



**WEST HOVE
INFANT SCHOOL**
.....
A family of friends



Hove Learning Federation School/Portland Road Newsletter



Friday 31st March 2023

Dear Families,

Over the Spring term myself and the SLT team have had the real pleasure of being in EYFS and Y1 classes teaching reading in small groups as part of the 'Little Wandle' reading groups. It has been wonderful to watch and be a part of the children's progress across the term and see their love of reading develop.

We have also enjoyed seeing the many fabulous finishes the children have experienced to celebrate the end of each topic and the dynamic energy of the teachers in organising these experiences and learning.

After Easter, we will begin our new topics and at the junior school, we will see the return of our whole school topic which is called 'Let the Adventure Begin!' We finish the end of term with our Easter discos organised by the PTA, and look forward to seeing you return after Easter on Monday 17th April.

Parents/Carers Consultation Feedback survey:

Thank you for participating in our recent survey. Please see highlights below:

97% of families said my child feels safe at school.

94% of families said my child is happy at school.

89% of families said the school makes them aware of what my child will learn during the academic year.

90% of families said there is a good range of subjects available at the school.



We will continue to work hard to ensure that we improve communication during our parent/carer appointments and ongoing curriculum information about what your child is learning during the academic year, and how they are getting on. We have a wealth of information on our website to support learning at home and will continue to offer workshops to support learning across the school year for our families.

Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School

admin@westhove-inf.brighton-hove.sch.uk

01273 733386

Hove Junior School

portlandroadenquiries@hovejun.brighton-hove.sch.uk

01273 916609

Hove Junior School Inclusion Team

inclusionteam@hovejun.brighton-hove.sch.uk

01273 916609

Best wishes,

Maddie Southern and Ben Massey

Diary Dates

31st March - Last day of term

17th April - First day back at school

3rd - 5th May - Y4 PGL Trip

8th May - Bank Holiday

9th - 12th May - Y6 SATs

9th & 10th May - Reception Paradise Park trips

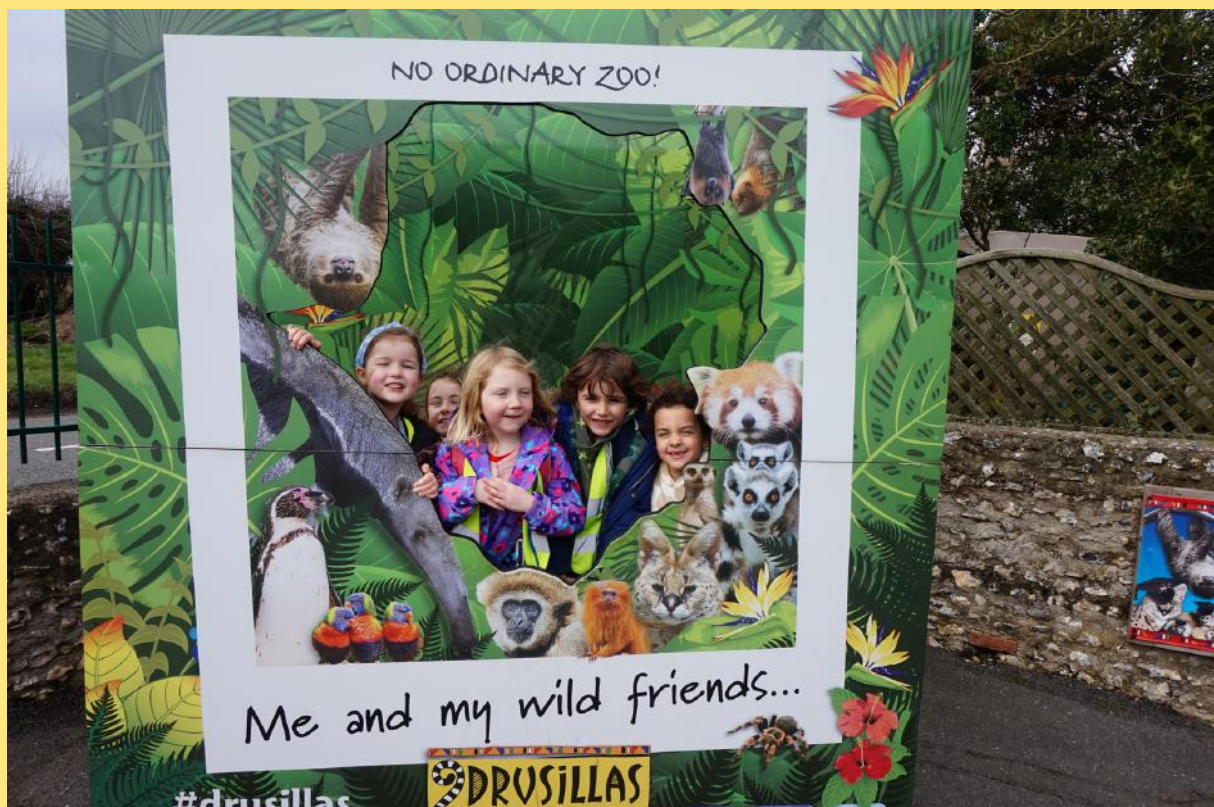
23rd May - Online Safety Webinar



Year 2 Drusillas Trip!

Year 2 had an utterly fabulous adventure at Drusillas this week! Not only did they get to meet many of the weird and wonderful creatures they've been learning about in their rainforest topic, but they also got to hold some truly hideous creepy crawlies and to learn even more about the incredible lives of jungle animals and plants.

Thank you so much to all of the staff and volunteers for making this such a memorable day for the children.



Year 5's Spring Term Fab Finish

Last Friday, Year 5 had Portals to the Past in to do a day of workshops for their Fab Finish, celebrating everything they have learned about the Ancient Maya.

They dressed as explorers and in the morning, they handled some Ancient Maya artefacts, made their own Maya calendar, played a game called Bul and completed a quiz about this fascinating civilisation.

In the afternoon, the fun continued and they learned more about the Maya calendar, retold the Maya myth of the Hero Twins and took part in a hunt. They even finished the day off by sacrificing Mr Brewer! It was a fun-filled day to round off a brilliant topic.







PE News

Year 5/6 Netball Festival

On Tuesday 21st March, some year 6 girls had the opportunity to take part in a Netball Festival at Hove Park School. It consisted in a round of skills and drills followed by some friendly games against other schools in Brighton and Hove. Sports leaders from Year 9 and 10 led the games and were very skilled and helpful during the event.

Well done to the girls!



Coming up!

Some of these events will involve children from Holland Road, Portland Road or both.
Looking forward for a summer of fun and physical activity!!

Multi skills Festival	Year 3 and 4	BHASVIC
Tag Rugby festival	Year 3 and 4	Hove Rugby club, Hove recreation ground
Hockey Festival	Year 5 and 6	Blatchington Mill School
Tri Golf	Year 3 and 4	Blatchington Mill School
Outdoor Cricket	Year 4 and 5	Preston Park
Rugby League festival	Year 5 and 6	Hove Rugby club, Hove recreation ground
Racket Festival	Year 3 and 4	Withdean Indoor Sports Complex
Outdoor Cricket	Year 6	Preston Park
Girls Outdoor Cricket	Year 5 and 6	Preston Park
Athletics	Year 4,5, and 6	Withdean Sports Complex
Outdoor Cricket	Year 3 and 4	Preston Park
Sports Day	Year 5 and 6	Brunswick Primary School
Sports Day	Year 3 and 4	Brunswick Primary School

Wet and wild first friendly football match for Hove Juniors mixed team!

Our incredible team played against St Nicolas on Thursday 23rd March.
'The won and played brilliantly' Mr Trott commented.

This chance has opened the opportunity to many more friendly matches.
Well done team!





Autism and anxiety

You are invited to a coffee morning with BHISS staff on

Tuesday 16th May from 9.00 to 10.30am

at the Portland Road site

This meeting is for parents or carers of children

with an autism diagnosis

and also those on the pathway

Mandy Leahy, who is an autism family support worker from the council's inclusion and support service, (BHISS) will be here at the school to answer questions and talk through strategies.

Please ask Mandy Stewart, Charlotte Wallace or Ben Patterson if you need anymore information.



Autism, demand avoidance and behaviour that challenges

You are invited to a coffee morning with BHISS staff on

Tuesday 20th June from 9.00 to 10.30am

at the Portland Road site

This meeting is for parents or carers of children

with an autism diagnosis

and also those on the pathway

Mandy Leahy, who is an autism family support worker from the council's inclusion and support service, (BHISS) will be here at the school to answer questions and talk through strategies.

Please ask Mandy Stewart, Charlotte Wallace or Ben Patterson if you need any further information.

Supporting a child with anxiety

a course for parents/carers

Growing numbers of children are experiencing anxiety – affecting their mood, relationships and behaviour. It can be hard for parents/carers to know how to respond and provide effective support.

Help your child learn ways to manage worries

This short online course (2 x 90 minute sessions) covers what children and young people need most when anxiety takes hold, focusing on:

- The importance of empathy in supporting them
- Ways to help young people recognise and challenge negative, self-limiting beliefs
- Practical strategies to help manage anxiety

For dates, times and how to book visit www.adulteducation.brighton-hove.gov.uk or email AEH@brighton-hove.gov.uk or call 01273 292828



Courses are **free** to anyone on a low income or in receipt of a means-tested benefit. A fee of £15 applies otherwise.

Courses are run separately for parents/carers of children aged 4-11 and 11-18.



Building a child's resilience

a course for parents/carers

Many children and young people lack the confidence to try new challenges, avoiding new things because they're unfamiliar. It may seem they're missing out on opportunities.

Help your child build self-esteem to overcome challenges

This short online course (2 x 90 minute sessions) supports parents/carers with strategies to build a young person's resilience. It looks at ways to:

- Help young people realise what they're capable of
- Encourage their autonomy to increase confidence
- Guide them in moving forward by taking safe, considered risks
- Help them express emotions in ways that are healthy

For dates, times and how to book visit www.adulteducation.brighton-hove.gov.uk or email AEH@brighton-hove.gov.uk or call 01273 292828



Courses are **free** to anyone on a low income or in receipt of a means-tested benefit. A fee of £15 applies otherwise.

Courses are run separately for parents/carers of children aged 4-11 and 11-18.



Hangleton & Knoll Parent/Carer Group

Are you the parent/carer of a child with
additional needs and/or a disability?

COFFEE MORNING



Tips and tools to manage
emotions such as anxiety,
depression, and anger.
This session will be led by
psychotherapist and
hypnotherapist Lara Tozer,
who will finish with a short,
guided relaxation session.

Come and meet other
families in a similar
situation at one of our
coffee mornings.
No need to book,
just turn up!

Tuesday April 18th

9.30am - 11.30am

St Richards Community Centre

Egmont Rd

Hove BN3 7FP

WANT TO KNOW MORE?
CONTACT ONE OF OUR PARENT VOLUNTEERS
LOUISE 01273 905549 / 07990728830
RHIANYDD 01273 733126 / 07897533007





Hello, parents & guardians!

We are **BeeZee Bodies**, and we work with Brighton & Hove Council to provide FREE (and FUN!) healthy lifestyles support for families.

We run **BeeZee Families** courses after school across Brighton & Hove, or you could join our online courses instead. We have new groups beginning in May. Click below to sign up for your family's FREE place!*

Or, enrol in the **BeeZee Academy** - our FREE self-paced online learning portal full of useful information and tips on how to make your family healthier.



SCAN ME WITH YOUR
SMARTPHONE CAMERA OR
CLICK HERE TO SIGN UP!

*to be eligible for this awesome free service, your family must live/go to school in Brighton & Hove and include one child who is above their ideal healthy weight.



Roll into Spring

Each year, 20th March marks the first day of SPRING! As we look forward to longer days and warmer weather, try these tasty **Rainbow** Spring Rolls to get you excited for all the yummy vegetables to come over the season.

Ingredients:

For the roll:

- 1 Spring Roll Wrapper (Rice Paper OR Small Tortilla Wrap)
- Red & Yellow Bell Pepper
- Cucumber
- Carrot
- Purple Cabbage
- Any other veggies you like or have in the fridge (it doesn't have to be a rainbow!)

For the dip:

- 2 tbsp Soy sauce
- 1 tsp Hoisin
- 1/2 tsp Rice Vinegar
- 1/2 tsp Maple Syrup
- 1/2 tsp Sriracha

What to do:

1. Choose which veggies you'd like in your roll and chop them all into thin matchstick-size strips
2. If using rice paper, soak in warm water until it softens and becomes flexible. If using a tortilla wrap, skip steps 2 & 3
3. Remove the wrapper from the water and place it on your chopping board - pat it dry with a paper towel
4. Add your assortment of colourful veggies to the centre of the wrapper
5. Fold the sides in towards the centre, and roll it up tight from the bottom
6. For the dip: measure all ingredients into a small bowl and stir to combine
7. With a sharp knife, carefully cut your rainbow spring roll in half, dip and enjoy!

Top Tip

If you don't have the ingredients for the dip on hand, soy sauce by itself tastes great too! You can also experiment with other ingredients you have to create your own sauce!

BECOME A HEALTHIER, HAPPIER FAMILY IN 2023

Come along to our fun, free healthy lifestyles courses and you will learn:



Sign up for your family's **FREE** place at beezeebodies.com/families



or scan me with
your smartphone
camera

*to be eligible for this awesome free service, your family must live/go to school/be registered with a GP in Brighton and Hove and include one child aged 5-15 who is above their ideal healthy weight.

Monday		<p>ONLINE</p> <p>5-8yrs old 17:30-18:30</p> <p>9-12yrs old 18:30-19:30</p>
Tuesday		<p>ONLINE</p> <p>9-12yrs old 18:30-19:30</p>
Wednesday	<p>HANGLETON</p> <p>West Blatchington Primary School</p> <p>17:30-19:30</p>	<p>ONLINE</p> <p>9-12yrs old 17:30-18:30</p> <p>5-8yrs old 18:30-19:30</p>
Thursday	<p>CENTRAL BRIGHTON</p> <p>St Mary Magdalen's Primary School</p> <p>17:00-19:00</p>	

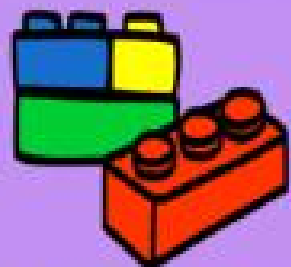
12-week BeeZee Families courses starting in Brighton and Hove from the 8th of May



BeeZee Families

www.beezeebodies.com/families 01273 041397





Toy Quest

Save Our Toys!



An interactive performance for children from Bigfoot Arts Education
Join us to celebrate the re-launch of our Toy Library.

**Free
Drop In**



**Performances
1 hour approx**

**SPECIAL RELAUNCH EVENT Whitehawk Library Tuesday 4th April,
with performances at 10:30am and 2:30pm**

Plus performances at the following community libraries:

Whitehawk library Wednesday 5th April 10:30am

Coldean library Wednesday 5th April 2:30pm

Patcham library Thursday 6th April 10:30am

Portslade library Tuesday 11th April 10:30am

Hove library Tuesday 11th April 2:30pm

Moulsecoomb library Wednesday 12th April 10:30am

Rottingdean library Wednesday 12th April 2:30pm

Jubilee library Thursday 13th April 10:30am

Hangleton library Thursday 13th April 2:30pm

**Find our toy library collection at
Whitehawk, Coldean and Portslade libraries**



Supported using public funding by
**ARTS COUNCIL
ENGLAND**



Brand Vaughan are proud to be partnered with West Hove Infant School and Hove Junior School.

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Sell or let your property with Brand Vaughan and receive
20% off our standard selling or lettings fee.

Each time you sell or let your property through Brand Vaughan, West Hove Junior School will receive **10%** of the referred selling or letting fee.

Our partnership with West Hove Junior school, not only benefits you, but also benefits your children's school.

Speak to our team today, we offer free, no obligation valuations.

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