



**WEST HOVE  
INFANT SCHOOL**  
.....  
**A family of friends**



# Hove Learning Federation School/Portland Road Newsletter



Friday 14 July 2023

Dear Families,

As we come to the end of another busy and successful term, I would like to thank all of our staff, pupils and families for their continued support and hard work. We wish our year six leavers good luck and success in their new schools.

Thank you to all of the staff and parents/carers who helped on the year 6 residential trip this year. We took all of our year 6 pupils from both sites, and we would not be able to run events like these without the support from our fantastic team of helpers. We are also looking forward to the year six productions next week on both sites, and each year groups' end of year celebrations.

Our EYFS, KS1/2 results for this year have now come through and I just wanted to say well done to our pupils and staff teams for another fantastic year. We have continued to maintain higher than national and local results in reading, writing and maths, with a high proportion of our pupils achieving greater depth.

All of our staff across the sites support the children's education through the school, and we are indebted to their hard work and care across their primary journey.

## **End of Year Annual Reports to Parents/Carers**

Your child will be bringing their end of year reports home on Monday. I'm sure you will find them informative and insightful. If you do have any questions or want to discuss it in more detail, please either speak to the teacher on Wednesday afternoon for the fabulous finishes at the junior school, or make a separate appointment.



## Annual Questionnaire

Thank you for completing our annual questionnaire. The deadline was today, and we will be publishing these results in September.

Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School

[admin@westhove-inf.brighton-hove.sch.uk](mailto:admin@westhove-inf.brighton-hove.sch.uk)

01273 733386

Hove Junior School

[portlandroadenquiries@hovejun.brighton-hove.sch.uk](mailto:portlandroadenquiries@hovejun.brighton-hove.sch.uk)

01273 916609

Hove Junior School Inclusion Team

[inclusionteam@hovejun.brighton-hove.sch.uk](mailto:inclusionteam@hovejun.brighton-hove.sch.uk)

01273 916609

Best wishes,

Maddie Southern and Ben Massey

## Diary Dates

**14th July** - Portland Road Juniors Summer Fair

**17th July** - Y6 dress rehearsal and evening productions

**19th July** - YR Celebration Assembly

**19th July** - Juniors open afternoon and art gallery

**20th July** - Y2 Leavers Celebration

**20th July** - Y6 Silent Disco

**21st July** - Last Day of Term



# Reception Pirate Day!

Year R had a exciting day when they dressed up as Pirates and climbed aboard their Pirate ships to sail the Seven Seas. They spend the day doing pirate activities and had a visit from Pirate Captain Al Start. Captain Al took them on a pirate adventure through an amazing musical pirate show where they had to help find all the parts of a missing treasure map and help them find the treasure at the end.





# Reception Sports Day

This week the reception Classes held their Sports day in the playground. The children took part in seven different activities to test their skills including football dribbling, foam Javelin throwing, hockey stick and ball dribbling, welly throwing, balancing obstacle course, hurdles, and balancing a beanbag on a bat as they ran. Great fun was had by all as we cheered on our classmates and all our hard work ended with a special treat of an ice lolly in the sunshine.





## Year 4 Trip to Yellowwave

Last week, as part of sports week, Year 4 were lucky enough to enjoy a trip to Yellowwave. Throughout the day, we not only learnt some excellent Volleyball skills and tactics, we also took part in a big beach clean-up, created some beautiful ocean art and ended the day with an exciting ride on the Volks Railway. Despite the rain, we had a fantastic time from start to finish and created lots of great memories.







# Year 6 Blacklands Trip - THANK YOU!

Year 6 would like to take the opportunity to say a huge thank you to all of the adults who volunteered their time, energy and effort to make our recent trip to Blacklands possible. The children were lucky to have such fun, caring and supportive adults on hand to make their trip memorable and safe. We owe you a huge debt of gratitude as without you the trip wouldn't have been possible.

Thank you so much Rosa, Piers, Robert, Lucy and Martin!





# Year 6 Blacklands Trip





# Wimbledon Theme Day!

On Thursday 6th July the children were treated to a Wimbledon themed lunch, including the incredible Wimbledon cookies which Catering Manager Nick made using cutters made in a 3D printer! Lots of fun was had by all.

A huge THANK YOU to Nick and the whole catering team, for all the effort you went to for this fun occasion.







# Jackie Nicholson

With a heavy heart we'll be saying goodbye to a much loved Infants staff member, Jackie Nicholson. Many of your children would have either had her as a TA or attended her excellent art club. Jackie has been at the Infants for 28 years and we will miss her so much, but we wish her a wonderful retirement and good luck with her future adventures.



Seahorses class, West Hays Infant School, 1998



# SUMMER FAIR



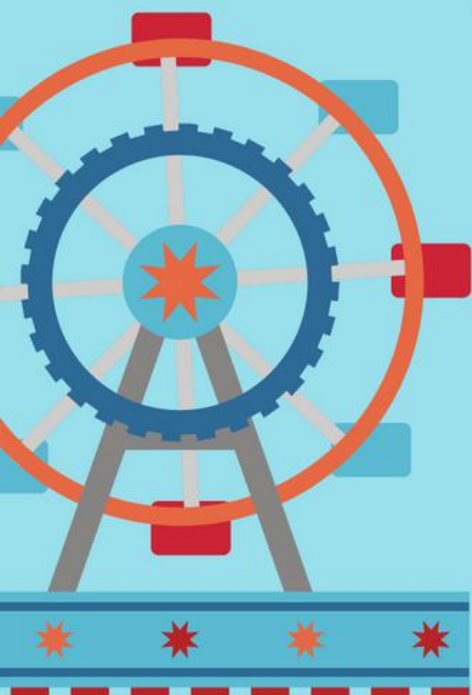
Friday 14th July  
2pm to 5pm

HOVE JUNIOR SCHOOL  
PORTLAND ROAD

FREE ENTRY

JOIN US FOR LOTS OF FUN!

- FOOD AND DRINK •
- BOWLING ALLEY •
- BUNGEE RUN •
- BEAT THE GOALIE •
- BOUNCY CASTLE •
- HAIR BRAIDING •
- MUSIC •
- DANCING •
- RAFFLE •
- AND MORE!





# Hangleton & Knoll Parent/Carer Group

Are you the parent/carers of a child with  
additional needs and/or a disability?

## COFFEE MORNING

Come and meet other families in a similar  
situation at one of our coffee mornings.

No need to have a diagnosis, no need to  
book, we are a friendly group, just turn up.

St Richards Community Centre  
Egmont Rd  
Hove BN3 7FP

Tuesday 18th July 23

9.30am - 10am

Drop in for a cuppa and a chat with other parent/carers

10am - 11am

Transition is the theme

What happens in the school year before moving onto a new school or college?  
Facilitated by an Amaze SENDIASS adviser, aimed at parents/carers of children  
currently in year 1 (infant school), year 5 and year 10.

ALL are welcome regardless of your child's age.

11am - 11.30am

Questions and clear up



WANT TO KNOW MORE?

CONTACT ONE OF OUR PARENT VOLUNTEERS

LOUISE 01273 905549 / 07990728830

RHIANYDD 01273 733126 / 07897533007



The Hangleton  
& Knoll Project

Working for a better community



# AFTER SCHOOL CLUB

## AUTUMN TERM '23 BOOK NOW



"MY DAUGHTER  
ASKED IF SHE CAN  
ATTEND THE CLUB  
UNTIL SHE  
LEAVES SCHOOL"



"I'VE SEEN  
MY SON'S  
CONFIDENCE  
GROW DURING  
HIS TIME SPENT  
AT THE CLUB."

FUN, EXERCISE, FRESH AIR & DIFFERENT ACTIVITIES EVERY WEEK

NEW ACTIVITIES FOR THIS TERM INCLUDE:

**BUSHCRAFT FIRE**  
**MARSHMALLOWS & S'MORES MAKING**  
**FLOSS EMBROIDERY NATURE WEAVING**  
**MINECRAFT MAKING**  
**TEAM BUILD CHALLENGES**  
**ROCKET BALL FRISBEE FOOTBALL**  
**NINJA SCAVENGER HUNT**  
**NERF – ZOMBIE APOCALYPSE**  
**THE KEY INGREDIENT LOTS OF FUN!**

WATCHING CHILDREN'S  
CONFIDENCE GROW &  
NEW FRIENDSHIPS FORM  
AT OUR CLUBS IS ONE OF  
THE MOST REWARDING  
THINGS WE DO.

**HOVE JUNIOR SCHOOL**  
**PORTLAND ROAD**  
**TUESDAYS 3:10 - 4:20PM**  
**YEARS 3 - 6**

**CLUBS RUN 12TH SEPT - 12TH DEC 2023**  
**TOTAL COST: £104 / 13-WEEK TERM**

The  
**Outdoors**  
Project

**MORE INFO & BOOK: [WWW.THEOUTDOORSPROJECT.CO.UK](http://WWW.THEOUTDOORSPROJECT.CO.UK)**

HOLIDAY CLUBS - BIRTHDAY PARTIES - SCHOOL WORKSHOPS - AFTER SCHOOL CLUBS - SABLINGS PARENT & TODDLER GROUP

OFSTED REGISTERED & CHILDCARE VOUCHERS ACCEPTED





# Sun Safety at school!

The last six weeks of school are set to be waaarm! Keep your children safe in the sun with these top tips:

1. Make sure your child brings water to school each day. Adding an ice cube or frozen berries to it makes it extra refreshing!
2. Use a roll on sunscreen for easy application in the mornings. Your child can bring these to school but must apply them themselves. Add a name in permanent pen to avoid losing it!
3. Hats and sunglasses are great for midday play. Do not forget to label with a permanent pen.
4. Snacks with a high water content like grapes are great for the end of day. Frozen fruit juice lollies are also popular!
5. If buying a summer uniform for your child is a challenge, we have pre-loved ones available. Please speak to your class teacher, or a member of staff you feel comfortable talking to. We're here to help!

Wishing you a happy and safe summer season,

The PSHE Team





# PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023

COURTESY OF MONEY SAVING CENTRAL



## ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

## TESCO

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

## SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

## BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

## THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

## TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

## TRAVELODGE

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

## HUNGRY HORSE

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

## PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

## SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

## IKEA

Kids get a meal from 95p daily from 11am

## MORRISONS

Spend £4.49 & get one free kids meal all day, every day.

## GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

## PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

## BILLS

2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023

## BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

## WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

## SA BRAINS PUBS

Children can eat for £1 with any adult main. Valid All Day Wednesdays

## FUTURE INNS

Under 12's eat for free with any adult meal. During the school holidays

## PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

## YO! SUSHI

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

## TO BE CONFIRMED...

M&S and Farmhouse Inns





# Coping with Challenging Behaviour

As the summer approaches, you may be wondering how you are going to manage meltdowns. Help is at hand - Connective Family has produced a free guide to 'Managing Meltdowns'. Connective Family is an organisation that supports professionals and parents and carers through Connective Parenting. There are free resources and advice on their website. You can access the website here. You can download the free guide to managing meltdowns here.

<https://connectivefamily.com/coping-with-challenging-behaviours/>





## Midday Supervisors required

Hove Junior School – based at Portland Road site

Monday to Friday 12.20 – 1.20 pm (5 days per week)

Paid weeks per year 43.78

Hourly rate £11.81

We are looking for MDSAs to work with our friendly and supportive team of lunchtime staff and play leaders. You will need to:

- Supervise our children during lunchtimes, both in the playground and in the canteen
- Have a firm and fair approach with children from Year 3 to Year 6
- Have good inter-personal skills and a calm manner
- Be either first-aid trained or willing to undertake similar training

Hove Learning Federation is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

Closing date 19th July 2023

Interview date TBC

Start date 4th September 2023

To apply for this job, contact Kate Newman, Office Manager

Email: [katenewman@hovejun.brighton-hove.sch.uk](mailto:katenewman@hovejun.brighton-hove.sch.uk)





## Midday Supervisor required

Hove Junior School & West Hove Infant School - **Holland Road site**

Monday to Friday 12.00 – 1.00 pm (5 days per week)

Paid weeks per year 43.78

Hourly rate £11.81

We are looking for an MDSA to work with our friendly and supportive team of lunchtime staff and play leaders. You will need to:

- Supervise our children during lunchtimes, both in the playground and in the canteen
- Have a firm and fair approach with children from Reception to Year 6
- Have good inter-personal skills and a calm manner
- Be either first-aid trained or willing to undertake similar training

Closing date 8th September 2023

Interview date 15th September 2023

Start date: TBC

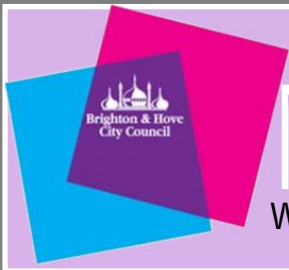
To apply for this job, please complete an application form and return to the school office or email it to:

[pambarry@hovejun.brighton-hove.sch.uk](mailto:pambarry@hovejun.brighton-hove.sch.uk)

Employment under the Federated Board includes all locations/sites where both schools operate. Under this contract, you may be asked to work across different locations under the Federated Board, either temporarily or permanently

We are proud that our school is a culturally rich and diverse place of learning, and we are keen to encourage people from diverse ethnic backgrounds to apply and join our staff team. The school has a strong focus on Equality, Diversity & Inclusion for our pupils, staff and governors and we are passionate about creating an environment where every pupil can thrive. We are also very proud that Hove Junior School is an Inclusion Quality Mark (IQM) Centre of Excellence.

Hove Junior School and West Hove Infant School are committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. All new staff will be DBS (Disclosure Barring Service) checked at an advanced level.



# MHST newsletter: Transition

Welcome to this edition of the MHST newsletter!

## Psychoeducation



We wanted to dedicate this newsletter to the transition from primary to secondary school, as we know that this change can be an exciting time, but also a little bit scary for some. Children don't know what to expect, whether they will easily make new friends and whether they will like it there. Secondary schools are typically a lot larger than primary schools, there are new teachers, new classrooms and new subjects to study. All the unknowns might lead to worries, for example worries about getting lost, being late, detentions, homework, losing old friends, being with older peers... Or your child might feel sad about leaving their old school behind, where they had good friends, liked their teachers and had a good time over the years. Whatever the reasons, transition is easier when we talk about what to expect. We wanted to reach out to all of you who might have a child who is struggling with the prospect of transitioning to secondary school, offer you some tips and strategies so that you, as a parent, can help your child through this time.

Visiting the school and getting an idea of the environment can help put your child at ease on the first day. Open days and orientation evenings are also a great chance to meet others who will be in the same situation. Maybe go on the bus together even if you usually drive.

Maintaining friendships and making new friends over the summer is bound to be helpful, as they'll likely only know a handful of people beforehand. For example, get them involved in community activities or holiday clubs.

Schedules and timetables will vary from day to day, and children are responsible for their own homework schedule. It might be helpful to offer your child more opportunities to plan their own schedules and be in control of this during the lead up to the transition.

To prepare for the increased homework demands, it is useful to set aside an area at home where they can focus and concentrate. Homework levels will increase at secondary school, so there may need to be a good balance between social activities, clubs, etc.

Managing independence becomes more important during the secondary school period. Your child may walk to school alone, or want to meet their new friends for parties. Why not sit down with your child and decide on the ground rules; think curfews, parties, and dating...

## Top Tips





# Strategies



## Reframe the what ifs

what if i fail?

what if i excel?

what if i go and have a terrible time?

what if i'll have the time of my life?

what if none of this is worth it?

what if i can create my own purpose?

what if they'll hate me?

what if they'll be my new friends?

what if i'll never be good enough?

what if i already am?

what if i never achieve this goal?

what if trying my best is good enough?

## Worry management

Sometimes children really struggle to manage all the worries they have going round in their heads. They might be thinking of “what if...” questions that focus on the things that might go wrong. One way to help your child is to ask whether there is anything they can do to solve the worry. For example, if they worry they will get lost on the way to their new school, you can practice the route together, until they feel confident they know it. However, sometimes there are worries that do not have any concrete solution, or you’ve already put plans in place to address the worry. If this is the case, it is not helpful to keep thinking about it, (this won’t solve the situation or make anything better, in fact it often tends to do the opposite)! For example, if they worry about being in a class with people they don’t know, thinking won’t change anything, as that is out of their control. Therefore, it might be more helpful to let the worry go, and move the focus to other things, such as reading a book, playing a game or anything fun to distract. We know that the mind isn’t that good at doing two things at once, so once we occupy it with something else, the worries are bound to drift into the background.

## Seeing the other side

The other thing our minds aren’t so good at, is seeing the positives. We’re evolutionarily programmed to be aware of danger and things that might go wrong, as this helps us prepare and deal with those situations. However, in the case of worrying, this isn’t always helpful, and we can counter this tendency, by encouraging our children to see the other side of the coin. Instead of thinking of the things that can go wrong, you can encourage them to think about how things might work out. It might be helpful to ask questions that help them reflect on times in the past where they have managed things well.

## Other helpful resources

Young Minds Top Ten Tips: <https://www.youngminds.org.uk/media/20djlktz/top-ten-tips-for-parents.pdf>

Booklet for parent from Anna Freud: <https://www.annafreud.org/schools-and-colleges/resources/supporting-childrens-transition-to-secondary-school-guidance-for-parents-and-carers/>

Transitioning to Secondary School – BBC Bitesize:

<https://www.bbc.co.uk/teach/transitioning-to-secondary-school/zkc9pg8>

For further support in Brighton and Hove:

Mental Health Support Team: can offer one to one or group intervention for children and teens with low mood. Please contact your school SENCO or Jaki Watkins: [jaki.watkins@brighton-hove.gov.uk](mailto:jaki.watkins@brighton-hove.gov.uk)

Schools Wellbeing Service: can offer consultation and advice from Primary Mental Health Workers. Please email [swsconsultationline@brighton-hove.gov.uk](mailto:swsconsultationline@brighton-hove.gov.uk) to organise an appointment.

Community Wellbeing Service: can offer one to one and group intervention for mild to moderate mental health difficulties. Please visit [www.brightonandhove wellbeing.org](http://www.brightonandhove wellbeing.org) for further information.

CAMHS: can offer intervention, assessments, and support for moderate to severe mental health difficulties. Please visit [www.sussexcamhs.nhs.uk](http://www.sussexcamhs.nhs.uk) for further information.

# Signposting

## Helpful Apps:



**Calm Harm**

Reduce urges to self-harm and manage emotions in a more positive way

Free



**Catch It**

Learn to manage negative thoughts and look at problems differently

Free



**ThinkNinja**

ThinkNinja is an app that helps 10 to 18 year olds learn about and manage their mental health

Free during the coronavirus (COVID-19) crisis





# Supporting a child with anxiety

## a course for parents/carers

Growing numbers of children are experiencing anxiety – affecting their mood, relationships and behaviour. It can be hard for parents/carers to know how to respond and provide effective support.

### Help your child learn ways to manage worries

This short online course (2 x 90 minute sessions) covers what children and young people need most when anxiety takes hold, focusing on:

- The importance of empathy in supporting them
- Ways to help young people recognise and challenge negative, self-limiting beliefs
- Practical strategies to help manage anxiety

For dates, times and how to book visit [www.adulteducation.brighton-hove.gov.uk](http://www.adulteducation.brighton-hove.gov.uk) or email [AEH@brighton-hove.gov.uk](mailto:AEH@brighton-hove.gov.uk) or call 01273 292828



Courses are **free** to anyone on a low income or in receipt of a means-tested benefit. A fee of £15 applies otherwise.

Courses are run separately for parents/carers of children aged 4-11 and 11-18.



# Building a child's resilience

## a course for parents/carers

Many children and young people lack the confidence to try new challenges, avoiding new things because they're unfamiliar. It may seem they're missing out on opportunities.

### Help your child build self-esteem to overcome challenges

This short online course (2 x 90 minute sessions) supports parents/carers with strategies to build a young person's resilience. It looks at ways to:

- Help young people realise what they're capable of
- Encourage their autonomy to increase confidence
- Guide them in moving forward by taking safe, considered risks
- Help them express emotions in ways that are healthy

For dates, times and how to book visit [www.adulteducation.brighton-hove.gov.uk](http://www.adulteducation.brighton-hove.gov.uk) or email [AEH@brighton-hove.gov.uk](mailto:AEH@brighton-hove.gov.uk) or call 01273 292828



Courses are **free** to anyone on a low income or in receipt of a means-tested benefit. A fee of £15 applies otherwise.

Courses are run separately for parents/carers of children aged 4-11 and 11-18.





Fun workshops  
for girls aged  
6-15 and their  
mothers or other  
female guardians

## Mothers & daughters confidence circles

Various Brighton  
and Hove venues  
with one-off  
workshops or  
courses

Helping girls and women feel happy, healthy,  
confident and safe in their bodies.

With Claudine Nightingill-Rane

Well-being, confidence and body image coach for mums and daughters



As mums, we want to ensure confidence, self-compassion, and solid self-esteem for our girls. Building resilience against the pressures they will face as they grow up, to look and be a certain way, from social media, peers, diet and beauty culture, to help them know they are good enough



Join me and my daughter (for the younger age groups) - along with a small group of mums and girls for workshops with age-appropriate activities, discussions and games.



You'll both leave the informative, relaxed sessions feeling a new sense of appreciation for yourselves and each other.

Refreshments and crafting supplies are included.

To book search Eventbrite: "Mothers and Daughters Circles"  
[www.eventbrite.com/cc/mothers-and-daughters-confidence-circles-](http://www.eventbrite.com/cc/mothers-and-daughters-confidence-circles-1919219)

[1919219](http://www.eventbrite.com/cc/mothers-and-daughters-confidence-circles-1919219)

[for more info and FAQs:](#)

## Free School Meals / Pupil Premium Funding

Dear Parents/Carers,

Your child may be entitled to **Free School Meals** if you are in receipt of any of the following:

- Income Support
- income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

In addition, **Pupil Premium funding** is available to schools for all children that are in receipt of Free School Meals. It means that Hove Junior School can get extra money to support your child. For every child registered for Free School Meals the school receives £1,385 in Pupil Premium a year. With this money, we can improve maths, reading and writing, promote positive attitudes towards learning and provide quality of opportunity and equal access to school activities.

By completing an application you can make a difference to the amount of funding the school receives. Please help us to receive the money the school is entitled to by making an application <https://www.brighton-hove.gov.uk/contact-council/apply-free-school-meals> or download an application <https://www.brighton-hove.gov.uk/node/20866>. All applications are completely confidential.

If you would like to discuss this further, please contact the school office.

Yours sincerely,

**Mrs Maddie Southern**  
Headteacher





**SUMMER OFFER**  
**10% OFF ALL SCHOOL UNIFORM**  
**PURCHASED ONLINE**  
**THROUGHOUT JULY**

Industrial House, Conway Street,  
Hove, BN3 3LW  
Telephone: 01273 321209  
Monday-Friday 9.00am to 5.00

**Visit our website, [logosports.co.uk](http://logosports.co.uk)**

All internet orders can be dispatched to  
your address or collected from the shop

**Internet discount code JULY23**

**This offer is only valid on items purchased between 01/07/23 & 31/07/23**

# Cost of Living

For useful information on the Cost of Living crisis, please click on this link:

<https://www.which.co.uk/topic/cost-of-living>

**Brand Vaughan**  
are proud to be  
partnered with  
**West Hove Infant  
School and Hove  
Junior School.**

brand  
vaughan

Sell or let your property with Brand Vaughan and receive  
**20% off** our standard selling or lettings fee.

Each time you sell or let your property through Brand  
Vaughan, West Hove Junior School will receive **10%** of  
the referred selling or letting fee.

Our partnership with West Hove Junior school, not only  
benefits you, but also benefits your children's school.

**Speak to our team today, we offer free, no  
obligation valuations.**

Use code **WESTHOVEBV20** to claim your  
**20% discount.**



**Sales**

**Jimmy Atkins**  
01273 22 11 02



**Lettings**

**Jenna Miles**  
01273 22 11 01