



**WEST HOVE
INFANT SCHOOL**
.....
A family of friends



Hove Learning Federation Holland Road Newsletter



Friday 28th April 2023

Dear Families,

Welcome back to the start of the summer term, we hope that you had a good Easter break. It has been a very positive start to the term, and in KS2 we have had lift off with our stunning starts for our new topic; 'Let the Adventure Begin!'.

For this exciting learning journey our children become conscientious, world adventurers traversing the globe exploring different locations and acquiring key geography skills. All the while considering their role as global citizens and caretakers of our wonderful planet! It was wonderful to receive so many messages from families telling us just how much their child enjoyed the day.



All of this work on taking care of our planet links to the assemblies and curriculum work we are doing this term. Across the infants and juniors, we are launching our biodiversity focus and summer biodiversity pledge as part of the Our City Our World project.



We will be celebrating the spectacular diversity of our planet and local area, and learning about what we can do to support all of our ecosystems, from puddles to plant pots and tropics to tundras. Throughout the term, the children will be taking part in assemblies and activities to promote biodiversity and explore the rich variety of life all around us.

We also have many things to look forward to, including: Y2 and 3 Children's Parade and the Y4 and Y6 Residential Visits. We look forward to seeing you all at the parade on Sunday 7th May.

A reminder that our KS2 pupils will also be taking SATs which begin on Tuesday 9th May to Friday 12th May. A separate letter has gone out this week for your information.

If you haven't already read the KS2 summer term newsletter, please find it here:

<https://www.hovejuniorschool.co.uk/attachments/download.asp?file=6564&type=pdf>

Please click the links below to see the core knowledge files for each year group.

Year 3: <https://www.hovejuniorschool.co.uk/attachments/download.asp?file=6555&type=pdf>

Year 4: <https://www.hovejuniorschool.co.uk/attachments/download.asp?file=6556&type=pdf>

Year 5: <https://www.hovejuniorschool.co.uk/attachments/download.asp?file=6557&type=pdf>

Year 6: <https://www.hovejuniorschool.co.uk/attachments/download.asp?file=6558&type=pdf>

Sun Safety

Now we are in the summer term and the weather is getting warmer, we would like to remind families of the importance of applying sunscreen before school during these warmer months. Children can bring sunscreen into school to re-apply before lunchtimes and should bring a sunhat to wear during play-times and lunch break.

Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School

hollandroadenquiries@hovejun.brighton-hove.sch.uk

01273 916707

Hove Junior School

hollandroadenquiries@hovejun.brighton-hove.sch.uk

01273 916707

Hove Junior School Inclusion Team

inclusionteam@hovejun.brighton-hove.sch.uk

01273 916609

Best wishes,

Maddie Southern and Lorna Cummings

Diary Dates

1st May - Bank Holiday

3rd - 5th May - Y4 PGL Trip

7th May - Children's Parade - Brighton Festival

8th May - Bank Holiday

9th - 12th May - Y6 SATs

11th May - Reception Paradise Park trip

23rd May - Online Safety Webinar

23rd June - Juniors Class Photos





20.4.23 Year 3 and 4 Multi Skills Festival at BHASVIC

Year 3 and 4 had a great afternoon practicing their skills at BHASVIC this week. The children showed team work, skill and perseverance throughout! They were all so enthusiastic about sport and physical activity and represented our school beautifully. The afternoon was led by some fantastic sports leaders at BHASVIC and the children complete a circuit of tennis skills, hand ball, basketball, hockey, and netball just to name a few. There were points awarded for the various events and overall Hove Juniors were placed second! What an achievement- well done everyone who took part!



Year 3



On Monday 17th April 2023, year 3 embarked on an exciting adventure to Buenos Aires on our way to the Andes. The flight was long but worth it! To prepare for our cultural

experience, we learnt about the flora and fauna we might see in Argentina. We also picked up a little Spanish and created wonderful carnival head pieces.





Autism and anxiety

You are invited to a coffee morning with BHISS staff on

Tuesday 16th May from 9.00 to 10.30am

at the Portland Road site

This meeting is for parents or carers of children

with an autism diagnosis

and also those on the pathway

Mandy Leahy, who is an autism family support worker from the council's inclusion and support service, (BHISS) will be here at the school to answer questions and talk through strategies.

Please ask Mandy Stewart, Charlotte Wallace or Ben Patterson if you need anymore information.



Autism, demand avoidance and behaviour that challenges

You are invited to a coffee morning with BHISS staff on

Tuesday 20th June from 9.00 to 10.30am

at the Portland Road site

This meeting is for parents or carers of children

with an autism diagnosis

and also those on the pathway

Mandy Leahy, who is an autism family support worker from the council's inclusion and support service, (BHISS) will be here at the school to answer questions and talk through strategies.

Please ask Mandy Stewart, Charlotte Wallace or Ben Patterson if you need any further information.

INSIDERS' GUIDE TO ADHD

**For parent carers of children
and young people with ADHD
in Brighton & Hove**

A FREE course for parent carers with a child or young person, under 18, who has been diagnosed with ADHD.

The Insiders' Guide covers things like understanding ADHD, survival tips, some practical ideas to help at home or school, tips to handle tricky meetings and lots more. It's also a great way to get together with others having similar experiences.

The 5-week course is run by an Amaze worker and a parent carer with lived experience

'I've come away with new friends and a new support group. Thank you so much Amaze for providing this valuable opportunity, it really was brilliant.'

**Fridays, 10am to 1pm
28 Apr, and 5, 12, 19, 26 May 2023**

**At Community Base - SW3
113 Queens Rd, Brighton BN1 3XG**

Arrive from 9.45am for tea
and coffee



NHS Sussex teams in Brighton & Hove and East Sussex commission Amaze to coordinate this service for our local parent carers



**To book, please complete
this registration form**

Supporting a child with anxiety

a course for parents/carers

Growing numbers of children are experiencing anxiety – affecting their mood, relationships and behaviour. It can be hard for parents/carers to know how to respond and provide effective support.

Help your child learn ways to manage worries

This short online course (2 x 90 minute sessions) covers what children and young people need most when anxiety takes hold, focusing on:

- The importance of empathy in supporting them
- Ways to help young people recognise and challenge negative, self-limiting beliefs
- Practical strategies to help manage anxiety

For dates, times and how to book visit www.adulteducation.brighton-hove.gov.uk or email AEH@brighton-hove.gov.uk or call 01273 292828



Courses are **free** to anyone on a low income or in receipt of a means-tested benefit. A fee of £15 applies otherwise.

Courses are run separately for parents/carers of children aged 4-11 and 11-18.



Building a child's resilience

a course for parents/carers

Many children and young people lack the confidence to try new challenges, avoiding new things because they're unfamiliar. It may seem they're missing out on opportunities.

Help your child build self-esteem to overcome challenges

This short online course (2 x 90 minute sessions) supports parents/carers with strategies to build a young person's resilience. It looks at ways to:

- Help young people realise what they're capable of
- Encourage their autonomy to increase confidence
- Guide them in moving forward by taking safe, considered risks
- Help them express emotions in ways that are healthy

For dates, times and how to book visit www.adulteducation.brighton-hove.gov.uk or email AEH@brighton-hove.gov.uk or call 01273 292828



Courses are **free** to anyone on a low income or in receipt of a means-tested benefit. A fee of £15 applies otherwise.

Courses are run separately for parents/carers of children aged 4-11 and 11-18.



TAKEPART Festival is back this Summer – get involved



After a few years off, [TAKEPART Festival of Sport & Activity](#) is back this summer and we're looking for local sports clubs and activity groups to get involved.

TAKEPART is an award-winning free festival celebrating community sport, dance, exercise and physical activity. This year it's running from Saturday 17 until Sunday 25 June.

It showcases the great opportunities for people of all ages and abilities and across all areas of the city to lead healthy and active lifestyles. It's an easy way for people to try out activities and find out more about what's available for them.

Help people discover the activities you offer

If you provide local dance, sport, fitness, cycling, walking, or any other activities that help people get out and move more, we'd like you to be a part of this year's event. We are looking for clubs, groups, gyms, instructors and any other organisations who want to help people to be active in Brighton & Hove.

Register now to be part of the festival

[Applications are open until Monday 20 March 2023](#) for organisations interested in getting involved in this year's TAKEPART Festival.

Being part of the festival is a fantastic opportunity for you to:

- raise the profile of your organisation
- promote the opportunities you provide in the city
- increase your membership
- link with local schools and colleges, as well as other local organisations and groups
- find new coaches and volunteers
- support a city-wide initiative to get people moving more and live healthier lifestyles

Find out more

[Look at the TAKEPART web pages](#)

Call the Healthy Lifestyles team on 01273 294589



Cornerstone Food Bank

Cornerstone Community Centre, Church Rd, Hove

(corner of First Ave and Church Rd, BN3 2FL)

Telephone: 01273 327757 / 07483 819 293

(mobile Thu/Fri only)

Are you on a low income, no income, in debt,
or JAM (just about managing!) We're here to help!

Our food bank is open from 13.00 to 15.00 every Friday. We provide a good selection of fresh protein and fruit & veg which varies every week, depending on the donations we receive from Fairshare, as well as tinned and dried goods. **Friday afternoons from 1pm**

BY APPOINTMENT ONLY.

Book a slot to collect.

Call 07483 819293

Email: cornerstonefoodbank3@gmail.com

or call in the office to give us your details

Brand Vaughan are proud to be partnered with West Hove Infant School and Hove Junior School.

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Sell or let your property with Brand Vaughan and receive
20% off our standard selling or lettings fee.

Each time you sell or let your property through Brand Vaughan, West Hove Junior School will receive **10%** of the referred selling or letting fee.

Our partnership with West Hove Junior school, not only benefits you, but also benefits your children's school.

Speak to our team today, we offer free, no obligation valuations.

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20% discount.



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