



**WEST HOVE
INFANT SCHOOL**
.....
A family of friends



Hove Learning Federation

Holland Road Newsletter

Friday 14 July 2023



Dear Families,

As we come to the end of another busy and successful term, I would like to thank all of our staff, pupils and families for their continued support and hard work. We wish our year six leavers good luck and success in their new schools.

Thank you to all of the staff and parents/carers who helped on the year 6 residential trip this year. We took all of our year 6 pupils from both sites, and we would not be able to run events like these without the support from our fantastic team of helpers. We are also looking forward to the year six productions next week on both sites, and each year groups' end of year celebrations.

Our EYFS, KS1/2 results for this year have now come through and I just wanted to say well done to our pupils and staff teams for another fantastic year. We have continued to maintain higher than national and local results in reading, writing and maths, with a high proportion of our pupils achieving greater depth.

All of our staff across the sites support the children's education through the school, and we are indebted to their hard work and care across their primary journey.

End of Year Annual Reports to Parents/Carers

Your child will be bringing their end of year reports home on Monday. I'm sure you will find them informative and insightful. If you do have any questions or want to discuss it in more detail, please either speak to the teacher on Wednesday afternoon for the fabulous finishes at the junior school, or make a separate appointment.



Annual Questionnaire

Thank you for completing our annual questionnaire. The deadline was today, and we will be publishing these results in September.

Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School

hollandroadenquiries@hovejun.brighton-hove.sch.uk

01273 916707

Hove Junior School

hollandroadenquiries@hovejun.brighton-hove.sch.uk

01273 916707

Hove Junior School Inclusion Team

inclusionteam@hovejun.brighton-hove.sch.uk

01273 916609

Best wishes,

Maddie Southern and Lorna Cummings

Diary Dates

15th July - PTA Summer fair - school playgrounds

17th & 18th July - Y6 evening productions

19th July - Juniors open afternoon

20th July - Y6 Silent Disco

21st July - End of Reception Celebration

21st July - Last Day of Term



Year 1 & Eco Committee Wildflower Meadow

Our wildflower meadow has been re-dug and re-seeded and despite the dry weather it is looking great! Thanks to the Year 1 team and the Eco Committee for their hard work. We are hoping that City of Meadows will include one of our meadow photos for their display in Jubilee library this month, to celebrate how schools across Brighton and Hove are taking action for nature. It has certainly been very popular with bees, wasps, butterflies and other pollinators, so when you are in the playground pop your head over the fence and see what you can spot!



Year 4 Trip to Yellowwave

Year 4 had a fantastic day at Yellowwave on Brighton beach. They took part in a beach volleyball session, rode on the Volks Electric railway, completed a beach clean and created some amazing sea themed artwork!



Year 5 Sports Taster Sessions

Archery, Ultimate Frisbee, Lacrosse

As part of this year's sports week, year 5 had a great day trying out 3 different sports. For lots of the children it was their first time experiencing these activities.

During our archery session, we learnt to control a bow and arrow and played lots of fun games aiming at different targets. For ultimate Frisbee, new throwing and aiming techniques were learnt. During our lacrosse session, we had great fun learning how to handle the lacrosse sticks and scoop up the balls to throw and catch them.

Here are some highlights...



Year 5 Sports Taster Sessions



Year 5 STEM day with Albion In The Community

On Wednesday 12th July, Year 5 took part in a Science, Technology, Engineering and Maths (STEM) day with Albion In The Community and 8 volunteers from American Express.

The day consisted of a series of activities where the children coded football-themed robots, whilst developing their teamwork and communication skills. The afternoon focussed on a financial-literacy project in which the children worked with American Express staff to design and budget a Football-Themed Theme Park. This focussed on costs, incomes and expenses. The day then rounded off bringing all the skills together, with the children coding their robots around their theme parks.

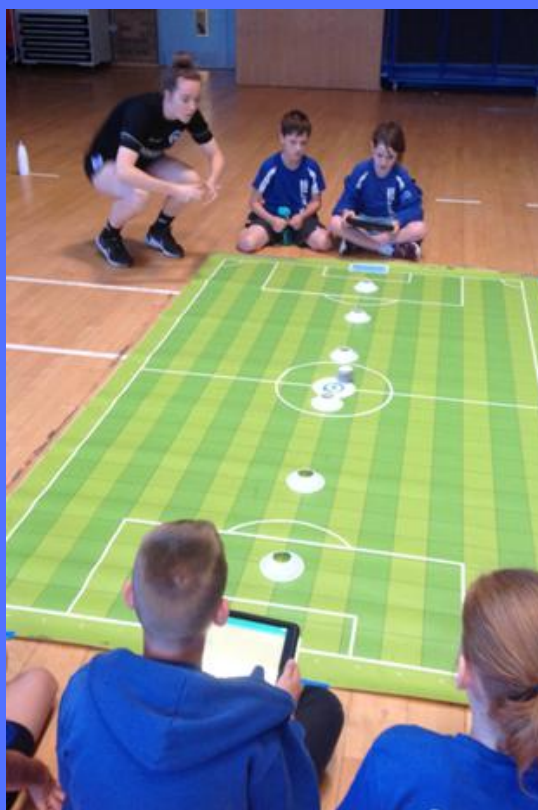


Year 5 STEM day with Albion In The Community

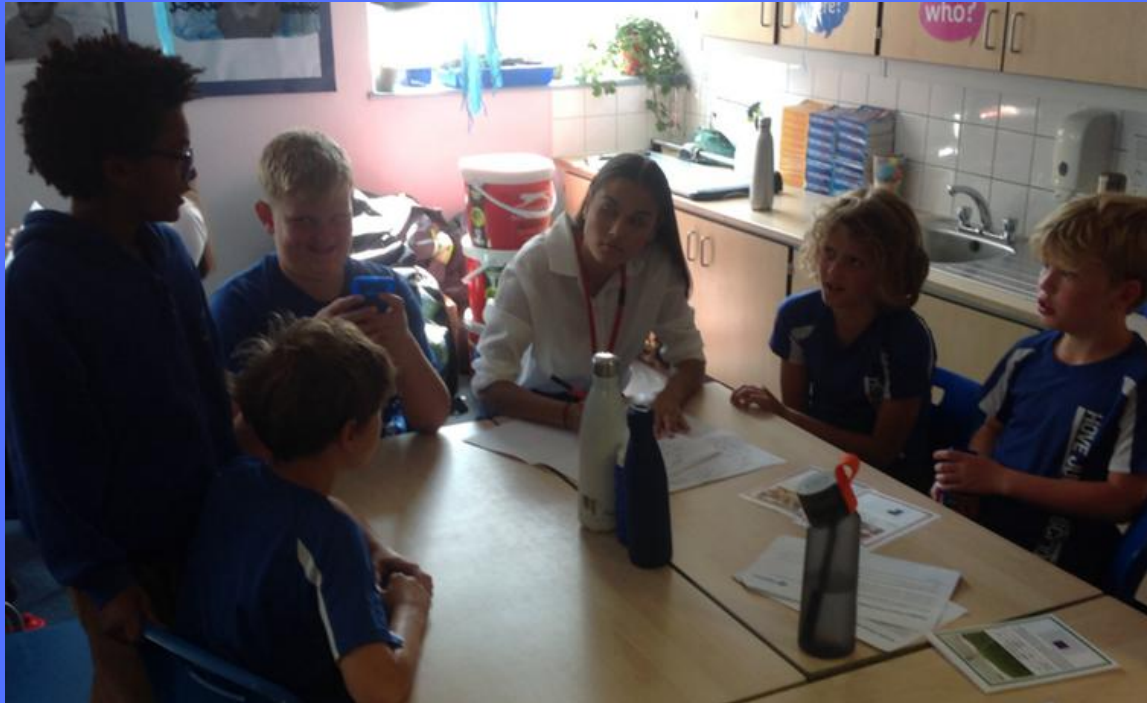
Poppy and Ellen – “We’ve enjoyed all of it but especially coding the robots and designing our theme parks.”



Cinar: “I enjoyed that we all had to use team work to make the dream work.”



Year 5 STEM day with Albion In The Community



Year 6 Blacklands Trip

Year 6 at Holland Road had an amazing time on their residential to Blacklands. The children were all a pleasure to be with & excelled themselves trying new activities including high rope climbing, kayaking, fire-making & caving'. So many memories were made by everyone including daily wake up songs, games of '21' in the woods and late night raves in the marquee. It was a great way to celebrate the end of Year 6!



Year 6 Blacklands Trip



Girls Football

The Girl's Year 6 Football Team played their final match for Hove Juniors on Wednesday in a much anticipated 'friendly' against Brunswick.

Due to the match being their last, we decided to play a 9v9 so that the whole team could attend. Following the very positive 2-0 display in their last outing away at Hangleton, we started with a similar team and certain players in the same positions from the outset.

This worked well for us and the match began very evenly. Brunswick pushed forwards more in the earlier stages, but India and Sara were, as usual, very solid at the back, clearing any danger away effectively and leaving Erin with a quiet first half in goal.

As the game continued, we started to grow in confidence and at the other end of the pitch, Eloise and Narimene frequently combined well to put pressure on the Brunswick defence.

Heading into the second half, we increased the pressure and dominated throughout. Brunswick had a couple of very good chances on the break, including one that looked destined for the back of the net. However, Erin made good saves to deny a goal and looked assured between the sticks.

As the game headed towards the final whistle, we continued to push hard for a goal. We came close, but we just couldn't find the net and the match finished 0-0. Despite the unremarkable scoreline, the match was an entertaining one and it felt like a very positive performance to end the season on.

The only negative was right at the end of the match. Sara, unfortunately, sustained a wrist fracture after falling from a tackle. She was very brave following the injury and we are wishing her a speedy recovery! She has been one of the standout players this year.

Well done to all of the players involved with the team this year. There has been a clear improvement in performances, particularly of late, and the enthusiasm from the team has been strong throughout.

Girls Football

Good luck to all of the girls moving up to year 7 - We hope you continue to represent your school teams going forward...and also good luck to the coaches of these teams who will, no doubt, have to handle a large volume of "can I go on now?!" requests from the subs bench! 😊

Have a great summer!





End of Reception Celebration!

Please join us for an afternoon of singing and sharing our work. We cannot wait to celebrate the end of your child's first year at school with you!

Friday 21st July-2pm Meet at the top gate!

AFTER SCHOOL CLUB

AUTUMN TERM '23 BOOK NOW



"MY DAUGHTER
ASKED IF SHE CAN
ATTEND THE CLUB
UNTIL SHE
LEAVES SCHOOL"



"I'VE SEEN
MY SON'S
CONFIDENCE
GROW DURING
HIS TIME SPENT
AT THE CLUB."

FUN, EXERCISE, FRESH AIR & DIFFERENT ACTIVITIES EVERY WEEK

NEW ACTIVITIES FOR THIS TERM INCLUDE:

BUSHCRAFT FIRE
MARSHMALLOWS & S'MORES MAKING
FLOSS EMBROIDERY NATURE WEAVING
MINECRAFT MAKING
TEAM BUILD CHALLENGES
ROCKET BALL FRISBEE FOOTBALL
NINJA SCAVENGER HUNT
NERF – ZOMBIE APOCALYPSE
THE KEY INGREDIENT LOTS OF FUN!

WATCHING CHILDREN'S
CONFIDENCE GROW &
NEW FRIENDSHIPS FORM
AT OUR CLUBS IS ONE OF
THE MOST REWARDING
THINGS WE DO.

HOVE JUNIORS
HOLLAND ROAD
TUESDAYS 3:05 - 4:20PM
YEARS 1 - 6

CLUBS RUN 12TH SEPT - 12TH DEC 2023
TOTAL COST: £104 / 13-WEEK TERM

The
Outdoors
Project

MORE INFO & BOOK: WWW.THEOUTDOORSPROJECT.CO.UK

HOLIDAY CLUBS - BIRTHDAY PARTIES - SCHOOL WORKSHOPS - AFTER SCHOOL CLUBS - SAILINGS PARENT & TODDLER GROUP

OFSTED REGISTERED & CHILDCARE VOUCHERS ACCEPTED

Hangleton & Knoll Parent/Carer Group

Are you the parent/carers of a child with
additional needs and/or a disability?

COFFEE MORNING

Come and meet other families in a similar
situation at one of our coffee mornings.

No need to have a diagnosis, no need to
book, we are a friendly group, just turn up.

St Richards Community Centre
Egmont Rd
Hove BN3 7FP

Tuesday 18th July 23

9.30am - 10am

Drop in for a cuppa and a chat with other parent/carers

10am - 11am

Transition is the theme

What happens in the school year before moving onto a new school or college?
Facilitated by an Amaze SENDIASS adviser, aimed at parents/carers of children
currently in year 1 (infant school), year 5 and year 10.

ALL are welcome regardless of your child's age.

11am - 11.30am

Questions and clear up



WANT TO KNOW MORE?

CONTACT ONE OF OUR PARENT VOLUNTEERS

LOUISE 01273 905549 / 07990728830

RHIANYDD 01273 733126 / 07897533007



The Hangleton
& Knoll Project

Working for a better community

Coping with Challenging Behaviour

As the summer approaches, you may be wondering how you are going to manage meltdowns. Help is at hand - Connective Family has produced a free guide to 'Managing Meltdowns'. Connective Family is an organisation that supports professionals and parents and carers through Connective Parenting. There are free resources and advice on their website. You can access the website here. You can download the free guide to managing meltdowns here.

<https://connectivefamily.com/coping-with-challenging-behaviours/>





PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023

COURTESY OF MONEY SAVING CENTRAL



ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

TRAVELODGE

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

HUNGRY HORSE

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 & get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

BILLS

2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

SA BRAINS PUBS

Children can eat for £1 with any adult main. Valid All Day Wednesdays

FUTURE INNS

Under 12's eat for free with any adult meal. During the school holidays

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

YO! SUSHI

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

TO BE CONFIRMED...

M&S and Farmhouse Inns



Midday Supervisor required

Hove Junior School & West Hove Infant School - **Holland Road site**

Monday to Friday 12.00 – 1.00 pm (5 days per week)

Paid weeks per year 43.78

Hourly rate £11.81

We are looking for an MDSA to work with our friendly and supportive team of lunchtime staff and play leaders. You will need to:

- Supervise our children during lunchtimes, both in the playground and in the canteen
- Have a firm and fair approach with children from Reception to Year 6
- Have good inter-personal skills and a calm manner
- Be either first-aid trained or willing to undertake similar training

Closing date 8th September 2023

Interview date 15th September 2023

Start date: TBC

To apply for this job, please complete an application form and return to the school office or email it to:

pambarry@hovejun.brighton-hove.sch.uk

Employment under the Federated Board includes all locations/sites where both schools operate. Under this contract, you may be asked to work across different locations under the Federated Board, either temporarily or permanently

We are proud that our school is a culturally rich and diverse place of learning, and we are keen to encourage people from diverse ethnic backgrounds to apply and join our staff team. The school has a strong focus on Equality, Diversity & Inclusion for our pupils, staff and governors and we are passionate about creating an environment where every pupil can thrive. We are also very proud that Hove Junior School is an Inclusion Quality Mark (IQM) Centre of Excellence.

Hove Junior School and West Hove Infant School are committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. All new staff will be DBS (Disclosure Barring Service) checked at an advanced level.



Midday Supervisors required

Hove Junior School – based at **Portland Road site**

Monday to Friday 12.20 – 1.20 pm (5 days per week)

Paid weeks per year 43.78

Hourly rate £11.81

We are looking for MDSAs to work with our friendly and supportive team of lunchtime staff and play leaders. You will need to:

- Supervise our children during lunchtimes, both in the playground and in the canteen

- Have a firm and fair approach with children from Year 3 to Year 6

- Have good inter-personal skills and a calm manner

- Be either first-aid trained or willing to undertake similar training

Hove Learning Federation is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

Closing date 19th July 2023

Interview date TBC

Start date 4th September 2023

To apply for this job, contact Kate Newman, Office Manager

Email: katenewman@hovejun.brighton-hove.sch.uk



Sun Safety at school!

The last six weeks of school are set to be waaarm! Keep your children safe in the sun with these top tips:

1. Make sure your child brings water to school each day. Adding an ice cube or frozen berries to it makes it extra refreshing!
2. Use a roll on sunscreen for easy application in the mornings. Your child can bring these to school but must apply them themselves. Add a name in permanent pen to avoid losing it!
3. Hats and sunglasses are great for midday play. Do not forget to label with a permanent pen.
4. Snacks with a high water content like grapes are great for the end of day. Frozen fruit juice lollies are also popular!
5. If buying a summer uniform for your child is a challenge, we have pre-loved ones available. Please speak to your class teacher, or a member of staff you feel comfortable talking to. We're here to help!

Wishing you a happy and safe summer season,

The PSHE Team



HOLLAND RD PTA
PRESENTS

SUMMER FAIR

SATURDAY 15TH JULY
11AM TO 3PM

**HOVE INFANT & JUNIOR SCHOOL,
HOLLAND ROAD**

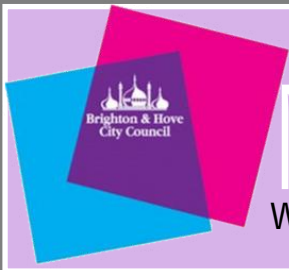
FREE ENTRY

JOIN US FOR LOTS OF FUN!

- **GIANT BOUNCY CASTLE •**
- **FACE PAINTING •**
- **LUCKY DIP •**
- **CAKE STALL •**
- **RAFFLE •**
- **ENTERTAINMENT •**
- **TOMBOLAS •**
- **BBQ, BAR & MILKSHAKES •**
- AND MUCH MORE!**



PARENT VOLUNTEERS NEEDED – EMAIL US NOW!
hollandroadpta@hotmail.com OR SCAN THE QR CODE



MHST newsletter: Transition

Welcome to this edition of the MHST newsletter!

Psychoeducation



We wanted to dedicate this newsletter to the transition from primary to secondary school, as we know that this change can be an exciting time, but also a little bit scary for some. Children don't know what to expect, whether they will easily make new friends and whether they will like it there. Secondary schools are typically a lot larger than primary schools, there are new teachers, new classrooms and new subjects to study. All the unknowns might lead to worries, for example worries about getting lost, being late, detentions, homework, losing old friends, being with older peers... Or your child might feel sad about leaving their old school behind, where they had good friends, liked their teachers and had a good time over the years. Whatever the reasons, transition is easier when we talk about what to expect. We wanted to reach out to all of you who might have a child who is struggling with the prospect of transitioning to secondary school, offer you some tips and strategies so that you, as a parent, can help your child through this time.

Visiting the school and getting an idea of the environment can help put your child at ease on the first day. Open days and orientation evenings are also a great chance to meet others who will be in the same situation. Maybe go on the bus together even if you usually drive.

Maintaining friendships and making new friends over the summer is bound to be helpful, as they'll likely only know a handful of people beforehand. For example, get them involved in community activities or holiday clubs.

Schedules and timetables will vary from day to day, and children are responsible for their own homework schedule. It might be helpful to offer your child more opportunities to plan their own schedules and be in control of this during the lead up to the transition.

To prepare for the increased homework demands, it is useful to set aside an area at home where they can focus and concentrate. Homework levels will increase at secondary school, so there may need to be a good balance between social activities, clubs, etc.

Managing independence becomes more important during the secondary school period. Your child may walk to school alone, or want to meet their new friends for parties. Why not sit down with your child and decide on the ground rules; think curfews, parties, and dating...

Top Tips



Strategies



Reframe the what ifs

what if i fail?

what if i excel?

what if i go and have a terrible time?

what if i'll have the time of my life?

what if none of this is worth it?

what if i can create my own purpose?

what if they'll hate me?

what if they'll be my new friends?

what if i'll never be good enough?

what if i already am?

what if i never achieve this goal?

what if trying my best is good enough?

Worry management

Sometimes children really struggle to manage all the worries they have going round in their heads. They might be thinking of “what if...” questions that focus on the things that might go wrong. One way to help your child is to ask whether there is anything they can do to solve the worry. For example, if they worry they will get lost on the way to their new school, you can practice the route together, until they feel confident they know it. However, sometimes there are worries that do not have any concrete solution, or you’ve already put plans in place to address the worry. If this is the case, it is not helpful to keep thinking about it, (this won’t solve the situation or make anything better, in fact it often tends to do the opposite)! For example, if they worry about being in a class with people they don’t know, thinking won’t change anything, as that is out of their control. Therefore, it might be more helpful to let the worry go, and move the focus to other things, such as reading a book, playing a game or anything fun to distract. We know that the mind isn’t that good at doing two things at once, so once we occupy it with something else, the worries are bound to drift into the background.

Seeing the other side

The other thing our minds aren’t so good at, is seeing the positives. We’re evolutionarily programmed to be aware of danger and things that might go wrong, as this helps us prepare and deal with those situations. However, in the case of worrying, this isn’t always helpful, and we can counter this tendency, by encouraging our children to see the other side of the coin. Instead of thinking of the things that can go wrong, you can encourage them to think about how things might work out. It might be helpful to ask questions that help them reflect on times in the past where they have managed things well.

Other helpful resources

Young Minds Top Ten Tips: <https://www.youngminds.org.uk/media/20djlktz/top-ten-tips-for-parents.pdf>

Booklet for parent from Anna Freud: <https://www.annafreud.org/schools-and-colleges/resources/supporting-childrens-transition-to-secondary-school-guidance-for-parents-and-carers/>

Transitioning to Secondary School – BBC Bitesize:

<https://www.bbc.co.uk/teach/transitioning-to-secondary-school/zkc9pg8>

For further support in Brighton and Hove:

Mental Health Support Team: can offer one to one or group intervention for children and teens with low mood. Please contact your school SENCO or Jaki Watkins: jaki.watkins@brighton-hove.gov.uk

Schools Wellbeing Service: can offer consultation and advice from Primary Mental Health Workers. Please email swsconsultationline@brighton-hove.gov.uk to organise an appointment.

Community Wellbeing Service: can offer one to one and group intervention for mild to moderate mental health difficulties. Please visit www.brightonandhovewellbeing.org for further information.

CAMHS: can offer intervention, assessments, and support for moderate to severe mental health difficulties. Please visit www.sussexcamhs.nhs.uk for further information.

Signposting

Helpful Apps:



Calm Harm

Reduce urges to self-harm and manage emotions in a more positive way

Free



Catch It

Learn to manage negative thoughts and look at problems differently

Free



ThinkNinja

ThinkNinja is an app that helps 10 to 18 year olds learn about and manage their mental health

Free during the coronavirus (COVID-19) crisis



Supporting a child with anxiety

a course for parents/carers

Growing numbers of children are experiencing anxiety – affecting their mood, relationships and behaviour. It can be hard for parents/carers to know how to respond and provide effective support.

Help your child learn ways to manage worries

This short online course (2 x 90 minute sessions) covers what children and young people need most when anxiety takes hold, focusing on:

- The importance of empathy in supporting them
- Ways to help young people recognise and challenge negative, self-limiting beliefs
- Practical strategies to help manage anxiety

For dates, times and how to book visit www.adulteducation.brighton-hove.gov.uk or email AEH@brighton-hove.gov.uk or call 01273 292828



Courses are **free** to anyone on a low income or in receipt of a means-tested benefit. A fee of £15 applies otherwise.

Courses are run separately for parents/carers of children aged 4-11 and 11-18.



Building a child's resilience

a course for parents/carers

Many children and young people lack the confidence to try new challenges, avoiding new things because they're unfamiliar. It may seem they're missing out on opportunities.

Help your child build self-esteem to overcome challenges

This short online course (2 x 90 minute sessions) supports parents/carers with strategies to build a young person's resilience. It looks at ways to:

- Help young people realise what they're capable of
- Encourage their autonomy to increase confidence
- Guide them in moving forward by taking safe, considered risks
- Help them express emotions in ways that are healthy

For dates, times and how to book visit www.adulteducation.brighton-hove.gov.uk or email AEH@brighton-hove.gov.uk or call 01273 292828



Courses are **free** to anyone on a low income or in receipt of a means-tested benefit. A fee of £15 applies otherwise.

Courses are run separately for parents/carers of children aged 4-11 and 11-18.



Fun workshops
for girls aged
6-15 and their
mothers or other
female guardians

Mothers & daughters confidence circles

Various Brighton
and Hove venues
with one-off
workshops or
courses

Helping girls and women feel happy, healthy,
confident and safe in their bodies.

With Claudine Nightingill-Rane

Well-being, confidence and body image coach for mums and daughters



As mums, we want to ensure confidence, self-compassion, and solid self-esteem for our girls. Building resilience against the pressures they will face as they grow up, to look and be a certain way, from social media, peers, diet and beauty culture, to help them know they are good enough



Join me and my daughter (for the younger age groups) - along with a small group of mums and girls for workshops with age-appropriate activities, discussions and games.



You'll both leave the informative, relaxed sessions feeling a new sense of appreciation for yourselves and each other.

Refreshments and crafting supplies are included.

To book search Eventbrite: "Mothers and Daughters Circles"
[www.eventbrite.com/cc/mothers-and-daughters-confidence-circles-](https://www.eventbrite.com/cc/mothers-and-daughters-confidence-circles-1919219)

[1919219](https://www.eventbrite.com/cc/mothers-and-daughters-confidence-circles-1919219)

[for more info and FAQs](#)

Free School Meals / Pupil Premium Funding

Dear Parents/Carers,

Your child may be entitled to **Free School Meals** if you are in receipt of any of the following:

- Income Support
- income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

In addition, **Pupil Premium funding** is available to schools for all children that are in receipt of Free School Meals. It means that Hove Junior School can get extra money to support your child. For every child registered for Free School Meals the school receives £1,385 in Pupil Premium a year. With this money, we can improve maths, reading and writing, promote positive attitudes towards learning and provide quality of opportunity and equal access to school activities.

By completing an application you can make a difference to the amount of funding the school receives. Please help us to receive the money the school is entitled to by making an application <https://www.brighton-hove.gov.uk/contact-council/apply-free-school-meals> or download an application <https://www.brighton-hove.gov.uk/node/20866>. All applications are completely confidential.

If you would like to discuss this further, please contact the school office.

Yours sincerely,

Mrs Maddie Southern
Headteacher



SUMMER OFFER
10% OFF ALL SCHOOL UNIFORM
PURCHASED ONLINE
THROUGHOUT JULY

Industrial House, Conway Street,
Hove, BN3 3LW

Telephone: 01273 321209
Monday-Friday 9.00am to 5.00

Visit our website, logosports.co.uk

All internet orders can be dispatched to
your address or collected from the shop

Internet discount code JULY23

This offer is only valid on items purchased between 01/07/23 & 31/07/23



Cornerstone Food Bank

Cornerstone Community Centre, Church Rd, Hove

(corner of First Ave and Church Rd, BN3 2FL)

Telephone: 01273 327757 / 07483 819 293

(mobile Thu/Fri only)

Are you on a low income, no income, in debt,
or JAM (just about managing!) We're here to help!

Our food bank is open from 13.00 to 15.00 every Friday. We provide a good selection of fresh protein and fruit & veg which varies every week, depending on the donations we receive from Fairshare, as well as tinned and dried goods. **Friday afternoons from 1pm**

BY APPOINTMENT ONLY.

Book a slot to collect.

Call 07483 819293

Email: cornerstonefoodbank3@gmail.com

or call in the office to give us your details

Cost of Living

For useful information on the Cost of Living crisis, please click on this link:

<https://www.which.co.uk/topic/cost-of-living>

Brand Vaughan
are proud to be
partnered with
West Hove Infant
School and Hove
Junior School.

brand
vaughan

Sell or let your property with Brand Vaughan and receive
20% off our standard selling or lettings fee.

Each time you sell or let your property through Brand Vaughan, West Hove Junior School will receive **10%** of the referred selling or letting fee.

Our partnership with West Hove Junior school, not only benefits you, but also benefits your children's school.

Speak to our team today, we offer free, no obligation valuations.

Use code **WESTHOVEBV20** to claim your
20% discount.



Sales

Jimmy Atkins
01273 22 11 02



Lettings

Jenna Miles
01273 22 11 01