





## Hove Learning Federation Holland Road Newsletter

Friday 26th January 2024

Dear Families,

We continue to be incredibly proud of our children's learning across all sites. In the last few weeks we have had a number of visitors from other schools looking at aspects of our curriculum and how we deliver learning in the classroom. They are always amazed at the quality of the children's work.

We hope you enjoy seeing some of what the children have been working on later in this newsletter.

### **Positive Relationships**

At Hove Learning Federation we promote positive relationships. We aim to foster a learning community where children and adults all treat each other with respect, listen to each other carefully and make decisions collaboratively. We feel that positive relationships are the root of positive behaviour and attitudes to learning and we all have a part to play in building that positive foundation.

We have recently reviewed our Positive Relationships policy, which you can find on the <u>Infant</u> and <u>Junior</u> websites. This includes information about our Learning Compass, the Learning Characteristics, and the strategies we use to support children to understand their own emotions and behaviour.



Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School hollandroadenquiries@hovejun.brighton-hove.sch.uk 01273 916707

Hove Junior School <a href="mailto:hollandroadenquiries@hovejun.brighton-hove.sch.uk">hollandroadenquiries@hovejun.brighton-hove.sch.uk</a> 01273 916707

Hove Junior School Inclusion Team <a href="mailto:inclusionteam@hovejun.brighton-hove.sch.uk">inclusionteam@hovejun.brighton-hove.sch.uk</a> 01273 916609

Best wishes, Lorna Cummings

### **Diary Dates**

9th February - Last day of school
12th - 16th February - Half Term
19th February - First day back at school
27th & 29th February - Parents/Carers
Consultation Evenings

### **Our Vision**

We provide high-quality education to all pupils. This is realised through strong, shared values, policies and exceptional, inclusive practice.

We are a Family of Friends who LEARN together.

### Year 6

Since returning to school after Christmas, Year 6 have taken part in two Stunning Start in order to immerse the children in their new WWII topic 'A World At War'.

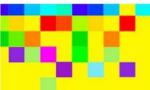
On Thursday 11th January, Year 6 went to the 'Take Shelter' experience at Downs Junior School where they were able to explore a refurbished air raid shelter before exploring different artefacts and hearing first-hand account from the volunteers at 'Take Shelter' who were all children during the war.

On Thursday 18th January, Year 6 took part in our 'Evacuee Day' where the children were transported back to 1941. After arriving dressed as evacuees, the children participated in a wide range of activities including: exploring the contents of evacuees' suitcases, experiencing an air raid, being 'billeted' by the Billeting Officer before marching up the stairs to climb aboard the train bound for the countryside. Once in their 'new homes', the children created Blackout Poetry, wrote letters home, played battleships, made 'bullet' paper aeroplanes and took part in military fitness.



## Year 6







### Saturday 6 April 2024

The Mini Mile offers children the chance to be part of the Brighton Marathon Weekend by running, jogging or walking a one-mile course in Preston Park

### **FREE to enter**

Waves start from 11:00am for ages 7 – 17

All finishers receive a medal and a digital finisher's certificate

**Entries open in January 2024** 

New for 2024 - female waves and family waves

Find out more: brightonmarathonweekend.co.uk





### Saturday 20 April 2024, entries open in January

FREE TO ENTER! - limited spaces available

School entry: Reception through to Year 12

Up to 100 places per school

Can be organised as a school trip or via parent/carer

Two distances to choose from: one mile or 2.6K

Cross the world-famous Finish Line of the TCS London Marathon

£10 per finisher for their school to buy PE/IT equipment

Medal for every child

**14,000 places this year.** Target to be world's largest youth mass participation event

FIND OUT MORE AND ENTER tcslondonmarathon.com/mini













January 2024

Dear Parent/Carer,

We are writing to inform you about the BounceTogether survey that we are using throughout our school community.

Hove Learning Federation is committed to creating a comprehensive and supportive learning environment for all children. Therefore we believe it is crucial to understand the wellbeing of our children. While we routinely measure academic outcomes we believe that measuring wellbeing to identify where children may need additional support to enhance their learning experience is also invaluable.

The BounceTogether survey has been developed as an essential tool to measure mental health and wellbeing, we are increasingly aware of the need to place mental health and wellbeing at the core of everything we do and it's the importance of supporting this for everyone within our community. With regards to individual information gathered from the surveys, this is treated confidentially within schools.

Our aim is to directly influence changes within our school, linking them closely to the needs within our setting, BounceTogether will only serve to reinforce the value we place upon mental health and wellbeing as we strive to support all individuals in this area of school life.

If you have any questions about BounceTogether please do not hesitate to contact the school.

Yours sincerely,

Lorna Cummings
Acting Executive Headteacher

WEST HOVE INFANT SCHOOL School Road Site, Portland Road, East Sussex, BN3 5JA
Email: admin@westhove-inf.brighton-hove.sch.uk
Tel: 01273 733386

WEST HOVE INFANT SCHOOL Holland Road Site, Holland Road, Hove, East Sussex, BN3 1JY Email: hollandroadenquiries@hovejun.brighton-hove.sch.uk Tel: 01273 916707 Hove Junior School Portland Road, Hove, East Sussex, BN3 5JA Web: www.hovejuniorschool.co.uk Email: portlandroadenquiries@hovejun.brighton-hove.sch.uk Telephone: 01273 916609

Hove Junior School Holland Road, Hove, East Sussex, BN3 1JY Web: www.hovejuniorschool.co.uk Email: hollandroadenquiries@hovejun.brighton-hove.sch.uk Telephone: 01273 916707



Hove Learning Federation is committed to creating a comprehensive and supportive learning environment for all children. Therefore we believe it is crucial to understand the wellbeing of our children. While we routinely measure academic outcomes we believe that measuring wellbeing to identify where children may need additional support to enhance their learning experience is also invaluable.

The intent of using this platform is to create a really clear and concise understanding of mental health and wellbeing within our setting and the wider community.

This is implemented by running these surveys either at regular intervals throughout the academic year.

The impact of using 'BounceTogether', is that it provides relevant data that informs us about the thoughts, feelings, and views of our school community, thus providing us with the ability to respond accordingly in a range of ways that will support, nurture and encourage all of our pupils.

BounceTogether offers a range of surveys. At Hove Junior School we've chosen to use the Stirling Children's Wellbeing Survey each term. This allows us to identify any children who might currently have a worry, or are struggling with their wellbeing in some way. Children who score low on the survey are supported with a range of in-school / in-class strategies. If a child scores low for two terms, then the class teacher is advised to have an informal chat with the parents/carers to discuss the in-school strategies and possible support around the child. If appropriate, we can consider a School Mental Health Referral in collaboration with parents/carers.

For more information please talk to Naomi Miller, Mental Health Lead.







## Who Do I Contact at Hove Learning Federation?

**Office Staff** 

The Office Staff will be able to answer most queries about the general day-to-day running of the school i.e. payments, letters, club information and general school enquiries. The office staff will also pass messages on to other staff members.

**Class Teacher** 

The Class Teacher will be the first person to speak to in the case of a class-based issue or enquiry that the office is unable to answer, such as friendship issues or academic achievement. The majority of issues can be sorted out at this stage.

Year Leader

For any issue that is more serious in nature or relates specifically to the year group (e.g. curriculum, organisation, year group expectations), please speak to the year group leader.

Deputy /Head of School

When an issue is such that it demands the attention of a senior member of the Leadership Team please speak to the Deputy or Head of School on your site.

Executive Headteacher

There may be occasions when an issue is serious enough for it to be brought to the attention of the Executive Headteacher. In this instance, the issue will be referred up by the Deputy or Head of School.

Chair of Governors

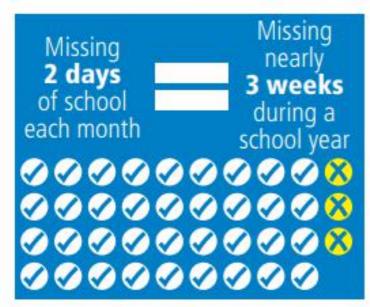
Our policy states that should any person not be satisfied with the Executive Headteacher's response they should address their concerns to the Chair of Governors. They will acknowledge the complaint within 5 working days and arrange for a panel of governors to be formed to hear the complaint. If your issue relates to Special Educational Needs or Additional Needs, the Inclusion Managers will

> inciusion Manager

## Why is school attendance so important?

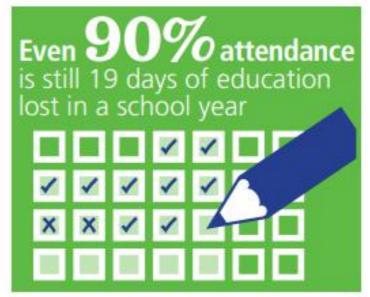












## ATTEND! AIM HIGH! ACHIEVE!

Please speak to a teacher, or the attendance lead at your school if you have any concerns. Further information can be found at www.brighton-hove.gov.uk/support-at-school or by emailing Brighton & Hove's Attendance Team — attendanceteam@brighton-hove.gov.uk

## De-stress, Relax and Breathe YOGA @ Hove Junior

Classes for years 4.5 &6



## Mondays 3.20-4.20pm / £7.00 per session

maisieallum-watts@hovejun.brighton-hove.sch.uk Starts 8th Jan 2024 - Fees payable in advance for the whole half term.

Miss Allum - certified Yoga Teacher

# WANT YOUR CHILD TO CATCH UP IN MATHS?

Limited spots available in my:

## Year 3 Maths Group

- Understand formal written methods
- Fill in any gaps in Key Stage One understanding

## Year 4 Maths Group

Build fluency with your times tables

· Pass the multiplication check

## Year 5 Maths Group

- Build foundations for Y6
- Reasoning & Problem Solving

## Year 6 Maths Group

- Get ready for Y6 SATs
- Arithmetic & Reasoning

### 11+ Preparation Group

- Pass the 11+ with confidence
- Maths, Verbal & Non-Verbal Reasoning

## © Call Today 07848699164



ryanfaers@gmail.com

- Online Group Tuition
- Maximum Group Size of 4
- £25 per hour
- Maths Topic Checklist/Syllabus
- Marked Homework Task



Scan the QR Code to Learn More



## What Parents & Carers Need to Know about

## MYLOL

13-19

WHAT ARE THE RISKS? MyLOL is a free social networking and dating site aimed at teens. Profiles can publicly display users' images and information, including sexual orientation and personal interests. The service bills itself as "the number one teen dating website in the world", claiming to have more than a million users globally. Despite its popularity, the MyLOL app is no longer available from Google Play or the App Store, although the site is still active. In some countries, police forces and schools have previously warned parents about "sinister predators" and "inappropriate activities" on the site.

### FLIMSY AGE GATES

Although MyLOL states it is exclusively aimed at users aged between 13 and 19, there is no credible age verification system to prevent a younger child – or an older adult – from signing up to the platform. Coupled with the fact that it's impossible to establish a user's true identity on MyLOL, this raises a serious concern that the site could be used for grooming.

## AGE-INAPPROPRIATE CONTENT

MyLOL maintains that it monitors all uploaded images for nudity or sexual content. It also claims to be able to detect suspicious keywords. However, there have been numerous reports of explicit content being found on the platform, with users often posting provocative, semi-nude pictures of themselves and engaging in flirty or sexually explicit conversation.

### POTENTIAL CYBER-BULLYING

MyLOL lets users 'vote' on other people based solely on their appearance, much in the same vein as the now-defunct site Hot or Not. This feature could easily lead to distress and bullying, especially if a young person's profile pics receive an unfavourable response. Various reviews of MyLOL have noted that bullying frequently becomes an issue in the platform's chat groups and private messages.

DISCUSS ONLINE DATING



## Advice for Parents & Carers

## It's vital to talk to your child about the possible dangers of platforms like MyLOL – particularly the threat of online predators. Remind them of the risks of sharing intimate images and information with strangers and emphasise that most people don't realise they're being 'catfished' until it's too late – it really isn't wise for a young person to meet up with someone they've only spoken to online.

### RESTRICT IN-APP SPENDING

If your child has access to a bank card or other payment method, they may be enticed into signing up for MyLOL's premium features. Having their profile boosted and receiving more attention could be especially tempting if their friends also use the site. You could consider altering their device's settings to disable internet purchases, or at the very least keeping an eye on their online spending.

### SET UP LOCATION ALERTS

EXPLAIN PRIVACY RISKS

If you're worried that your child may be planning to meet up with someone they've met on MyLOL, you could consider utilising GPS or WiFi location tracking technology to follow their whereabouts in real time. You can even set up a virtual boundary or 'fence' and opt to receive an alert to your phone if your child enters or exits a specified area.

Before your child begins using a service such as MyLOL, it's important that they understand the potential pitfalls of giving out their personal data on this type of platform. Explain to them, for example, that they shouldn't divulge any personally identifying information to people who they don't know, as scammers can be quite convincing when attempting to steal someone's identity.

### Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid The inquirer, Carly is now a freelance technology journalist, editor and consultant.





The National College



extremely dangerous situations, such as a young person meeting up



f /NationalOnlineSafety

@nationalonlinesafety



### Is your child struggling to attend school?

We understand that some young people can find it challenging to attend school, for several reasons.

We would like to offer a space to meet with someone to share your concerns and look at how we can support you around this.

You would be able to meet with an Attendance Officer from the council along with someone from the Schools Mental Health Service, to explore what we can offer, and support the conversations with school.

We are holding a number of sessions over the academic year:

#### Day 1

**Date:** 16th January **Time:** 10.00 – 3.00

Venue: North Portslade Childrens Centre, The Rise, Portslade, BN41 2PY

#### Day 2

**Date:** 6th February **Time:** 13.00 -16.00

Venue: North Portslade Childrens Centre, The Rise, Portslade, BN41 2PY

#### Day 3

**Date:** 27th February **Time:** 10.00 – 3.00

Venue: Moulescoomb Family Hub, Hodshrove Lane, BN2 4SE

### Day 4

Date: 12th March Time: 13.00 -16.00

Venue: North Portslade Childrens Centre, The Rise, Portslade, BN41 2PY

#### Day 5

**Date:** Monday 19th March **Time:** 10.00 – 3.00

Venue: Roundabout Children's Centre, Whitehawk Road, BN2 5FL

### Day 6

Date: Tuesday 4th June Time: 10.00 – 3.00

Venue: Moulescoomb Family Hub, Hodshrove Lane, BN2 4SE

#### **Day 7**

**Date:** Monday 10th June **Time:** 10.00 – 3.00

Venue: Roundabout Children's Centre, Whitehawk Road, BN2 5FL

#### Day 8

Date: Tuesday 18th June Time: 13.00 - 16.00

Venue: North Portslade Childrens Centre, The Rise, Portslade, BN41 2PY

There will be an Attendance Officer available between these times, along with a Family Support Worker from the Schools Mental Health Service.

This is a drop in offer and there is no need to book an appointment.



Parent Gym is a non-judgmental, fun and practical parenting course, made up of six two-hour sessions, with "missions" to complete between sessions.

The programme has been designed by leading psychologists, drawing on the latest parenting research and has been proven to increase parents' skills and confidence and so improve the behaviour and well-being of their children. We are holding an online course - for parents, carers and families across the country.

### **Description**

### Week 1 - CHAT

Developing effective communication skills to ensure that families are talking and listening to each other.

### Week 2 - LOVE

Building self-esteem and independence through secure attachments. Establishing boundaries as part of love.

### Week 3 - BEHAVE

Setting rules and being fair and consistent when you discipline your child. Getting the balance right, with enough praise and quality time together.

### Week 4 - CARE

Looking after ourselves and our families, maintaining good physical and mental health for both parents and children.

### Week 5 - DISCOVER

Supporting children to learn, explore, and make the most of their schooling.

### Week 6 - TOGETHER

Looking to the future and recapping key techniques. Creating a strong family bond in a supportive and nurturing environment.

Sign up link here:

https://parentgym.arlo.co/courses/10-parent-gym?e=fe0095f396ae4aafa5b050c5c445a0d1

## SPRING TERM OFFER 2024

	SERVICE (ALL SERVICES ARE FREE OF CHARGE)	WHAT'S AVAILABLE?	HOW TO BOOK/ENQUIRIES
	SNAP & BRAVE Individual and small group work support for vulnerable children aged 8 – 13 (Y4 – Y8).	Face to face support in schools is ongoing this term. We work with children to build resilience, emotional literacy and explore feelings, underpinned by a Protective Behaviours approach. We run a waiting list and places are allocated on a first come first serve basis so please send us your referrals.	E-mail: safetynet.schools@impact -initiatives.org.uk
П	Whole class workshops Online safety (Y4 & Y5): Choices and responsibility	Through consultation with children, looking at current trends and the latest information from official outlets, our online safety workshop helps equip children to make informed decisions around internet & screen usage	E-mail: ruth.davey@impact- initiatives.org.uk
	Whole class workshops Preparing for secondary workshops (Y6): These are for schools who have had the first workshop in the series in Term 1. Term 2: Taking Control	The second workshop of three looks at our personal strengths and how we can manage worries.	No need to do anything: Participating schools will be contacted by Ellie Cobb to arrange a suitable date for the second workshop in the series
	Children's Mental Health Week Resource Pack For primary school aged children (Adaptable for many year groups).	Five activities centred around this year's Place2Be's CMHW message; 'My Voice Matters' To use on Interactive whiteboards or print out as workbooks/sheets	No need to do anything: The resource pack will be emailed to all B&H schools by half term.

Impact Initiatives Charity No. 276669 www.impact-initiatives.org.uk www.safety-net.org.uk



## Autism and online safety

You are invited to a coffee morning with BHISS staff on

## Thursday 1st February 2024 at 9.15am at the Holland Road site

This meeting is for parents or carers of children with an autism diagnosis and also those on the pathway

Mandy Leahy, who is an autism family support worker from the council's inclusion and support service, (BHISS) will be here at the school to answer questions and talk through strategies.

Please ask Louise Molloy or Mandy Stewart for further information



# Are you concerned about your child's mental health?



- Anxiety
- Low mood
- Difficulties regulating emotions
- Self esteem and confidence
- Sleep difficulties
- Fears and phobias
- Separation, loss and bereavement



Scan the QR code below to refer your concern to Hove Learning Federation's Mental Health Lead. Link also available on our school website.

https://www.westhoveinfants.co.uk/wp-content/uploads/sites/10/2023/03/Capture-1.png



Naomi Miller (Mental Health Lead)
will contact you within a week of
your referral.

New referrals will be discussed at half termly triage meetings and support allocated.

NB: If you have an urgent concern about a child's mental health please call 0300 304 0061 during office hours or 0300 5000 101 outside of office hours.