARY aged children Tickets, Tue 29 Nov 2022 at 12:30 | Eventbrite](#)

Primary 21st March 2023

[Anxiety workshop for parents/carers of PRIMARY aged children Tickets, Tue 21 Mar 2023 at 12:30 | Eventbrite](#)

Secondary (exam stress focus) 10th January 2023

[2023 at 12:30 | Eventbrite](#)

[Exam stress workshop for parents/carers of SECONDARY aged children Tickets, Tue 10 Jan 2023 at 12:30 | Eventbrite](#)

Secondary 18th April 2023

[Anxiety Workshop for parents/ carers of SECONDARY age children Tickets, Tue, Apr 18, 2023 at 12:30 PM | Eventbrite](#)



MHST Workshops 2022-2023

One-off Parent Virtual Workshops 12.30-1.30 Tuesdays

transition

This workshop is for parents/carers of young people starting Y7 at Secondary School in September 2023. The workshop will cover what anxiety is and how it's maintained, how to talk to your child about school transition anxieties and some practical advice on how to help your child manage their worry using a CBT approach. We will also look at how to encourage young people to become independent problem solvers.

27th June 2023 [Transitions workshop for parents/carers of children moving from yr 6 - yr 7 Tickets, Tue 27 Jun 2023 at 12:30 | Eventbrite](#)

Ongoing Parent Virtual Groups (4 weeks) 12.30 – 1.30 Thursdays

This group is aimed at parents and carers of children in the stated age group. This programme will guide parents how to use cognitive-behavioural techniques to help their children overcome fears and worries. The programme includes learning how anxiety develops and is maintained, that is to say what keeps children's anxiety going and prevents them getting over their fears. We will then move on to exploring what your child needs to learn to overcome their fears or worries and how to implement strategies to encourage your child to become more independent. The programme will run over 4 weeks and will be a combination of 4 one-hour group sessions, reading tasks before sessions and some in between session work such as practising techniques learned during the sessions.

anxiety

5-9 year old Anxiety (introduction call and 4 sessions) 12th January 2023 to 9th February 2023 [Understanding Your Child's Fears and Worries - 4 week programme \(ages 5-9\) Tickets, Thu 12 Jan 2023 at 12:30 | Eventbrite](#)

9-12 year old Anxiety (introduction call and 4 sessions) 2nd March 2023 to 30th March 2023 [4 week Anxiety Programme for parents/ carers of children aged 9-11 Tickets, Thu, Mar 2, 2023 at 12:30 PM | Eventbrite](#)

behaviour

This group is based on the Incredible Years parenting programme and is aimed at parents and carers of children aged 5-9 years old. If you are interested in taking part in this group, we aim to speak with you individually to understand your child's needs and the reason for looking for support. Following this there are four group sessions, in which we cover various strategies to try at home with your child, using an evidence-based programme of carefully selected tips and ideas that scaffold onto each other and build up gradually. This way, over time you and your family will be equipped with strategies that can reduce problematic behaviour and increase desired behaviour.

5-9 year old Behaviour (introduction call and 4 sessions) 27th April 2023 to 25th May 2023 [Supporting Your Child's Behaviour - 4 week programme for children aged 5-9 Tickets, Thu 27 Apr 2023 at 12:30 | Eventbrite](#)

ROOM TO NURTURE
ROOM TO LEARN
ROOM TO GROW



Dear Parents and Carers,

After a rewarding 20-year career in primary education, including five years at Hove Juniors, I left the classroom to work more directly and personally with pupils. Since 2020, I have been busy supporting local children in their learning journeys. The extra challenges caused by the pandemic has reinforced my belief that learning should be fun, nurturing and personalised so every child is able to achieve to the best of their abilities. I now lead a team of very experienced qualified primary and secondary teachers offering 1:1 tuition in the home and online. Our priority is to help every child thrive and grow as an individual. We help children catch up on missed lockdown learning, boost their self-esteem and encourage an academic curiosity.

If you would like to arrange a time to discuss your child's needs, arrange a home visit or just to find out more, please contact me at tutorroomltd@gmail.com.

Check out our website <https://tutorroomltd.co.uk/> and facebook page for additional information too <https://www.facebook.com/tutorroomltd>

Many thanks,
Rachel Dodson

Brand Vaughan
are proud to be
partnered with
West Hove Infant
School and Hove
Junior School.

brand
vaughan

Sell or let your property with Brand Vaughan and receive
20% off our standard selling or lettings fee.

Each time you sell or let your property through Brand Vaughan, West Hove Junior School will receive **10%** of the referred selling or letting fee.

Our partnership with West Hove Junior school, not only benefits you, but also benefits your children's school.

Speak to our team today, we offer free, no obligation valuations.

Use code **WESTHOVEBV20** to claim your
20% discount.



Sales

Jimmy Atkins
01273 22 11 02



Lettings

Jenna Miles
01273 22 11 01