

Friday 24th November 2023

Dear Families,

We have had a busy week in our schools and the sound of singing can already be heard! This is always a special time of year and we have a lot of events coming up on all sites. A reminder to look at the dates we have sent out for our end of term productions and fab finishes if you haven't noted these already.

Last week the children participated in Anti–Bullying Week, during which we highlighted the focus and importance of 'making a noise' about bullying in terms of sharing concerns and worries, and being proactive in taking positive actions against any unacceptable, unsocial behaviour. We loved seeing everyone's odd socks on Odd Socks Day!

Thank you for all your contributions on 'Children in Need' day. We appreciate your support for these worthy causes in our school community.

We have now concluded our first round of successful parent/teacher consultations for the year. If you still haven't had the opportunity to talk on the phone or meet your child's class teacher, please contact the enquiries email and the class teacher will get in touch with you. If you also haven't completed the parent/carer survey, we would welcome your feedback to help us make improvements. We will share these results with you when they have been analysed.

A massive thank you to everyone who was involved in the hugely successful clothes swaps this week. This took a great deal of work on the part of the staff and a great deal of kindness on the part of everyone donating.

Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School admin@westhove-inf.brighton-hove.sch.uk 01273 733386

Hove Junior School <u>portlandroadenquiries@hovejun.brighton-hove.sch.uk</u> 01273 916609

Hove Junior School Inclusion Team <u>inclusionteam@hovejun.brighton-hove.sch.uk</u> 01273 916609

Best wishes, Ben Massey

### **Diary Dates**

27th November - Y6 SATs Workshop PR
29th & 30th November - Y3 trips to Brighton Museum
w/c 4th Dec & 11th Dec - Christmas
Performances/Fab Finishes
8th December - Flu Vaccinations at SR and PR
15th December - Last Day of Term
2nd January - INSET Day
3rd January - First day back at school

#### **Our Vision**

We provide high-quality education to all pupils. This is realised through strong, shared values, policies and exceptional, inclusive practice.

We are a Family of Friends who LEARN together.

# Important dates at the Infants

The children will performing their plays in the hall this year. There is no need to order tickets, but due to space restrictions we ask that a maximum of two adults attend for each child. Please arrive 10 minutes before your child's performance.

#### **Classes, Date and Time**

Seahorses, Dolphins, Caterpillars & Grasshoppers Thursday 7th December 9:30am (Reception Parents & Carers) Thursday 7th December 10:40am (Year 1 Parents & Carers)

*Turtles, Sealions, Bumblebees & Dragonflies* Monday 11th December 9:30am (Reception Parents & Carers) Monday 11th December 10:40am (Year 1 Parents & Carers)

#### Lizards, Marmosets, Toucans & Treefrogs

Wednesday 13th December 9:15am (Lizards & Marmosets Parents & Carers) Wednesday 13th December 10:30am (Toucans and Treefrogs Parents & Carers)

#### Christmas Dinner – Wednesday 6th December

Please make your child's lunch choice, by Friday 17th November, via a separate School Ping sent on 6th November.

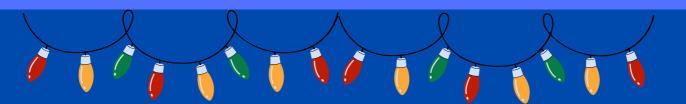
#### **Christmas Parties**

**Reception Year - Tuesday 12th December** – Entertainment followed by a Christmas Party in the classroom.

**Years 1 & 2 – Thursday 14th December** – Entertainment followed by a Christmas Party in the classroom.

The children may wear their party clothes to school on Christmas Party Day (all children must wear regular school shoes only) In the afternoon the children have their Christmas Party in classrooms and hopefully, get a visit from Santa! We ask you to contribute food for the class party, a list will be displayed nearer the time outside your child's class. If your child has allergies to certain foods we ask that you bring their party food in a named lunch box. (N.B on party days, if your child normally has a packed lunch they will still need this).

# Important dates at the Juniors



**Performance Dates** 

Monday 11th December 2pm – Year 3 Tuesday 12th December 2pm – Year 4 Wednesday 13th December 2pm – Year 5 Thursday 14th December 2pm – Year 6

There is no need to order tickets, but due to space restrictions, we ask that a maximum of two adults attend for each child.

### Christmas Dinner – Wednesday 6th December

Please make your child's lunch choice, by Monday 27th November, via a separate School Ping sent on 8th November.

### **Reindeer Run – Tuesday 5th December**

This is a PTA organised event and a promotional poster and funding link will be sent out soon. Individual classes will take it in turns to run the reindeer course throughout the day. Years 3 and 4 (7 laps - half a mile) and Years 5 and 6 completing the full 14 laps (1 mile) wearing their Christmas jumpers/tshirts/accessories and reindeer antlers (provided by the PTA).

## Year 2

Year 2 have loved acting out scenes from the lives of Florence Nightingale and Mary Seacole. Mary Seacole learnt about herbal medicine from her Jamaican mother. Here we are making our own herbal remedy using lemon and ginger to help the wounded soldiers.



## Year 6 States Day

On our special States Day, at the end of last half term, representatives visited us from four states of the U.S.A: New York, Kentucky, Hawaii and Texas.



We found out about the food, music, sport, human and physical geography of each state, as well as some general facts that included hidden gems. We also had a 'taste of each state' by sampling specialist cuisine from each area. After a whole year group vote, Texas won as the state most children wanted to follow their 'American Dream' to! The children made a real effort to engage in the day, here are some photos from their experience:











## Year 5/6 Cross country

On Wednesday 15th November, Miss Anglada and Mrs Kouridis took a group of 46 year 5 and 6 children at the Brighton and Hove cross country championship. The event took place at Waterhall playing fields, the children had to run 2000m (2km) across a challenging course

that took them up some pretty big hills! The sun shone all day and the energy and atmosphere was electric!

We were so impressed with all the children who took part- you were all fantastic and represented the school brilliantly, some of these children even go through to finals in March!! We are all very proud!

Thank you also to all the parents who helped support and get children to the event. It was great having you all cheering the children on.

You were all superstars, here are some highlights...





### Meet Our Newest Hove Learning Federation Governors!

#### Nick Jefferson, Chair of Governors & Co-opted Governor



I am a co-opted governor and joined the board of governors in 2022. I have worked in primary education for over 40 years. I have held several positions within the primary sector, culminating in the headship of schools, both in the UK and internationally. I have extensive experience of developing the primary curriculum and leading INSET, supporting teachers to excel in the classroom. My specialty is English and the progression of writing and reading across the primary phase. I am passionate about providing an exciting and inspiring curriculum for all children.

Having worked with many very different school communities, I understand the importance of connection and the unique characteristics of each school community. I recently retired, and decided to become a governor, so that I could give back to the community in which I live. I now look forward to working hard with my fellow governors, staff, and parents to ensure that the school continues to provide an outstanding education for your children.

#### Ella Livingstone Greer, Co-opted Governor

I am a co-opted governor and joined the board of governors in 2022. I have worked in secondary education for over 20 years. My current role lies within academic management and staff development. My area of expertise is centred in the heart of teaching and learning, specifically within teacher training and professional development. I support teachers at all stages of their careers, from ECTs through to those aspiring to become middle managers to further themselves professionally and to continue to develop and broaden their teaching practice.

As a teacher, I love learning and more than anything I love being in the classroom. I hope that I can bring my enthusiasm for young peoples' learning experience to the forefront. I have greatly benefited from the support from my own governing body and I hope that I can use my experience to support the work of the HLF governing body. I would like to support the schools to the best they can be and to ensure that all children can have an accessible, stimulating and inspiring educational experience.

I live in the local community and have a child who attends West Hove Infants.

#### Barbara Bush, Co-opted Governor



I have worked in HR in the Public Sector for over thirty years, for most of that time in Tertiary Education. With three children of my own, and now eight grandchildren in different parts of the country I have maintained and active interest in educational services.

My work in HR has included extensive experience of working in and through committees; strategic planning and management; change management and delivery; pay and reward; employment relations; organisational and staff development and budget management. In 2021, I was awarded an OBE for Services to the Pensions Industry, Diversity and Charity, and in all of my working roles my commitment to inclusivity has been core. I am looking forward to getting to know the School, helping to find opportunities in the challenges it is facing and contributing directly to its future.

#### Emer Gardener, Co-opted Governor

As a co-opted governor at Hove Learning Federation since the summer of 2023, my primary focus is on nurturing the holistic development of every child. At Lancing College Prep School in Hove, I serve as the Head of Science and oversee the Able, Gifted, and Talented program. My instructional approach is designed not only to impart academic knowledge but also to instil core values such as resilience, honesty, and compassion. My multicultural background, having been born and raised in Belgium, Fiji, and Australia, has provided me with a diverse perspective that I bring to my work. I felt an instant connection to Brighton during a visit, leading me to pursue my university education at Sussex University. Following ten years of teaching in London and Surrey, I returned to Hove in 2018, drawn to the strong sense of community prevalent in the area.

My objective as a governor is to combine my experiences as an educator with a strong dedication to community involvement. I am committed to ensuring that every student within the Hove Learning Federation receives an exceptional standard of education, enabling them to depart with a robust sense of identity and purpose.



#### Marcel Amour, Co-opted Governor

I spent 8 years in secondary maths education, before switching careers into cybersecurity. After studying maths at university and completing a PGCE, I worked as a GCSE and A-level maths teacher. Since then, I moved into cybersecurity and currently work in the area of data protection and information security.

I am looking forward to join the Governing Board and hope to make a positive contribution to the school community.











# Book signing with Julia Donaldson

# at the Community Base Christmas Market!

Please note that Julia will only be able to sign books purchased at the market, in aid of AMAZE.



4 - 5.30PM THURSDAY 7TH DECEMBER

CONFERENCE ROOM COMMUNITY BASE 113 QUEEN'S ROAD BRIGHTON, BN1 3XG







# Hove Learning Federation is a Nut and Sesame Seed aware School

Please help us keep our school an allergen-free environment and minimise the risk of any person suffering allergy-induced anaphylaxis or food intolerance whilst on the school premises.

The school has a 'Healthy School' award status. We therefore politely ask that parents refrain from giving out treats on the school premises.

Thank you for your co-operation.





## **Midday Supervisor required**

Hove Junior School & West Hove Infant School - Holland Road site Monday to Friday 12.00 – 1.00 pm (5 days per week) Paid weeks per year 43.78 Scale Point 3 Hourly rate £12.59

We are looking for an MDSA to work with our friendly and supportive team of lunchtime staff and play leaders. You will need to:

- Supervise our children during lunchtimes, both in the playground and in the canteen
- Have a firm and fair approach with children from Reception to Year 6
- Have good inter-personal skills and a calm manner
- Be either first-aid trained or willing to undertake similar training

Closing date 15th December 2023 Interview date 5th January 2023 Start date: ASAP

To apply for this job, please complete an application form and return to the school office or email it to:

pambarry@hovejun.brighton-hove.sch.uk

Employment under the Federated Board includes all locations/sites where both schools operate. Under this contract, you may be asked to work across different locations under the Federated Board, either temporarily or permanently

We are proud that our school is a culturally rich and diverse place of learning, and we are keen to

encourage people from diverse ethnic backgrounds to apply and join our staff team. The school has a strong focus on Equality, Diversity & Inclusion for our pupils, staff and governors and we are passionate about creating an environment where every pupil can thrive. We are also very proud that Hove Junior School is an Inclusion Quality Mark (IQM) Centre of Excellence.

Hove Junior School and West Hove Infant School are committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. All new staff will be DBS (Disclosure Barring Service) checked at an advanced level.





## School Fund – Academic Year 2023/24

Dear Parents/Carers,

This Autumn, we will be requesting a £30 contribution towards the School Fund. This can be paid as a one-off payment on Parent Pay or in three termly amounts of £10. This cost does not include swimming costs for Year 4 or external trips outside of school.

The School Fund contributes to all subjects, sports and activities, supporting the school budget and the projects our pupils benefit from. With a regular amount contributed for each child, we want to ensure:

- Each year group will receive a 'topic' based workshop/visitor each term.
- Art/DT resources for art week, topic work and enterprise initiatives.
- Core texts and additional reading resources for our topics and whole class reading lessons.
- Continued replenishment of book areas in each classroom chosen by our pupils.
- New playground equipment for lunchtimes and annual replacement of our much used and loved general equipment.

Following year-on-year budget cuts to education, we have had to make significant reductions to school expenditure. Over 85% of our Government income is spent on salaries for staff as well as every day running costs. To ensure that cuts do not impact our pupils' education, we rely on your support. If everyone contributes, we can really make a difference.

#### **Voluntary Donations**

If you would like to contribute regularly to the school, or make a one-off donation, we have set up an additional donation page on Parent Pay.

Yours Sincerely,

Lorna Cummings Head of School, Holland Road Ben Massey Head of School, Portland Road

## Is your child struggling to attend school?

We understand that some young people can find it challenging to attend school, for several reasons.

We would like to offer a space to meet with someone to share your concerns and look at how we can support you around this.

You would be able to meet with an attendance officer from the council along with someone from the Schools Mental Health Service, to explore what we can offer, and support the conversations with school.

#### We holding a number of sessions over the academic year:

#### <u>Day 1</u>

Date:	Tuesday	10th	October	Time:	10.00	_	3.00	Daisy	Room,
Venue:	Moulsecoomb Family Hub on Hodshrove Lane, BN2 4SE								
<u>Day 2</u>									
Date:	Monday 16th October Time: 10.00 – 3.00 Roundabout Children's								
Venue:	Centre, Whitehawk Road, BN2 5FL								

#### <u>Day 3</u>

**Date:** 27th February **Time: Venue:** Moulescoomb Family Hub, 10.00 – 3.00 Hodshrove Lane, BN2 4SE

#### Day 4

Date: Monday 19th March Time: 10.00 – 3.00 Venue: Roundabout Children's

Centre, Whitehawk Road, BN2 5FL

#### <u>Day 5</u>

**Date:** Tuesday 4th June **Time: Venue:** Moulescoomb Family 10.00 – 3.00 Hub, Hodshrove Lane, BN2 4SE

#### Day 6

Date: Monday 10th June Time: 10.00 – 3.00 Venue: Roundabout Children's Centre, Whitehawk Road, BN2 5FL

There will be an Education Adviser available between these times, along with a Family Support Worker from the Schools Mental Health Service between 10.00 and 1.00pm. This is a drop in offer and there is no need to book an appointment.



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https://ticketlab.co.uk/series/id/1081/ Sussex-CAMHS-ParentCarer-Webinars#/

#### NEED TO GET IN TOUCH?

If you have any questions, please email: CAMHSParticipationTeam@spft.nhs.uk

Delivered by Sussex Child & Adolescent Mental Health Services (CAMHS)

# Does your Child not like going to school?



NEED SUPPORT WITH YOUR CHILD OR WANT TO MEET OTHER PARENTS IN THE SAME SITUATION?



Wednesday 29th November EMOTIONALLY BASED SCHOOL AVOIDANCE.

10-11.30 ALCAMPO LOUNGE—

Please contact <u>Sharyn.brazier@brighton-hove.gov.uk</u> OR jo.roeg@brighton-hove.gov.uk



# BRIGHTON & HOVE PARENT CARER GROUPS

# For parents of children and young people with special educational needs and disabilities (SEND)

Amaze Face 2 Face runs the following in-person groups in Brighton & Hove:

**Breakfast Club - for any parent carer of a child or young person with SEND** monthly at AI Campo Lounge, London Road, Brighton BN1 4JF

**Dads' Group - a monthly group just for dads** 7.30 to 9pm, last Thurs of every month at Stoneham Pub, Hove BN3 5QJ

**Multi-cultural coffee morning (with the Hangleton & Knoll Project)** monthly at St Richards Community Centre, Egremont Road, Hove BN3 7FP

**Cuppa, Cake & Chat, neurodevelopmental focus (Whitehawk)** first Tues of the month at St Cuthmans Church, Whitehawk Way, Brighton BN2 5HE

**Portslade coffee morning (with Hillpark and Extratime schools)** monthly on Weds at Extratime, Portslade Village Centre, Portslade BN41 2LZ

**Cuppa, Cake & Chat, neurodevelopmental focus (Woodingdean)** monthly at Parish Church of the Holy Cross, Downsway, Woodingdean BN2 6BD

**16 – 25 group – for parent carers of young people aged 16 – 25** monthly at Mamma Mi, George Street, Hove BN3 3YB

These informal, friendly drop-in groups take place monthly and give you the chance meet other parent carers. Sometimes the groups will include sessions on SEND issues or conditions like autism and ADHD.

marie@amazesussex.org.uk

Dates and times may vary, so email <u>marie@amazesussex.org.uk</u> for the latest details of each group or follow the QR code for more information about Face 2 Face.

Brighton & Hove Parent Carers' Council (PaCC) also run regular coffee mornings for parent carers across the city. For details, visit <u>https://paccbrighton.org.uk</u> <u>https://paccbrighton.org.uk</u>

> For more info, email: marie@amazesussex.org.uk marie@amazesussex.org.uk



MHSTWorkshops 2022-2023

One-off Parent Virtual Workshops 12:30pm-1:30pm

# transition

This workshop is for parents/carers of young people starting Y7 at Secondary School in September 2023. The workshop will cover what anxiety is and how it's maintained, how to talk to your child about their anxieties about their new school and some practical advice on how to help your child manage their worry using a CBT approach. We will also look at how to encourage young people to become independent problem solvers.

Emotional

Regulation

6th June 2024 How to help your child transition to year 7 Tickets, Thu 6 Jun 2024 at 12:30 | Eventbrite

This workshop aims to support parents/ carers in understanding and responding to their children's strong emotions. These strong feelings might present as anger or disruptive behaviour. Within this 1-hour workshop, we hope to support parents in understanding what might be underlying children's behaviour, understanding what might be contributing to these big feelings, consider how adults can respond to support alternative behaviours, and learn general emotional regulation strategies for children.

Primary 07th December 2023 Emotional Regulation Workshop for parents/carers of PRIMARY age children Tickets, Thu 7 Dec 2023 at 12:30 | Eventbrite

## Ongoing Parent Sessions (4 weeks)

# anxiety

This group is aimed at parents and carers of children in the stated age group. This programme will guide parents how to use cognitive-behavioural techniques to help their children overcome fears and worries. The programme includes learning how anxiety develops and is maintained, that is to say what keeps children's anxiety go-

ing and prevents them getting over their fears. We will then move on to exploring what your child needs to learn to overcome their fears or worries and how to implement strategies to encourage your child to become more independent. The programme will run over 4 weeks and will be a combination of 4 one-hour group sessions, reading tasks before

sessions and some in between session work such as practising techniques learned during the sessions.

There are not currently set dates for this programme. If you feel you would like to explore this option please speak to the SENCO at your child's school to refer to our service. It may be that we can offer this as a direct intervention or, if we receive appropriate referrals we will run as a group. To learn more about our service offer please watch our video: https://youtu.be/-YWqFOGqehM



# MHSTWorkshops 2023-2024

One-off Parent Virtual Workshops 12:30pm-1:30pm



This workshop is aimed at parents and carers of children in the stated key stage. We will be looking at common difficulties children have with sleep, the recommended amount of sleep for children of different ages, and ways to support children with getting enough sleep. We will be looking at strategies around bedtime routines, the sleeping environment, life-style factors which may influence sleep, and supporting children with anxiety or worries which might be affecting their sleep.

Primary 29 February 2024 Supporting your child with sleep difficulties Tickets, Thu 29 Feb 2024 at 12:30 | Eventbrite

Primary 4 July 2024 Sleep Workshop for parents/ carers of PRIMARY age children Tickets, Thu 4 Jul 2024 at 12:30 | Eventbrite

This workshop is aimed at parents and carers of children in the stated key stage. We will be using a cognitive-behavioural model to understand how thoughts, feelings and behaviours are linked and form unhelpful patterns that can lead into a downward spiral of persistent low mood. We look at ways you might be able to help your child, including addressing your child's sleep, routine, exercise and eating patterns. We will also touch on ways you as a parent might be able to support your young person's negative thoughts or unhelpful behaviour patterns.

**Secondary** 23rd November 2023 Helping young people with low mood - secondary age children Tickets, Thu 23 Nov 2023 at 12:30 | Eventbrite

Primary 1st February 2024 Low Mood Workshop for parents/ carers of PRIMARY age children Tickets, Thu 1 Feb 2024 at 12:30 |

Eventbrite

Secondary 16th May 2024 Supporting your child with low mood (SECONDARY aged children) Tickets, Thu 16 May 2024 at 12:30

Eventbrite

This workshop is aimed at parents and carers of children in the stated key stage. We will look at what anxiety is exactly, where it comes from, and what keeps children feeling anxious. We aim to help you get a better understanding of your child's anxiety by looking at how your children feel, think, and respond to triggers or situations that make them feel anxious. We will then introduce strategies that can help, both in the short term, such as breathing and distraction techniques, as well as longer-term strategies including helping your child face their fears and build up their confidence through supportive conversations.





Secondary 9November 2023 Anxiety Workshop for parents/ carers of SECONDARY age children Tickets, Thu 9 Nov 2023 at 12:30 | Eventbrite

Primary 18th January 2024 Supporting your child with anxiety (PRIMARY age children) Tickets, Thu 18 Jan 2024 at 12:30 | Event-

brite

Secondary 21st March 2024 (exam stress focus) How to help your child with exam stress. Tickets, Thu 21 Mar 2024 at 12:30 Eventbrite



# Are you concerned about your child's mental health?



- Anxiety
- Low mood
- Difficulties regulating emotions
- Self esteem and confidence
- Sleep difficulties
- Fears and phobias
- Separation, loss and bereavement



# Scan the QR code below to refer your concern to Hove Learning Federation's Mental Health Lead. Link also available

## on our school website.

https://www.westhoveinfants.co.uk/wp-content/uploads/sites/10/2023/03/Capture-1.png



Naomi Miller (Mental Health Lead) will contact you within a week of your referral.

New referrals will be discussed at half termly triage meetings and support allocated.

NB: If you have an urgent concern about a child's mental health please call 0300 304 0061 during office hours or 0300 5000 101 outside of office hours.



# flu: 5 reasons to vaccinate your child



The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia

# 2. Protect you, your family and friends

Vaccinating your child will help protect more vulnerable friends and family

#### 3. No injection needed

The nasal spray is painless and easy to have

#### 4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record

#### **5. Avoid costs**

If your child gets flu, you may have to take time off work or arrange alternative childcare

For more information visit <a href="http://www.nhs.uk/child-flu">www.nhs.uk/child-flu</a>



Helping to protect children, every winter

© Crown copyright 2021. Product code: 2901251E1. Public Health England gateway number: 2021108. If you want to order more copies of this poster, please visit: healthpublications.gov.uk/Home.html or call 0300 123 1002. WANT YOUR CHILD TO TO CATCH UP IN MATHS? Free Trial

Current teacher at West Hove Infant School

Book a call today for a free assessment and personalised plan for your child

© **Call Today** 07848699164

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- Maths Topic Checklist/Syllabus
- Bonus Interactive Video Lessons
- Targeted Quizzes
- Pre & Post Assessment Tasks

Scan the QR Code to Learn More





## **Cost of Living**

For useful information on the Cost of Living crisis, please click on this link:

https://www.which.co.uk/topic/cost-of-living

### **GDPR Reminder**

Please be advised that you can find out Privacy Notice on our website, click here to access the document

https://www.westhoveinfants.co.uk/wp-content/uploads/sites/10/2018/06/DPE-Model-Data-Privacy-Notice-Jan-2023.pdf



Sell or let your property with Brand Vaughan and receive **20% off** our standard selling or lettings fee.

Each time you sell or let your property through Brand Vaughan, West Hove Junior School will receive **10%** of the referred selling or letting fee.

Our partnership with West Hove Junior school, not only benefits you, but also benefits your children's school.

Speak to our team today, we offer free, no obligation valuations.

Use code WESTHOVEBV20 to daim your 20% discount.



Sales Jimmy Atkins 01273 22 11 02



Lettings Jenna Miles 01273 22 11 01