



**WEST HOVE  
INFANT SCHOOL**  
.....  
**A family of friends**



# Hove Learning Federation School/Portland Road Newsletter

Friday 28th April 2023

Dear Families,

Welcome back to the start of the summer term, we hope that you had a good Easter break. It has been a very positive start to the term, and in KS2 we have had lift off with our stunning starts for our new topic; 'Let the Adventure Begin!'.

For this exciting learning journey our children become conscientious, world adventurers traversing the globe exploring different locations and acquiring key geography skills. All the while considering their role as global citizens and caretakers of our wonderful planet! It was wonderful to receive so many messages from families telling us just how much their child enjoyed the day.



All of this work on taking care of our planet links to the assemblies and curriculum work we are doing this term. Across the infants and juniors, we are launching our biodiversity focus and summer biodiversity pledge as part of the Our City Our World project.



We will be celebrating the spectacular diversity of our planet and local area, and learning about what we can do to support all of our ecosystems, from puddles to plant pots and tropics to tundras. Throughout the term, the children will be taking part in assemblies and activities to promote biodiversity and explore the rich variety of life all around us.

We also have many things to look forward to, including: Y2 and 3 Children's Parade and the Y4 and Y6 Residential Visits. We look forward to seeing you all at the parade on Sunday 7th May.

A reminder that our KS2 pupils will also be taking SATs which begin on Tuesday 9th May to Friday 12th May. A separate letter has gone out this week for your information.

If you haven't already read the KS2 summer term newsletter, please find it here:

<https://www.hovejuniorschool.co.uk/attachments/download.asp?file=6564&type=pdf>

Please click the links below to see the core knowledge files for each year group.

Year 3: <https://www.hovejuniorschool.co.uk/attachments/download.asp?file=6555&type=pdf>

Year 4: <https://www.hovejuniorschool.co.uk/attachments/download.asp?file=6556&type=pdf>

Year 5: <https://www.hovejuniorschool.co.uk/attachments/download.asp?file=6557&type=pdf>

Year 6: <https://www.hovejuniorschool.co.uk/attachments/download.asp?file=6558&type=pdf>

## Sun Safety

Now we are in the summer term and the weather is getting warmer, we would like to remind families of the importance of applying sunscreen before school during these warmer months. Children can bring sunscreen into school to re-apply before lunchtimes and should bring a sunhat to wear during play-times and lunch break.

Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School

[admin@westhove-inf.brighton-hove.sch.uk](mailto:admin@westhove-inf.brighton-hove.sch.uk)

01273 733386

Hove Junior School

[portlandroadenquiries@hovejun.brighton-hove.sch.uk](mailto:portlandroadenquiries@hovejun.brighton-hove.sch.uk)

01273 916609

Hove Junior School Inclusion Team

[inclusionteam@hovejun.brighton-hove.sch.uk](mailto:inclusionteam@hovejun.brighton-hove.sch.uk)

01273 916609

Best wishes,

Maddie Southern and Ben Massey

## Diary Dates

**1st May** - Bank Holiday

**3rd - 5th May** - Y4 PGL Trip

5th May - Infants Class Photos

**7th May** - Children's Parade - Brighton Festival

**8th May** - Bank Holiday

**9th - 12th May** - Y6 SATs

**9th & 10th May** - Reception Paradise Park trips

**16th May** - Year 6 and Juniors Class Photos

**23rd May** - Online Safety Webinar



A huge **THANK YOU** to our Juniors PTA for organising the Easter Disco, it was a fantastic evening and raised a total of £2531 profit for the school!



**THANK YOU!**



# Stunning Start: Let the Adventure Begin!

What a stunning start we had to our summer term. For our Juniors whole school topic which sees the children becoming global adventurers, years 3, 4 and 5 boarded planes and took flight to different parts of South America ready to start exploring the geography of this fascinating location before they jet of to their next destination.

Below you can find out what each year group got up to on the day. Year 6 will be joining to whole school topic once they have finished their learning on WW2 at the end of May. Further details about the summer topic can be found on our website or by following this link: <https://www.hovejuniorschool.co.uk/page/?title=Current+Topics&pid=44>

## Year 3

On Monday 17th April, Year 3 grabbed their passports, donned their sun cream and jetted off to Buenos Aires for the day. Luckily the queues through airport security were minimal. Upon arrival, we had a cooking masterclass on how to bake the traditional Argentinian treat 'Alfajores'. We later learnt about the native wildlife and had the fun task of creating our own llama art work. Before returning home, we finished our day with an energetic dance lesson where we discovered our passion for the Argentine Tango. It was a blast!





## Year 4

In Year 4, our adventure began in Chile! We boarded our flight at around 10am and embarked on the exhausting 14-hour journey. Luckily, we were kept occupied by some fantastic sights as we flew over South America and headed for the west coast. On arrival, we brushed up on our Spanish to help us communicate with the locals before beginning our exploration of Santiago, the capital of Chile. We tried new and exciting foods, including traditional dishes and were stunned by the delightful flavours. Lastly, we delved into the world of Chilean street art and had a go at recreating some of our own using simple shapes and bold colours. We had a fantastic day and can't wait to continue the adventure!







## Year 5

Year 5 took a flight to Brasília, the capital city of Brazil. Upon their arrival, they were feeling peckish so sampled some of the local snacks on offer, including pão de queijo (Brazilian cheese bread), forafa (breadcrumbs), açaí sorbet and guayana drink.

After this, they visited the Museu Nacional da República where they learned about Beatriz Milhazes, a Brazilian artist. She uses bright colours and circular shapes to create art that is full of movement and energy and the children used this as inspiration for their own artwork.

Finally, Year 5 learned about the music of Brazil - samba - and they used body percussion to create their own samba beats.







# Year 4 Wild Beach School

In the spring term, the children in 4 Red attended three sessions of Wild Beach School which were run by Ella Garrud from Sussex Wildlife Trust. This was a fabulous, child centred learning experience that gave the children the opportunity to engage and connect with their local coastline through hands on activities and exploration.

The children learnt how to be sensible, safe and responsible when using and enjoying the beach and they explored the natural coastal environment, finding all sorts of treasures that we then learnt more about from Ella and her helpers. For example, we identified different egg cases (mermaid's purse) between species of ray, skate and shark.

In our second session, the children learnt about the tides and the effects that the changing seasons have on the coast. The class worked as a team to create a tide line measure out of sand, pebbles, rocks etc., and made estimations on how quickly the incoming tide would reach their structure.

Our final session focussed on sea defences and why we need to have them along the coastline. The children then chose to work in teams or alone, to design and build fortresses to see how long they could withhold the power of the encroaching sea.

Every session ended with a beach clean and we discussed why this is important for the environment and all of the children felt inspired to do a mini beach clean on any future trips that they make to the beach.







# PE News

*Daisy Dawson is playing for Brighton Girls U11 in two cup finals this weekend. The Kent Cup on Saturday and the National Cup on Monday.*

*Congratulations to her on this achievement!*

## King Alfred update

<https://www.brighton-hove.gov.uk/news/2023/king-alfred-pools-set-re-open>

### King Alfred pools set to re-open

Swimmers will be welcomed back to the King Alfred Leisure Centre on Saturday 1 April, when the pools re-open following extensive repair work.

The popular pools, run by Freedom Leisure on behalf of the council, have been closed since 6 January after the main boiler control panel and boilers broke down, leaving the building without any hot water or heating.

### Further improvements

Major repair work was completed this month and the pool has been gradually re-heated to the correct temperature for swimming.

While the swimming pool has been closed, further improvements to the centre have been carried out including re-decoration, new floor coverings in the foyer and gym areas, new locker keys to the lockers in the wet changing area and refurbishing the ballroom dance floor.

### On schedule

Mark Fisher, Brighton & Hove City Council's Interim Assistant Director of Culture, Tourism and Sport, said: "I'm delighted that we have been able to complete this complex repair work on schedule and re-open the pools in time for the Easter holidays."

### Free swimming!

The pool will re-open for public swimming at 8am on Saturday 1 April, with free swimming being launched at the same time for all 18-year-olds and under in the city. Details of the expanded free swimming offer can be found on the Freedom Leisure website.

### Sad news :(

Unfortunately, due to strike action and SATs, there will be cancellations of events.

These are:

Netball festival

Rugby festival

Hockey festival

The School Games organizers are working really hard to reschedule some of these events. We will keep you posted!



# TAKEPART Festival is back this Summer – get involved



After a few years off, [TAKEPART Festival of Sport & Activity](#) is back this summer and we're looking for local sports clubs and activity groups to get involved.

TAKEPART is an award-winning free festival celebrating community sport, dance, exercise and physical activity. This year it's running from Saturday 17 until Sunday 25 June.

It showcases the great opportunities for people of all ages and abilities and across all areas of the city to lead healthy and active lifestyles. It's an easy way for people to try out activities and find out more about what's available for them.

## Help people discover the activities you offer

If you provide local dance, sport, fitness, cycling, walking, or any other activities that help people get out and move more, we'd like you to be a part of this year's event. We are looking for clubs, groups, gyms, instructors and any other organisations who want to help people to be active in Brighton & Hove.

## Register now to be part of the festival

[Applications are open until Monday 20 March 2023](#) for organisations interested in getting involved in this year's TAKEPART Festival.

Being part of the festival is a fantastic opportunity for you to:

- raise the profile of your organisation
- promote the opportunities you provide in the city
- increase your membership
- link with local schools and colleges, as well as other local organisations and groups
- find new coaches and volunteers
- support a city-wide initiative to get people moving more and live healthier lifestyles

## Find out more

[Look at the TAKEPART web pages](#)

Call the Healthy Lifestyles team on 01273 294589



# Autism and anxiety

You are invited to a coffee morning with BHISS staff on

**Tuesday 16th May from 9.00 to 10.30am**

at the Portland Road site

This meeting is for parents or carers of children

with an autism diagnosis

and also those on the pathway

Mandy Leahy, who is an autism family support worker from the council's inclusion and support service, (BHISS) will be here at the school to answer questions and talk through strategies.

Please ask Mandy Stewart, Charlotte Wallace or Ben Patterson if you need anymore information.





## Autism, demand avoidance and behaviour that challenges

You are invited to a coffee morning with BHISS staff on

**Tuesday 20th June from 9.00 to 10.30am**

at the Portland Road site

This meeting is for parents or carers of children

with an autism diagnosis

and also those on the pathway

Mandy Leahy, who is an autism family support worker from the council's inclusion and support service, (BHISS) will be here at the school to answer questions and talk through strategies.

Please ask Mandy Stewart, Charlotte Wallace or Ben Patterson if you need any further information.

# INSIDERS' GUIDE TO ADHD

**For parent carers of children  
and young people with ADHD  
in Brighton & Hove**

A FREE course for parent carers with a child or young person, under 18, who has been diagnosed with ADHD.

The Insiders' Guide covers things like understanding ADHD, survival tips, some practical ideas to help at home or school, tips to handle tricky meetings and lots more. It's also a great way to get together with others having similar experiences.

The 5-week course is run by an Amaze worker and a parent carer with lived experience

*'I've come away with new friends and a new support group. Thank you so much Amaze for providing this valuable opportunity, it really was brilliant.'*

**Fridays, 10am to 1pm  
28 Apr, and 5, 12, 19, 26 May 2023**

**At Community Base - SW3  
113 Queens Rd, Brighton BN1 3XG**

Arrive from 9.45am for tea  
and coffee



NHS Sussex teams in Brighton & Hove and East Sussex commission  
Amaze to coordinate this service for our local parent carers



**To book, please complete  
this registration form**



# Supporting a child with anxiety

## a course for parents/carers

Growing numbers of children are experiencing anxiety – affecting their mood, relationships and behaviour. It can be hard for parents/carers to know how to respond and provide effective support.

### Help your child learn ways to manage worries

This short online course (2 x 90 minute sessions) covers what children and young people need most when anxiety takes hold, focusing on:

- The importance of empathy in supporting them
- Ways to help young people recognise and challenge negative, self-limiting beliefs
- Practical strategies to help manage anxiety

For dates, times and how to book visit [www.adulteducation.brighton-hove.gov.uk](http://www.adulteducation.brighton-hove.gov.uk) or email [AEH@brighton-hove.gov.uk](mailto:AEH@brighton-hove.gov.uk) or call 01273 292828



Courses are **free** to anyone on a low income or in receipt of a means-tested benefit. A fee of £15 applies otherwise.

Courses are run separately for parents/carers of children aged 4-11 and 11-18.



# Building a child's resilience

## a course for parents/carers

Many children and young people lack the confidence to try new challenges, avoiding new things because they're unfamiliar. It may seem they're missing out on opportunities.

### Help your child build self-esteem to overcome challenges

This short online course (2 x 90 minute sessions) supports parents/carers with strategies to build a young person's resilience. It looks at ways to:

- Help young people realise what they're capable of
- Encourage their autonomy to increase confidence
- Guide them in moving forward by taking safe, considered risks
- Help them express emotions in ways that are healthy

For dates, times and how to book visit [www.adulteducation.brighton-hove.gov.uk](http://www.adulteducation.brighton-hove.gov.uk) or email [AEH@brighton-hove.gov.uk](mailto:AEH@brighton-hove.gov.uk) or call 01273 292828



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