



**WEST HOVE
INFANT SCHOOL**
.....
A family of friends



Hove Learning Federation Holland Road Newsletter



Friday 9th February 2024

Dear Families,

We wish all our families a happy and healthy half term holiday and look forward to welcoming you back to the second half of the spring term on Monday 19th February.

Parent/Carer Appointments

Our Parent/Carer Consultation evenings are taking place on Tuesday 27th and Thursday 29th February. If you haven't booked your appointment it's not too late. Please book using the instructions that were sent out via SchoolPing on 29th January.

Learning Model: The Enacted Curriculum

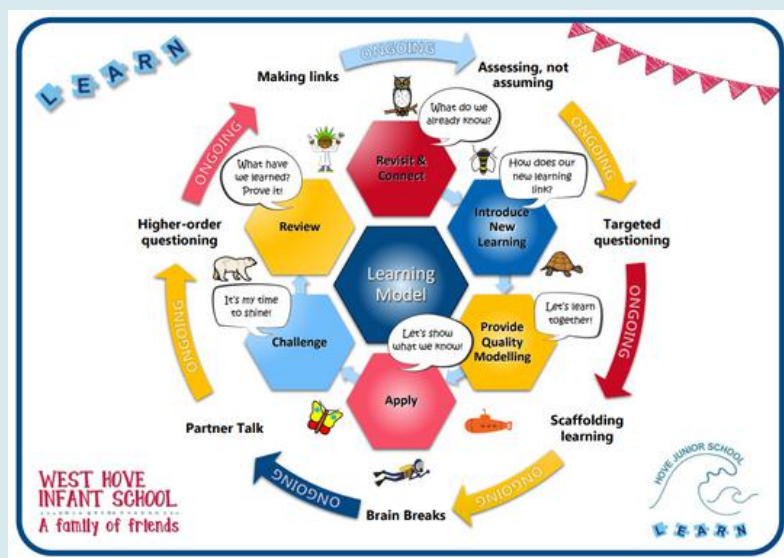
To ensure constant quality-first teaching across the curriculum we have developed the Hove Learning Federation Learning Model. As illustrated in our visual guide below, each stage of the model has been carefully crafted on the most up to date evidence-based research. It is a model designed to enable all children to:

- Revisit prior learning from previous lessons and linked units from past terms and years.
- Make links with this learnt knowledge and new learning.
- Access new learning through skilled teacher modelling.
- Apply new understanding and skills with partner and independent work.
- Experience challenge at their level.
- Review the learning for that day and be guided to see how their understanding has deepened.



Teachers do not make assumptions about children's understanding, but use a range of Assessment for Learning strategies to adjust lesson content and pace so that they are delivering the right knowledge and skills for the children they have in front of them. Learning is scaffolded to be inclusive to all, and brain breaks and partner talk keep the learning engaging, accessible and challenging. Higher order questioning is used to guide children to make links and encourage considered thinking.

Staff receive regular CPD on each element of the Learning Model. Areas for development are pinpointed through monitoring and targeted for improvement.



Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School
hollandroadenquiries@hovejun.brighton-hove.sch.uk
01273 916707

Hove Junior School
hollandroadenquiries@hovejun.brighton-hove.sch.uk
01273 916707

Hove Junior School Inclusion Team
inclusionteam@hovejun.brighton-hove.sch.uk
01273 916609

Best wishes,
Lorna Cummings

Diary Dates

12th - 16th February - Half Term

19th February - First day back at school

27th & 29th February - Parents/Carers
Consultation Evenings

7th March - World Book Day

15th March - Red Nose Day - dress down day
(optional Red theme)

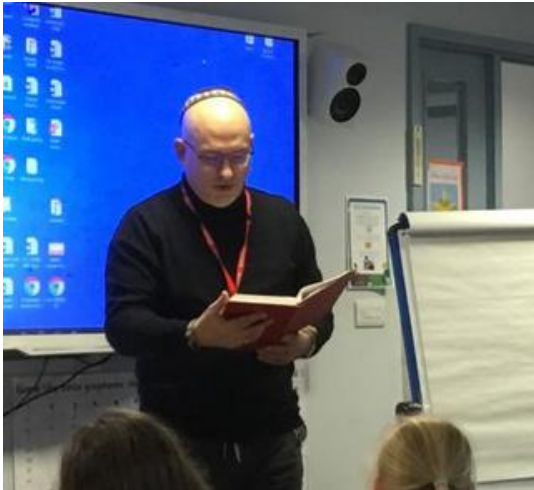
Our Vision

We provide high-quality education to all pupils. This is realised through strong, shared values, policies and exceptional, inclusive practice.

We are a Family of Friends who LEARN together.



Special Visitor in Year 3



On Tuesday 6th February, Year 3 at Holland Road were incredibly lucky to have a special visitor. Rabbi Andrea Zanardo from The Brighton and Hove Reform Synagogue came to speak to our year group, as part of our prayer topic, in RE.

We have been looking at different faiths. We have learned about how and why people pray. Rabbi Zanardo explained how and why Jewish people pray, and shared his wealth of knowledge. We are so grateful for his visit.

The children asked a lot of questions and showed how much they have learnt this term. We were so proud of them.



Year 3 & 4 Indoor Cricket

On Tuesday 23rd January, a group of year 3 and 4 took part in an indoor cricket taster session run by Sussex Cricket. It was a wonderful afternoon filled with skills, drills and games and lots of children from other schools. The group represented Hove Juniors wonderfully and were full of energy and enthusiasm! Have a look at some of what they got up to.



Year 3 & 4 Indoor Cricket



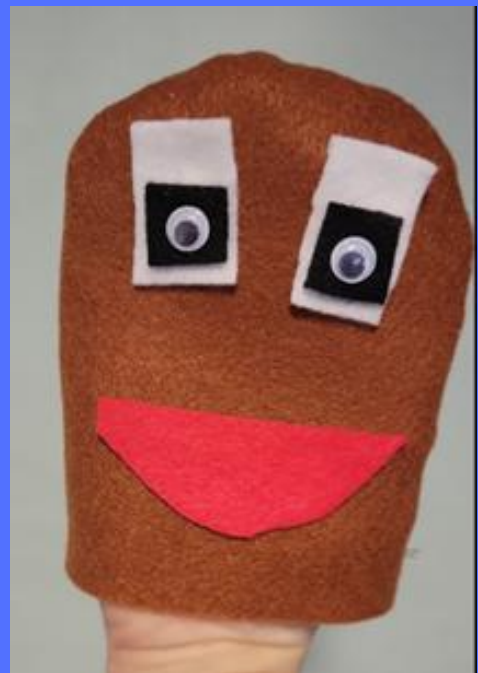
Year 3 & 4 Indoor Cricket



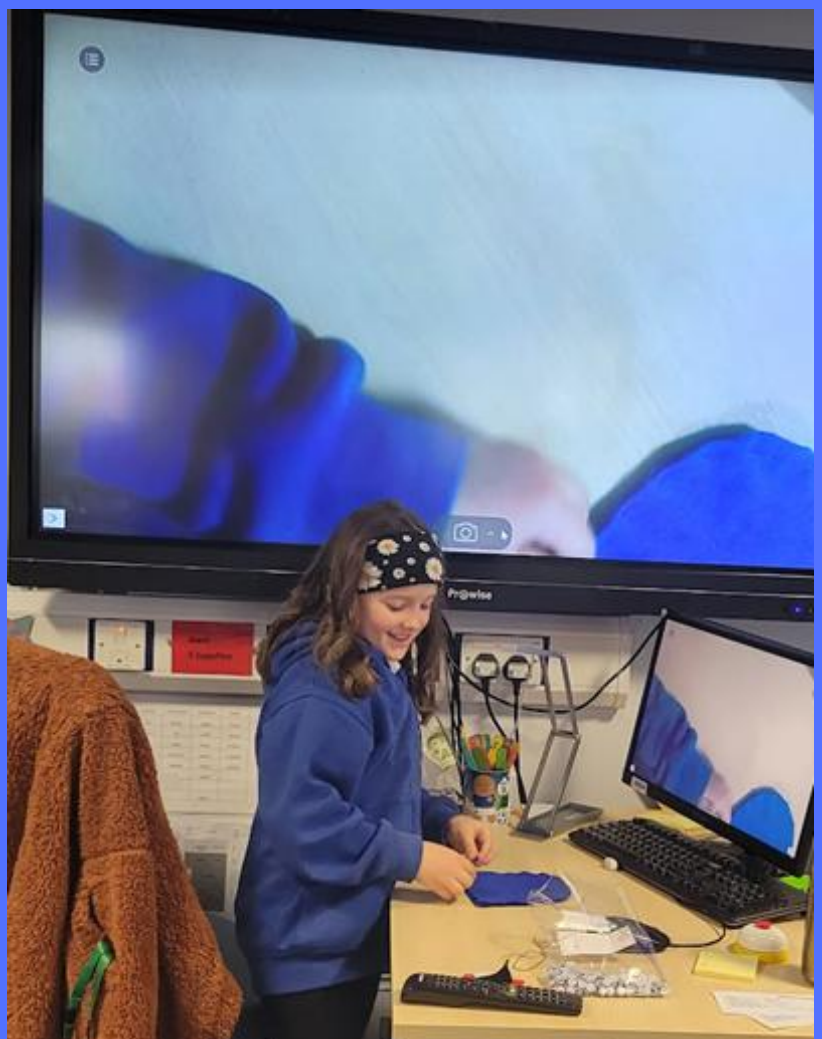
Year 5 Take Over day

On Friday 26th January, year 5 pupils had the opportunity to take over as teachers for the day. Choosing, planning, preparing and delivering a 10minute lesson to their peers and teachers. It was a huge success. We had lessons on drawing, languages, puppet making, artificial intelligence, maths, origami, computing and many more! A huge well done to all the children for their engagement and hard work! This was a wonderful experience for all involved.

Here are some highlights...



Year 5 Take Over day



Year 5 Take Over day



Year 6 Humanist Visit

This week, after recently covering the topic of Humanism in RE, Year 6 were visited by the renowned humanist Julian Webb. The students showed a great deal of enthusiasm, curiosity and respect when listening to Julian talk, and then asked some really thoughtful questions. The Year 6 staff and students really enjoyed Julian's visit and everyone felt like they learnt a lot.

Questions ranged from 'What do you think happened before the big bang?' to 'Can religious people also define themselves as humanists?' and 'What have you done to make the world a better place?'.

Upon departing, Julian advised a member of staff that they were the best set of questions he'd ever had!



Year 6 boy's football team news

Hove Junior School VS Brackenbury Primary

Our year 6 boys had their third league game against Brackenbury on Thursday 25th January. What an exciting game it was! Held to a 1-1 draw at half time, the boys got another 3 goals in the second half to end on 4-1 to Hove Juniors.

A special mention to the boys as we received a wonderful email from Brackenbury's assistant head complimenting the boys on being 'a credit to our school, they were respectful, played hard but fair and were humble when winning'.

We couldn't be prouder of our wonderful team - well done!



AT HOVE LEARNING FEDERATION, WE
CELEBRATE LANGUAGES

LANGUAGE OF THE MONTH

This month we are celebrating

Spanish

Do you speak Spanish? Could you say the days of the week? Would you be able to teach your class how to say hello or how to count to four?



Days of the week in Spanish

SUNDAY	DOMINGO
MONDAY	LUNES
TUESDAY	MARTES
WEDNESDAY	MIERCOLES
THURSDAY	JUEVES
FRIDAY	VIERNES
SATURDAY	SABADO

Hello



Goodbye



Do you have any books in Spanish? We'd love to see them. Please bring them in to show your class (with your name in).

MEASLES - a message from Public Health Schools

Measles is now circulating in England and families are advised to check with children, teenagers, and adults that they are up to date with their MMR vaccine. Measles is a highly infectious disease which can lead to serious illness.

The measles, mumps, and rubella (MMR) vaccine provides excellent protection against measles, and it is free on the NHS.

Children are offered the first dose of the MMR vaccine at one year and the second dose at 3 years 4 months, but they can be given with as little as a one-month gap between doses, depending on age.

What should you do?

To see if your child is up to date with their MMR vaccine, check their red book, or contact your GP practice. If anyone has missed one or both doses of the MMR vaccine, contact your GP practice to book an appointment.

It's never too late to catch up on your MMR vaccination. Find out more about MMR vaccinations on the NHS website.

Measles signs and symptoms

Measles usually starts with cold-like symptoms, followed by a rash a few days later. Some people may also get small spots in their mouth.

The first symptoms of measles include:

- a high temperature
- a runny or blocked nose
- sneezing
- a cough
- red, sore, watery eyes
- Small white spots may appear inside the cheeks and on the back of the lips a few days later. These spots usually last a few days.
- A rash usually appears a few days after the cold-like symptoms - The rash looks brown or red on white skin. It may be harder to see on brown and black skin.

More information about measles, symptoms and actions you can take are on this 0-18 NHS website. information on this website is available in many languages and has Recite me facility.

If you or a family member develops any symptoms of measles, contact your GP by phone.

Please do not go to your GP, walk-in centre, or any other healthcare setting without calling ahead, as measles is very infectious.

My VOICE MATTERS

Place2Be's
**CHILDREN'S
MENTAL HEALTH
WEEK**

TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe – “My Voice Matters”.

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour. and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

Here's what children and young people told us they need from you:

- ① We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- ② I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- ③ Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- ④ Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- ⑤ Don't compare my experiences to your own when you were a child.
- ⑥ Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- ⑦ Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- ⑧ If you are open with me about your feelings, this can help me to be more open about mine.
- ⑨ Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school - because they 'get it'.
- ⑩ Sometimes a hug is all it takes to make me feel supported.



WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

For primary children: bit.ly/3PzCGI8

For secondary children: bit.ly/3LBD2wK

CONVERSATION STARTERS

Some ways to start a conversation with your child about mental health could be...

TELL ME ABOUT
YOUR DAY

WHAT WAS THE BEST
THING ABOUT TODAY?

WHAT IS THE BIGGEST
STRESS / WORRY IN YOUR
LIFE RIGHT NOW?

WHAT'S YOUR
ONLINE LIFE LIKE?

WHO WOULD YOU TALK
TO IF YOU WERE FEELING
WORRIED ABOUT YOUR
MENTAL HEALTH?

WHAT CAN I DO
TO HELP YOU?

De-stress, Relax and Breathe
YOGA @ Hove Junior
Classes for years 4,5 &6



Mondays 3.20-4.20pm / £7.00 per session

maisieallum-watts@hovejun.brighton-hove.sch.uk

Starts 19th February - Fees payable in advance for the whole half term

Miss Allum - certified Yoga Teacher

Is your child struggling to attend school?

We understand that some young people can find it challenging to attend school, for several reasons.

We would like to offer a space to meet with someone to share your concerns and look at how we can support you around this.

You would be able to meet with an Attendance Officer from the council along with someone from the Schools Mental Health Service, to explore what we can offer, and support the conversations with school.

We are holding a number of sessions over the academic year:

Day 1

Date: 16th January

Time: 10.00 – 3.00

Venue: North Portslade Childrens Centre, The Rise, Portslade, BN41 2PY

Day 2

Date: 6th February

Time: 13.00 -16.00

Venue: North Portslade Childrens Centre, The Rise, Portslade, BN41 2PY

Day 3

Date: 27th February

Time: 10.00 – 3.00

Venue: Moulescoomb Family Hub, Hodshrove Lane, BN2 4SE

Day 4

Date: 12th March

Time: 13.00 -16.00

Venue: North Portslade Childrens Centre, The Rise, Portslade, BN41 2PY

Day 5

Date: Monday 19th March

Time: 10.00 – 3.00

Venue: Roundabout Children's Centre, Whitehawk Road, BN2 5FL

Day 6

Date: Tuesday 4th June

Time: 10.00 – 3.00

Venue: Moulescoomb Family Hub, Hodshrove Lane, BN2 4SE

Day 7

Date: Monday 10th June

Time: 10.00 – 3.00

Venue: Roundabout Children's Centre, Whitehawk Road, BN2 5FL

Day 8

Date: Tuesday 18th June

Time: 13.00 - 16.00

Venue: North Portslade Childrens Centre, The Rise, Portslade, BN41 2PY

There will be an Attendance Officer available between these times, along with a Family Support Worker from the Schools Mental Health Service.

This is a drop in offer and there is no need to book an appointment.

What Parents & Carers Need to Know about MONKEY

AGE RESTRICTION
17+

(although the lack of age verification means that someone younger could easily log in with a false date of birth)

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

The app claims to use AI to detect sexual content or activity that violates its policies, along with having a 24/7 moderation team. However, reports in the media continue to indicate that explicit content remains commonplace on Monkey (including sexually graphic or violent material) and is therefore accessible to anybody who uses the app – including those aged under 18.

CONTACT WITH STRANGERS

The obvious risk in accepting random video chat partners is that users cannot know what or who they will see on their next connection. Talking to strangers is, of course, potentially dangerous – especially for children who might be persuaded to meet up with these people offline. The app lets users find each other by location, increasing the chances of a child being matched with a stranger from their local area.

IN-APP SPENDING

While Monkey is free to download, it nevertheless offers in-app purchases promising to unlock access to premium features. For example, users who wish to make use of 'Knock Knock chat' (Monkey's text-based messaging option), rather than the app's Chatroulette-style random video calling feature, will need to pay to be able to do so.

INTRUSIONS ON PRIVACY

According to Monkey's privacy policy, personal information (such as name, profile picture and date of birth), user-contributed content (any photos, texts, videos and screenshots shared) and each user's browser and IP address are collected. That is a considerable amount of data for Monkey to gather on its users – and all of this information is shared with third parties.

Advice for Parents & Carers

DISCUSS THE DANGERS

Even if you're comfortable with your child using Monkey, it's still important to talk about the potential dangers. It's crucial, for instance, that young people recognise the risks that stem from video chatting with strangers; that they understand not to share identifying information (like their street or school name); and that they know what to do if they are exposed to inappropriate content.

REPORT INAPPROPRIATE CONTENT

Monkey states in the safety section of its site that "people are given the power" and that, to a large extent, Monkey is "self-governing." If a user is exposed to sexually explicit or inappropriate content on the platform, they can select the 'police' emoji in the top right corner of their screen to submit a report for Monkey's moderation team to review.

RESTRICT IN-APP PURCHASING

If your child is accessing Monkey via an Android device, you can prevent them from making in-app purchases through the device's settings. If you do allow your child to use the site, we'd recommend that you enable this feature: young people have been known to spend significant amounts of money in their desire to unlock more features in apps such as this.

SPOT THE SIGNS

If you're concerned that your child is spending too much time on Monkey – or that they may have been exposed to inappropriate or distressing content – it's important to watch for potential indications that they've been affected emotionally. They could be unusually irritable or unable to concentrate, for example, or failing to complete their homework or even to eat regular meals.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College

NOS National Online Safety
#WakeUpWednesday



Are you concerned about your child's mental health?



- Anxiety
- Low mood
- Difficulties regulating emotions
- Self esteem and confidence
- Sleep difficulties
- Fears and phobias
- Separation, loss and bereavement



Scan the QR code below to *refer* your concern to Hove Learning Federation's Mental Health Lead. Link also available on our school website.

<https://www.westhoveinfants.co.uk/wp-content/uploads/sites/10/2023/03/Capture-1.png>



Naomi Miller (Mental Health Lead) will contact you within a week of your referral.

New referrals will be discussed at half termly triage meetings and support allocated.

NB: If you have an urgent concern about a child's mental health please call 0300 304 0061 during office hours or 0300 5000 101 outside of office hours.