



**WEST HOVE
INFANT SCHOOL**
.....
A family of friends



Hove Learning Federation Holland Road Newsletter



Friday 12th January 2024

Dear Families,

We would like to wish you all a very Happy New Year and a particularly warm welcome to new families joining the school this term. We have been extremely impressed with how well the children returned after the holiday, enthusiastic and ready to learn. Our stunning starts and new topics for the term have already begun. As always, information about the children's topics can be found on their year group page on our websites; <https://www.westhoveinfants.co.uk/children/> and <https://www.hovejuniorschool.co.uk/children>.

Hove Junior School receives prestigious Artsmark Award!

Pupils and staff are celebrating after receiving a prestigious Silver Artsmark Award.

Artsmark is the only creative quality standard for schools, accredited by Arts Council England. It supports them to develop and celebrate arts and cultural education across the whole curriculum, bringing learning to life for children and young people.

To achieve our Artsmark Award, we had to develop our arts and cultural provision to embed a broad and ambitious curriculum. This was achieved by creating an overall plan that was committed to and delivered across the whole school.

We received professional support and training throughout our Artsmark journey and developed partnerships with other accredited Artsmark schools in Brighton and Hove, as well as working with local artists, including Dawn East, projects such as the Children's Parade and Let's Dance, and with charities such as Martlet's for their Shaun the Sheep event.



The Artsmark assessor commended us, stating, 'Hove Junior School has used this Artsmark journey to develop arts provision and progression across your curriculum as part of your joining with West Hove Infant School and becoming a learning federation. You have created a new joint federation art policy and have looked at how the arts link across subjects and topics. You have a robust map of the progression of arts knowledge and skills across all year groups. Your arts team have developed Core knowledge Files for each unit. Teachers have been supported with in house CPD, including dedicated staff meetings on arts subjects and training on using Charanga, sketchbooks and drama in English. Six teachers received a six week course on teaching music. This has increased teacher confidence in delivering art lessons. Senior Leaders monitor delivery of arts subjects. In music monitoring you have seen improved consistency in quality and teacher confidence. You have developed the role of Arts Ambassadors with one pupil from each class joining the group who have taken part in arts projects and then modelled them back to their classes. The Arts Ambassadors also were consulted on the arts curriculum which increased their sense of ownership over the curriculum and help plan your annual art week. You have a school wide initiative 'Growing an Anti-Racist School' and have plans to consider the range of artists and the history of art that you teach.'

On receiving the award, Executive Head teacher Lorna Cummings and Chair of Governors Nick Jefferson said: "We're extremely proud of achieving our Artsmark Silver Award. We are committed to delivering a high-quality arts and cultural education and we look forward to continue to grow with Artsmark."

Dr Darren Henley OBE, Chief Executive of the Arts Council, said:

"I would like to congratulate Hove Junior School on their Artsmark Award. Becoming an Artsmark school demonstrates that through offering a broad, ambitious and creative curriculum, young people have the opportunity to develop character and resilience, increasing their knowledge, curiosity and skills that will remain with them through to adult life."

Please see more information about Artsmark, and some photos of our incredible art projects later in this newsletter.

Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School
hollandroadenquiries@hovejun.brighton-hove.sch.uk
01273 916707

Hove Junior School
hollandroadenquiries@hovejun.brighton-hove.sch.uk
01273 916707



Hove Junior School Inclusion Team
inclusionteam@hovejun.brighton-hove.sch.uk
01273 916609

Best wishes,
Lorna Cummings

Diary Dates

9th February - Last day of school

12th - 16th February - Half Term

19th February - First day back at school

27th & 29th February - Parents/Carers
Consultation Evenings

Our Vision

We provide high-quality education to all pupils. This is realised through strong, shared values, policies and exceptional, inclusive practice.

We are a Family of Friends who LEARN together.



Year 4 Topic Day

On Wednesday 11th January, Year 4 had the very exciting opportunity to be Vikings for the day! This involved handling weapons and artefacts, playing traditional Viking board games like 'Fox and Geese' and 'Nine Men's Morris', hearing (and acting out) stories about the Norse gods and goddesses, spear wrestling and even raiding the Year 6 classrooms to take their very own prisoners! The children had a fantastic time and we are very grateful to Jack from 'Portals to the Past' for providing such a fantastic learning experience for us, that we hope the children will remember for a very long time to come!



Year 5 Trip

On Friday the 8th of December, year 5 had a wonderful, sunny day out exploring Brighton to celebrate the end of our Brighton Rocks topic. We solved clues, whilst navigating our way around The North Laines, discovered amazing artefacts at Brighton Museum and had a tour of The Royal Pavilion. Thank you to all the parent volunteers who accompanied us and helped to make sure it was a fabulous, memorable day.



Year 5 Trip



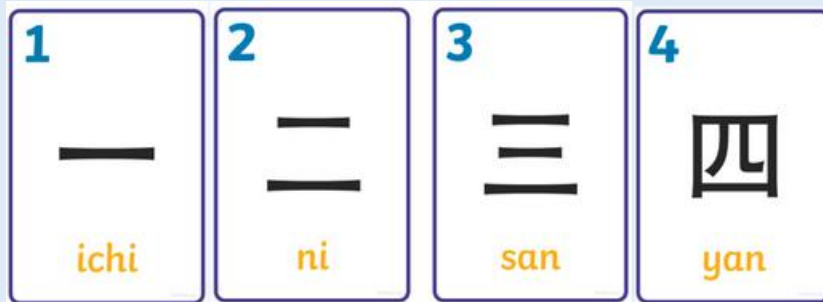
At Hove Learning Federation, we
celebrate languages

LANGUAGE OF THE MONTH

This month we are celebrating

JAPANESE

Do you speak Japanese? Could you say the days of the week? Would you be able to teach your class how to say hello or how to count to four?



Weekdays in Japanese						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
日	月	火	水	木	金	土
曜日	曜日	曜日	曜日	曜日	曜日	曜日
nichiyoubi	getsuyoubi	kayoubi	suiyoubi	mokuyoubi	kin'youbi	doyoubi

Do you have any books in Japanese? We'd love to see them. Please bring them in to show your class (with your name in).



About Artsmark

Artsmark is the only creative quality standard for schools and education settings. It can help unlock young people's potential, building their confidence, character, and resilience. Artsmark's clear and flexible framework can be used to embed creativity across the whole curriculum, address school improvement priorities and ensure every young person can access a diverse, high-quality cultural education.

Artsmark is open to primary, secondary, and special schools, pupil referral units, secure settings, youth offending teams, hospital schools and sixth form colleges. Artsmark is awarded at three levels; Silver, Gold and Platinum.

www.artsmark.org.uk

About Arts Council England

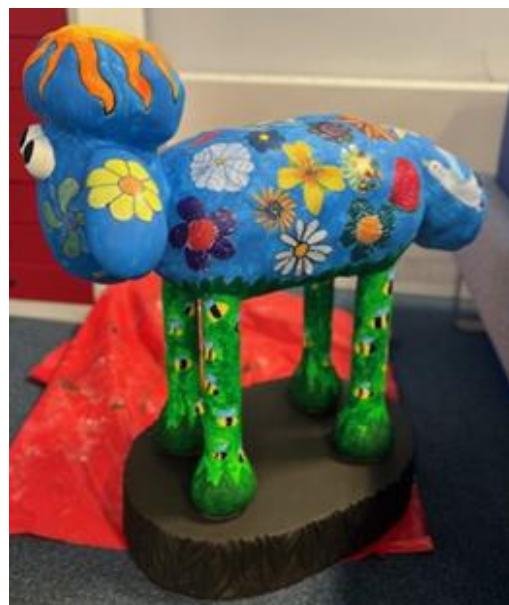
Arts Council England is the national development agency for creativity and culture. We have set out our strategic vision in Let's Create that by 2030 we want England to be a country in which the creativity of each of us is valued and given the chance to flourish and where everyone of us has access to a remarkable range of high-quality cultural experiences. From 2023 to 2026 we will invest over £467 million of public money from Government and an estimated £250 million from The National Lottery each year to help support the sector and to deliver this vision.

www.artscouncil.org.uk









Healthy Choice Gold Award for our Breakfast Club!



Congratulations on your Healthy Choice Award! The Healthy Choice Award Gold is the second highest level of award and is given to breakfast clubs that meet both nutritional and activity guidelines.

Breakfast clubs can be an important way of supporting a whole school focus on healthy lifestyles.



Food Comments: It's great that you have a healthy eating policy, which recognises the role a healthy diet has in achieving good health. Your breakfast club offer is varied and balanced. It's great that you cater for children with different dietary needs and requirements.



Physical Activity comments: We like the variety of activities that children can enjoy as part of your offer. It's great that you also include activities that support children's mental health.



This is to certify that

Hove Junior School – Holland Road

Has achieved the Gold Healthy Choice Award
2023-2024

The Gold award recognises:

- ✓ Nutritious and age appropriate menus
- ✓ Providing physical activity opportunities
- ✓ Healthy, balanced meals and snacks
- ✓ Sugar Smart meals and snacks





Who Do I Contact at Hove Learning Federation?

Office Staff

The Office Staff will be able to answer most queries about the general day-to-day running of the school i.e. payments, letters, club information and general school enquiries. The office staff will also pass messages on to other staff members.

Class Teacher

The Class Teacher will be the first person to speak to in the case of a class-based issue or enquiry that the office is unable to answer, such as friendship issues or academic achievement. The majority of issues can be sorted out at this stage.

Year Leader

For any issue that is more serious in nature or relates specifically to the year group (e.g. curriculum, organisation, year group expectations), please speak to the year group leader.

Deputy /Head of School

When an issue is such that it demands the attention of a senior member of the Leadership Team please speak to the Deputy or Head of School on your site.

Executive Headteacher

There may be occasions when an issue is serious enough for it to be brought to the attention of the Executive Headteacher. In this instance, the issue will be referred up by the Deputy or Head of School.

Chair of Governors

Our policy states that should any person not be satisfied with the Executive Headteacher's response they should address their concerns to the Chair of Governors. They will acknowledge the complaint within 5 working days and arrange for a panel of governors to be formed to hear the complaint.

If your issue relates to Special Educational Needs or Additional Needs, the Inclusion Managers will be the people to contact.

**Inclusion
Manager**

Christmas Cheer Thank You!

Thank you all for your most generous response to the call out for goodies for our Christmas Cheer hampers.

Your generosity and kindness helped us to provide hampers to share with some of the families in our community.

It was delightful to be able to deliver such wonderful packages 🎄 keeping the spirit of Christmas going!

It's a real delight for us to be able to work with Christmas Cheer each year, which we could not do without your support, thank you all!



Thank you Waitrose!

Waitrose kindly donated 6 Snapper toys and 6 books which were given to the infant classes at HR.

Pauline Nasiry - HR's lovely admin assistant - was presented with the donations to distribute to the classes before the Christmas break.



De-stress, Relax and Breathe
YOGA @ Hove Junior
Classes for years 4,5 &6



Mondays 3.20-4.20pm / £7.00 per session

maisieallum-watts@hovejun.brighton-hove.sch.uk

Starts 8th Jan 2024 - Fees payable in advance for the whole half term.

Miss Allum - certified Yoga Teacher

Midday Supervisor required

West Hove Infant School - School Road site

Monday to Friday 12.00 – 1.00 pm (5 days per week)

Paid weeks per year 43.78

Hourly rate £12.59

We are looking for an MDSA to work with our friendly and supportive team of lunchtime staff and play leaders. You will need to:

- ☐ Supervise our children during lunchtimes, both in the playground and in the canteen
- ☐ Have a firm and fair approach with children from Reception to Year 2
- ☐ Have good inter-personal skills and a calm manner
- ☐ Be either first-aid trained or willing to undertake similar training

Start date: TBC

To apply for this job, please complete an application form and return to the school office or email it to:

recruitment@westhove-inf.brighton-hove.sch.uk

Employment under the Federated Board includes all locations/sites where both schools operate. Under this contract, you may be asked to work across different locations under the Federated Board, either temporarily or permanently

We are proud that our school is a culturally rich and diverse place of learning, and we are keen to encourage people from diverse ethnic backgrounds to apply and join our staff team. The school has a strong focus on Equality, Diversity & Inclusion for our pupils, staff and governors and we are passionate about creating an environment where every pupil can thrive. We are also very proud that Hove Junior School is an Inclusion Quality Mark (IQM) Centre of Excellence.

Hove Junior School and West Hove Infant School are committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. All new staff will be DBS (Disclosure Barring Service) checked at an advanced level.

Is your child struggling to attend school?

We understand that some young people can find it challenging to attend school, for several reasons.

We would like to offer a space to meet with someone to share your concerns and look at how we can support you around this.

You would be able to meet with an Attendance Officer from the council along with someone from the Schools Mental Health Service, to explore what we can offer, and support the conversations with school.

We are holding a number of sessions over the academic year:

Day 1

Date: 16th January

Time: 10.00 – 3.00

Venue: North Portslade Childrens Centre, The Rise, Portslade, BN41 2PY

Day 2

Date: 6th February

Time: 13.00 -16.00

Venue: North Portslade Childrens Centre, The Rise, Portslade, BN41 2PY

Day 3

Date: 27th February

Time: 10.00 – 3.00

Venue: Moulescoomb Family Hub, Hodshrove Lane, BN2 4SE

Day 4

Date: 12th March

Time: 13.00 -16.00

Venue: North Portslade Childrens Centre, The Rise, Portslade, BN41 2PY

Day 5

Date: Monday 19th March

Time: 10.00 – 3.00

Venue: Roundabout Children's Centre, Whitehawk Road, BN2 5FL

Day 6

Date: Tuesday 4th June

Time: 10.00 – 3.00

Venue: Moulescoomb Family Hub, Hodshrove Lane, BN2 4SE

Day 7

Date: Monday 10th June

Time: 10.00 – 3.00

Venue: Roundabout Children's Centre, Whitehawk Road, BN2 5FL

Day 8

Date: Tuesday 18th June

Time: 13.00 - 16.00

Venue: North Portslade Childrens Centre, The Rise, Portslade, BN41 2PY

There will be an Attendance Officer available between these times, along with a Family Support Worker from the Schools Mental Health Service.

This is a drop in offer and there is no need to book an appointment.



Parent Gym is a non-judgmental, fun and practical parenting course, made up of six two-hour sessions, with "missions" to complete between sessions.

The programme has been designed by leading psychologists, drawing on the latest parenting research and has been proven to increase parents' skills and confidence and so improve the behaviour and well-being of their children. We are holding an online course - for parents, carers and families across the country.

Description

Week 1 – CHAT

Developing effective communication skills to ensure that families are talking and listening to each other.

Week 2 – LOVE

Building self-esteem and independence through secure attachments. Establishing boundaries as part of love.

Week 3 – BEHAVE

Setting rules and being fair and consistent when you discipline your child. Getting the balance right, with enough praise and quality time together.

Week 4 – CARE

Looking after ourselves and our families, maintaining good physical and mental health for both parents and children.

Week 5 – DISCOVER

Supporting children to learn, explore, and make the most of their schooling.

Week 6 – TOGETHER

Looking to the future and recapping key techniques. Creating a strong family bond in a supportive and nurturing environment.

Sign up link here:

[https://parentgym.arlo.co/courses/10-parent-gym?
e=fe0095f396ae4aafa5b050c5c445a0d1](https://parentgym.arlo.co/courses/10-parent-gym?e=fe0095f396ae4aafa5b050c5c445a0d1)

SPRING TERM OFFER 2024

SERVICE (ALL SERVICES ARE FREE OF CHARGE)	WHAT'S AVAILABLE?	HOW TO BOOK/ENQUIRIES
SNAP & BRAVE Individual and small group work support for vulnerable children aged 8 – 13 (Y4 – Y8).	Face to face support in schools is ongoing this term. We work with children to build resilience, emotional literacy and explore feelings, underpinned by a Protective Behaviours approach. We run a waiting list and places are allocated on a first come first serve basis so please send us your referrals.	E-mail: safetynet.schools@impact-initiatives.org.uk
Whole class workshops Online safety (Y4 & Y5): Choices and responsibility	Through consultation with children, looking at current trends and the latest information from official outlets, our online safety workshop helps equip children to make informed decisions around internet & screen usage	E-mail: ruth.davey@impact-initiatives.org.uk
Whole class workshops Preparing for secondary workshops (Y6): These are for schools who have had the first workshop in the series in Term 1. Term 2: Taking Control	The second workshop of three looks at our personal strengths and how we can manage worries.	No need to do anything: Participating schools will be contacted by Ellie Cobb to arrange a suitable date for the second workshop in the series
Children's Mental Health Week Resource Pack For primary school aged children (Adaptable for many year groups).	Five activities centred around this year's Place2Be's CMHW message; 'My Voice Matters' To use on Interactive whiteboards or print out as workbooks/sheets	No need to do anything: The resource pack will be emailed to all B&H schools by half term.

webinars for parents/carers SUPPORTING CHILDREN AND YOUNG PEOPLE WITH THEIR MENTAL HEALTH



Each webinar will take place on Zoom at 10am and 7pm and will run for 90-120 minutes

FREE TO ANY
PARENT/CARER
LIVING IN
SUSSEX

- 19th October Attention Deficit Hyperactivity Disorder (ADHD) 8th
- November Building Self-Esteem and Resilience
- 13th December Depression
- 17th January Obsessive Compulsive Disorder (OCD)



Supported by Heads On and NHS Charities Together's Covid Appeal

WANT TO BOOK YOUR TICKETS?

Scan here:



Or visit:

<https://ticketlab.co.uk/series/id/1081/Sussex-CAMHS-ParentCarer-Webinars#/>

NEED TO GET IN TOUCH?

If you have any questions, please email: CAMHSParticipationTeam@spft.nhs.uk
CAMHSParticipationTeam@spft.nhs.uk

Delivered by Sussex Child & Adolescent Mental Health Services (CAMHS)



Are you concerned about your child's mental health?



- Anxiety
- Low mood
- Difficulties regulating emotions
- Self esteem and confidence
- Sleep difficulties
- Fears and phobias
- Separation, loss and bereavement



Scan the QR code below to *refer* your concern to Hove Learning Federation's Mental Health Lead. Link also available on our school website.

<https://www.westhoveinfants.co.uk/wp-content/uploads/sites/10/2023/03/Capture-1.png>



Naomi Miller (Mental Health Lead) will contact you within a week of your referral.

New referrals will be discussed at half termly triage meetings and support allocated.

NB: If you have an urgent concern about a child's mental health please call 0300 304 0061 during office hours or 0300 5000 101 outside of office hours.

Level 1 & Level 2

CYCLE



TRAINING

at Preston Park and Hove Park



Level 1 is where you will learn to control your bike.

Level 2 is where you start with real traffic, but sticking to quiet roads.

Monday 12 – Thursday 15
February

10am – 12.30pm each day

Ages 9 –15

Levels 1 & 2 together is £40 per person.

Level 1 – Riders must be able to ride independently with confidence and without stabilisers.

Progression to Level 2 training is depended on meeting all level 1 modules to National Standards Level.

Places are limited and on a first-come first-served basis.

To book your place, please contact Emily Tester on 01273 293847 or email: east.central@brighton-hove.gov.uk



**Brighton & Hove
City Council**

Top Tips for...

MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



DEVICE BOX

The National College



National Online Safety

#WakeUpWednesday