



**WEST HOVE
INFANT SCHOOL**
.....
A family of friends



Hove Learning Federation School/Portland Road Newsletter

Friday 13th October 2023

Dear Families,

A huge thank you to all our families for your continued support this half-term. We all look forward to seeing you all after half term at the 'Parent/Carer Teacher Consultations'. These are in school on Tuesday 7th and Thursday 9th November. Details, including how to book slots on line, have been sent out last week. If you have trouble booking appointments, please contact the school office.

Free School Meals

At Hove Learning Federation we ensure that families who are eligible for pupil premium benefit directly from the extra money that this brings through free educational visits, subsidised residential trips and free club places. Please check to see if you are eligible to benefit from this important financial support, particularly during these challenging times. Even if you decide not to take up the whole offer, the school does still benefit from additional finance from the government for each child registered as receiving FSM. Check eligibility and apply via www.brighton-hove.gov.uk/schools, or visit the school office.

The half-term holiday will soon be upon us (Monday 23rd October to Friday 27th October). A reminder that Monday 30th October is an INSET day and the school will be closed to children.

Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School
admin@westhove-inf.brighton-hove.sch.uk
01273 733386



Hove Junior School
portlandroadenquiries@hovejun.brighton-hove.sch.uk
01273 916609

Hove Junior School Inclusion Team
inclusionteam@hovejun.brighton-hove.sch.uk
01273 916609

Best wishes,
Maddie Southern and Ben Massey

Diary Dates

20th October - Last Day of School
23rd - 27th October - Half Term
30th October - INSET Day
31st October - First day back for pupils
7th & 9th November - Parent/Carer Consultation Evenings
1st November - Spooky Disco - Portland Rd
1st November - Spooky Disco SR Year 1+2
2nd November - Spooky Disco SR Year R
14th November - Junior School Open Day for prospective parents and carers
20th November - Prospective parents and carers evening at Portland Road for Y2 parents/carers
8th December - Flu Vaccinations at SR and PR



Year 2

Year 2 have been learning all about significant people from the past in history. We have been comparing the achievements of Neil Armstrong, Mae Jemison, Bernard Harris Jnr and Tim Peake, and learning about why they were all pioneers in the field of space travel. The children really enjoyed working with their partners to create a collaborative timeline, including all the fun facts they know about each person.



Year 2



Year 5

On Friday 6th October Year 5 had a wonderful trip to the beach as part of their 'Brighton Rocks' topic. We used One Point Perspective drawing to sketch the seafront and used flotsam and jetsam to make art inspired by Andy Goldsworthy. Thank you to all of the parent volunteers who gave up their time to assist on the trip.



National Poetry Day

Last week, we celebrated National Poetry Day - it's an annual event that encourages everyone to make, experience and share poetry. We support it because voices, word and stories help to bridge understanding in our community and children love playing around with words without any need to write at length. We were so fortunate to be joined - in person - by famous poet, Roger Stevens, who ran assemblies and workshops across our infant and junior schools.



PE NEWS



We are delighted to announce that we have achieved the Gold Mark in 22-23!!

The School Games Mark is a Government-led award scheme launched in 2012, facilitated by the Youth Sport Trust to reward schools for their commitment to the development of competition across their school and into the community, and we are delighted to have been recognised for our success. We were awarded by the B&H Mayor Jackie O'Quinn and we had the opportunity to take pictures with her.

Our sporting achievements this year include attending:

Rugby League festivals, Cross Country at Waterhall, Basketball Festivals, Indoor Cricket tournaments, Indoor Cricket skills development, Let's Dance, Netball festivals, Multi skills Festivals, Hockey Festivals, Tri Golf, Outdoor Cricket tournaments, Withdean athletics and more.

Aspecial thanks to:

The children at Hove Junior School for their enthusiasm and efforts in sport this year, parents and carers for your continuous support, the office team for their unfailing efforts in helping to organise events and all staff at Hove Junior School for their dedication and commitment.

Free swimming for under 18s

Brighton & Hove City Council funds free swimming in the city for all children and young people aged 18 and under.

Where children can swim

Children can swim for free at:

- King Alfred Leisure Centre
- Prince Regent Swimming Complex
- St Luke's Community Swimming Pool
- Saltdean Lido (between May and August)

Supervision at swimming pools

Children under 8 years old must be supervised by a parent or adult (18 years or over) throughout their use of the pool facilities. There's a maximum of 2 children to 1 supervising adult.



#LETGIRLSPLAY Biggest ever football session - 8th March 2024

It's finally here, #LetGirlsPlay Biggest Ever Football Session registration is officially open!

[FIND OUT MORE](#)

[#LetGirlsPlay Biggest Football Session ever 8th March 2024](#)

Skateparks in Brighton & Hove

Wheeled sports such as skateboarding, BMX riding and scootering are very popular in the city. Find out here where you can practice, learn and about local skateboarding projects.

Skateparks:

Hove Lagoon skatepark

The Level skatepark

Hollingdean skatepark

Woodingdean skatepark

Saltdean Oval

BYC skatepark



Events and projects

BYC Girls Night

A female-only skateboard session at Brighton Youth Centre's indoor skatepark.

The group is for ages 13 and over.

Dates and times: Thursday, 6:30pm to 9pm.

Go Skate Project

A referral mental well-being programme for 13 to 19-year-olds who are anxious, low in mood or confidence.

The programme offers free skateboarding tuition in a safe and fun environment with qualified coaches at BYC Skatepark.

Skateboards, helmets and pads are all provided.

Year 4 interest!

Special Healthwalk - Romans on the Downs

Historical walk with David Cuthbertson.

Friday, 1st March 2024, 1.00pm

Details

Hear about how the Downs were important to the Romans, and find out why there weren't any posh villas on the beautiful hills between Brighton and Lewes, despite their stunning views. With walk leader David Cuthbertson.

4.5 miles. Very hilly. Ability level: 3 (moderate to difficult).

Booking information

Drop in, no booking required.

Summary

Address

Castle Hill National Nature Reserve car park, Woodingdean, off Falmer Road (B2123), just north of junction with Bexhill Road.

Grid reference: TQ356063.

Buses: 2, 22, 52.

Mission One: Family Philosophy Quest!

We have all started a new school year, made new friends and connected with old ones. But what is friendship? To complete the first mission, plan a time to sit down as a family and uncover your thoughts – leave no idea unturned!

Watch this short video to help you get started: <https://www.bbc.co.uk/cbeebies/watch/whats-the-big-idea-friends>



The big question: What is friendship? Does a friend have to be someone like me?

Do you agree or disagree? How might you build on or challenge the ideas shared? Answer the questions below to complete the mission.

Caring thinking

What tells you how a friend might be feeling about something?

Co-operative thinking

What sort of things it helpful to talk to your friends about?

Creative thinking

How many words can you come up with that link to friendship?







Critical thinking

When might it be right to tell a friend that you think they are doing the wrong thing?





Still buzzing with ideas? Complete the bonus thinking moves to show the superpower of perseverance!

 Think AHEAD What you can do with friends this term...	 Think BACK About your earliest memories of friends...	 CONNECT What likes and dislikes you share...
 DIVIDE What things you see differently from a friend...	 LISTEN/LOOK How your friends seem to be feeling today...	 ZOOM (in/out) Things you like about friends... Why friendship matters...



The BBC's 500 Words Competition is open!

It is the UK's largest story-writing competition for primary-aged children. Entries are invited for an original piece of prose fiction, written in English, that is no more than 500 words long.

Competition entries must be written by an individual. A Gold, Silver and Bronze winner for each category will be chosen from a shortlist of 50 finalists by a panel of expert judges that includes best-selling authors Malorie Blackman, Frank Cottrell-Boyce, Sir Lenny Henry, Charlie Higson and Francesca Simon.

All 50 finalists will be invited to the Grand Final event and their stories will be recorded and published on the 500 Words website. The six winning stories will also be illustrated by top children's illustrators and included in a 500 Words winners book. There are also prizes of books for all winners and their schools.

Timetable:

The 2023 competition will launch on 26th September.

The deadline for entries is 10th November.

The winners will be announced at a Grand Final event in February. Highlights will also be shown on a special 500 Words programme on BBC 1 on World Book Day (7th March 2024).

Cost: Free

About 500 Words: The 500 Words Competition was launched in 2011 by Chris Evans when he was the presenter of the Radio 2 Breakfast Show. Since its launch, it has received over one million stories from children around the UK. After a brief pause, the 500 Words Competition is returning to the BBC where it will be hosted by BBC Breakfast, supported by BBC Teach and a group of partners that include leading UK publishers and literacy organisations.

Link for more info:

https://www.literacyhive.org/500-words-competition/?utm_campaign=Sept%203%202023&utm_term=Get%20ready%20to%20write!&utm_medium=email&utm_source=directmailmac

Huge congratulations to our Kitchen Team for the fantastic results following the recent audit!



CERTIFICATE OF EXCELLENCE

This is to certify that



at

West Hove Infant School - Portland

Has been audited by Navitas Safety and successfully
achieved an overall score of 95% or above, 100% in
Allergen Management and no Immediate
Management Actions

Date of Issue: 10/10/2023

Ben Gardner
Group CEO





Come and visit our school community!

Open Day Dates

Monday 6th November sessions at 9:30 and 10:45am

Wednesday 8th November sessions at 9:30 and 10:45am

Wednesday 15th November 5:00 – 6:00pm

Tuesday 9th January at 9.30am

If you would like to attend one (or more!) of these sessions, please call our office on 01273 733386 to reserve a space. Alternatively, you can email our office at admin@westhove-inf.brighton-hove.sch.uk



'We can't wait to meet you!'



Drop in and say hi!

We are Connective Family, a Sussex-based business on a mission to help you with your parenting struggles.

Come and meet us, hear what we do and ask us questions. Why not pop in after the school run (little ones welcome but you'll need to keep hold of them!).

- ★ **Wednesday 18th October, 9.30-12**
- ★ **Broadway Lounge, The Yews Community Centre, Boltro Road, Haywards Heath, RH16 1BJ**
- ★ **Tea, coffee, biscuits**

Connective Family has run online for the last 8 years, but we'd love to see you face-to-face!



We can help with:

- managing meltdowns
- de-escalation techniques
- sibling struggles
- and a whole lot more!

www.connectivefamily.com





Individual support

Face-to-face parent coaching

121 sessions

- Are you experiencing challenging behaviours from your child?
- Do you sometimes need a focused one-to-one conversation with someone who gets it?

We're pleased to offer face-to-face sessions in Haywards Heath, Sussex

Sessions are one hour long and cost just £59.

We also run these sessions online, so wherever you are in the country, you can work with us.

More on the website here:



www.connectivefamily.com/parent-coaching

Calm family chaos!

Are you experiencing challenging behaviours from your child?

Join us for 5 face-to-face group sessions on the **Connective Family Formula**, our popular 5-week introductory course. You'll learn about the importance of **connection** and **presence** and pick up practical tips and techniques to put into practice with your family straight away.

When? Wednesdays, 9.30-11am
15th November to 13th December

Where? Broadway Lounge, The Yews Community
Centre, Boltro Road, Haywards Heath, RH16 1BJ

No more than 15 in each group - ask questions and get personalised support. All for just £95.

We'd love to see you!



Small group



Refreshments



Free parking



www.connectivefamily.com/calm-family-chaos

Is your child struggling to attend school?

We understand that some young people can find it challenging to attend school, for several reasons.

We would like to offer a space to meet with someone to share your concerns and look at how we can support you around this.

You would be able to meet with an attendance officer from the council along with someone from the Schools Mental Health Service, to explore what we can offer, and support the conversations with school.

We holding a number of sessions over the academic year:

Day 1

Date: Tuesday 10th October **Time:** 10.00 – 3.00 **Daisy Room,**

Venue: Moulsecoomb Family Hub on Hodshrove Lane, BN2 4SE

Day 2

Date: Monday 16th October **Time:** 10.00 – 3.00 **Roundabout Children's**

Venue: Centre, Whitehawk Road, BN2 5FL

Day 3

Date: 27th February **Time:** **Venue:** Moulsecoomb Family Hub, 10.00 – 3.00

Hodshrove Lane, BN2 4SE

Day 4

Date: Monday 19th March **Time:** 10.00 – 3.00 **Venue:** Roundabout Children's

Centre, Whitehawk Road, BN2 5FL

Day 5

Date: Tuesday 4th June **Time:** **Venue:** Moulsecoomb Family 10.00 – 3.00

Hub, Hodshrove Lane, BN2 4SE

Day 6

Date: Monday 10th June **Time:** 10.00 – 3.00 **Venue:** Roundabout Children's

Centre, Whitehawk Road, BN2 5FL

There will be an Education Adviser available between these times, along with a Family Support Worker from the Schools Mental Health Service between 10.00 and 1.00pm.

This is a drop in offer and there is no need to book an appointment.

webinars for parents/carers SUPPORTING CHILDREN AND YOUNG PEOPLE WITH THEIR MENTAL HEALTH



Each webinar will take place on Zoom at 10am and 7pm and will run for 90-120 minutes

FREE TO ANY
PARENT/CARER
LIVING IN
SUSSEX

- 19th October Attention Deficit Hyperactivity Disorder (ADHD) 8th
- November Building Self-Esteem and Resilience
- 13th December Depression
- 17th January Obsessive Compulsive Disorder (OCD)



Supported by Heads On and NHS Charities Together's Covid Appeal

WANT TO BOOK YOUR TICKETS?

Scan here:



Or visit:

[https://ticketlab.co.uk/series/id/1081/
Sussex-CAMHS-ParentCarer-
Webinars#/](https://ticketlab.co.uk/series/id/1081/Sussex-CAMHS-ParentCarer-Webinars#/)

NEED TO GET IN TOUCH?

If you have any questions, please email: CAMHSParticipationTeam@spft.nhs.uk

Delivered by **Sussex Child & Adolescent Mental Health Services (CAMHS)**



Are you concerned about your child's mental health?



- Anxiety
- Low mood
- Difficulties regulating emotions
- Self esteem and confidence
- Sleep difficulties
- Fears and phobias
- Separation, loss and bereavement



Scan the QR code below to *refer* your concern to Hove Learning Federation's Mental Health Lead. Link also available on our school website.

<https://www.westhoveinfants.co.uk/wp-content/uploads/sites/10/2023/03/Capture-1.png>



Naomi Miller (Mental Health Lead) will contact you within a week of your referral.

New referrals will be discussed at half termly triage meetings and support allocated.

NB: If you have an urgent concern about a child's mental health please call 0300 304 0061 during office hours or 0300 5000 101 outside of office hours.

Date: 11 October 2023

Our Ref: RB/SH

Phone: (01273) 293590

Email: schoolmeals@brighton-hove.gov.uk

Dear Colleague,

Primary School Meals – Annual Price Review

In line with the annual price review, I can confirm that due to inflation and increasing food and labour costs from Monday 30th October, we're having to raise the price by 35p to £2.60.

We're extremely sorry to have to take this action, but without a price rise schools will face further financial pressures which could affect the amount of money schools have for delivering education. The price rise has been held back from the start of the new academic year to help support families, but unfortunately it cannot be delayed any longer.

The school meals contractor, Caterlink, will continue to provide high quality ingredients and the expected standards of food such as Red Tractor standard meat, sustainable fish and local free-range eggs meeting the Soil Associations Silver Food for Life Accreditation.

The new cost of a school meal in Brighton & Hove is lower than neighbouring areas.

In East Sussex a school meal costs £2.85 and in West Sussex it's £2.71, with a review being carried out in January 2024.

I hope you will agree that this still represents good value for money.

Find out who can get free school meals and how to apply on the council's website.

[Free school meals \(brighton-hove.gov.uk\)](https://www.brighton-hove.gov.uk/free-school-meals)

If you have any queries regarding this letter then please feel free to email

schoolmeals@brighton-hove.gov.uk

Yours sincerely,

Susie Haworth,

School Meals Team



Logo Sports Schoolwear are offering a 10% discount throughout the October half term.

Discount Code - HALFTERM10

This offer is only available online and only valid between 23rd October - 29th October.

<https://www.logo-schoolwear.co.uk/>

Cost of Living

For useful information on the Cost of Living crisis, please click on this link:

<https://www.which.co.uk/topic/cost-of-living>

GDPR Reminder

Please be advised that you can find out Privacy Notice on our website, click here to access the document

<https://www.westhoveinfants.co.uk/wp-content/uploads/sites/10/2018/06/DPE-Model-Data-Privacy-Notice-Jan-2023.pdf>

Brand Vaughan
are proud to be
partnered with
**West Hove Infant
School and Hove
Junior School.**

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Sell or let your property with Brand Vaughan and receive
20% off our standard selling or lettings fee.

Each time you sell or let your property through Brand Vaughan, West Hove Junior School will receive **10%** of the referred selling or letting fee.

Our partnership with West Hove Junior school, not only benefits you, but also benefits your children's school.

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01273 22 11 02



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