



**WEST HOVE  
INFANT SCHOOL**  
.....  
**A family of friends**

## Hove Learning Federation Holland Road Newsletter

Friday 14th February 2025

Dear Families,

Here at Holland Road this week it has been a wonderful end to the term and a real celebration of the joint commitment and dedication of the infant and junior Eco Committee working together in the school community. Our governors have also been in school this week working with our Inclusion team and coming into classrooms. They've been so impressed by the school's Inclusive practice and the consistency in learning environments and the positive learning behaviours shown in each and every classroom.

Thank you to you all for your ideas and support for crazy hair day this week and our supportive PTA who've been busy again raising funds for the school.

**World Book Day** is just around the corner (Thursday 6th March), and our theme this year is 'Twisted Fairy Tales', with a whole range of fun reading activities to enjoy! British Science Week will also be taking place from 7-16th March. As part of the celebrations, we will be launching a poster competition in the first week after half term.

Have an enjoyable half term and we look forward to seeing you back at school on Monday 24th February.



Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School

[hollandroadenquiries@hovejun.brighton-hove.sch.uk](mailto:hollandroadenquiries@hovejun.brighton-hove.sch.uk)

01273 916707

Hove Junior School

[hollandroadenquiries@hovejun.brighton-hove.sch.uk](mailto:hollandroadenquiries@hovejun.brighton-hove.sch.uk)

01273 916707

Hove Junior School Inclusion Team

[inclusionteam@hovejun.brighton-hove.sch.uk](mailto:inclusionteam@hovejun.brighton-hove.sch.uk)

01273 916609

Best wishes,

Maddie Southern

## Diary Dates

**17th - 21st February** - Half Term

**24th February** - First day back at school

**4th & 6th March** - Parent/Carer Consultation Evenings

**6th March** - World Book day (dress up)

**19th March** - Let's Dance Performance

**24th March** - Year 2 Drusillas Trip

**25th March** - Year 3 Windfarm Trips





# Year 5 Stunning Start

To coincide with Year 5's new class text—The Explorer, the children completed a range of fun activities. They used their artistic skills and worked together to draw maps and complete challenges.







**This half term, thinking about the extra time you might spend as a family, here are some tips for navigating screen time generally, and getting off on the right foot as a family around tech use.**

### **Family tech talks**

This half term (or any time), why not spend some time as a family, discussing tech? Start with the positives, discussing what's good in our digital age, before moving on to challenges. Starting on a positive note will help children feel understood, and then might help them to feel more open to discussing limits and challenges of tech. This might in turn make them more understanding of time limits, and helps develop critical thinking about their online lives.

### **Time limits**

We have all experienced the meltdowns that come with saying time is up, on a video, game or other online activity. Setting a timer and reminding them when it's e.g. 20 minutes, then 10 minutes to go, will help prepare your child to wind down. It may well still be hard for your child to switch off, and tantrums are completely normal, so do expect them, and do empathise, but don't give in.

**All the best and a wonderful weekend, the West Hove Infant and Hove Junior SFC Working Group**



**YOUR  
SCHOOL  
LOTTERY**

**Hove Junior School**

# **WE'VE LAUNCHED A LOTTERY**

**Buy your tickets now to  
help our fundraising**

**Tickets cost just £1**

**All profits go to our school**

**Local cash prize every week**

**Chance to win the £25,000 jackpot!**



[Play Now](#)

# Messages for parents and carers

## Internet Safety Information



[internetmatters.org](https://internetmatters.org) is a very useful website which contains parental advice, support and guides on how to put control settings onto devices, social media and gaming. It has useful video guides as well as PDF versions.

The National College for Online Safety website also has useful information, including online safety guides for all the latest apps, games and devices:

<https://nationalcollege.com/parents>



## Asda's Cashpot for Schools

Thank you to our families who downloaded and utilised the Asda Cashpot Rewards App, you raised £190.58 for the schools!





# Are you concerned about your child's mental health?



- Anxiety
- Low mood
- Difficulties regulating emotions
- Self esteem and confidence
- Sleep difficulties
- Fears and phobias
- Separation, loss and bereavement



Scan the QR code below to refer your concern to Hove Learning Federation's Mental Health Lead. Link also available on our school website.

<https://www.westhoveinfants.co.uk/wp-content/uploads/sites/10/2023/03/Capture-1.png>



Naomi Miller (Mental Health Lead) will contact you within a week of your referral.

New referrals will be discussed at half termly triage meetings and support allocated.

NB: If you have an urgent concern about a child's mental health please call 0300 304 0061 during office hours or 0300 5000 101 outside of office hours.



# TIPS FOR FAMILIES

Place2Be's

CHILDREN'S  
MENTAL HEALTH  
WEEK

## ① Encourage journalling

Just like Riley, encourage your older children and young people to express their emotions and thoughts through journalling. It can be less confronting than speaking out loud and is a helpful way to process what is going on.

## ② Make space for reflection

When children and young people reflect on their different emotions, it can help them better understand themselves and what they need.

Go for a walk, drive, or try some mindful colouring or baking together.

## ③ Be visual

Use imagery, such as emojis or flashcards to help children and young people recognise and label their feelings.

## ④ Practice mindfulness

Try mindful activities, and quiet family time, to enjoy being in the present moment. This can help children and young people be aware of their thoughts and emotions and learn a useful new coping technique.

## ⑤ Communicate

Feedback is crucial for helping us see our blind spots and gain greater insight. Children and young people are no different. Creating safe and supportive ways to share your own experience with your child can help them understand themselves and their impact on the world around them.



If you're a parent or teacher, you'll find loads of useful advice to help you support the brilliant young people in your lives – from FAQs to downloadable packs. [Here4You.co.uk](https://www.here4you.co.uk)





## Webinars from SMHS

### Webinars now available to watch any time

Our EMHPs (Education Mental Health Practitioners) have recorded webinars on some of the most common concerns they see. These are available to watch at any time:

Let's talk about **Low Mood** <https://tinyurl.com/ytb3t53j>

**Supporting your Child with Sleep Difficulties** <https://tinyurl.com/z7ncutef>

**Helping your child to cope with their fears and worries** <https://tinyurl.com/4b23uv4a>

**Supporting your Child in the Transition to Year 7** <https://tinyurl.com/ycxa9yht>

We are on Facebook - please follow us for news on events and resources for children and young people's mental health and wellbeing



Find us at [Facebook](https://tinyurl.com/3ujayz3j) <https://tinyurl.com/3ujayz3j>

# BHISS Literacy Team Parents' and Carers' Open Evening

**FREE!**

**Supporting Dyslexia and Literacy Difficulties at Primary and Secondary School**

- Open to all parents / carers with questions about their children's literacy development - no need to book, just come along.
- Demonstration of a range of useful resources and games.
- Presentation from BHISS Literacy Team to introduce the new **Dyslexia Guidance** document



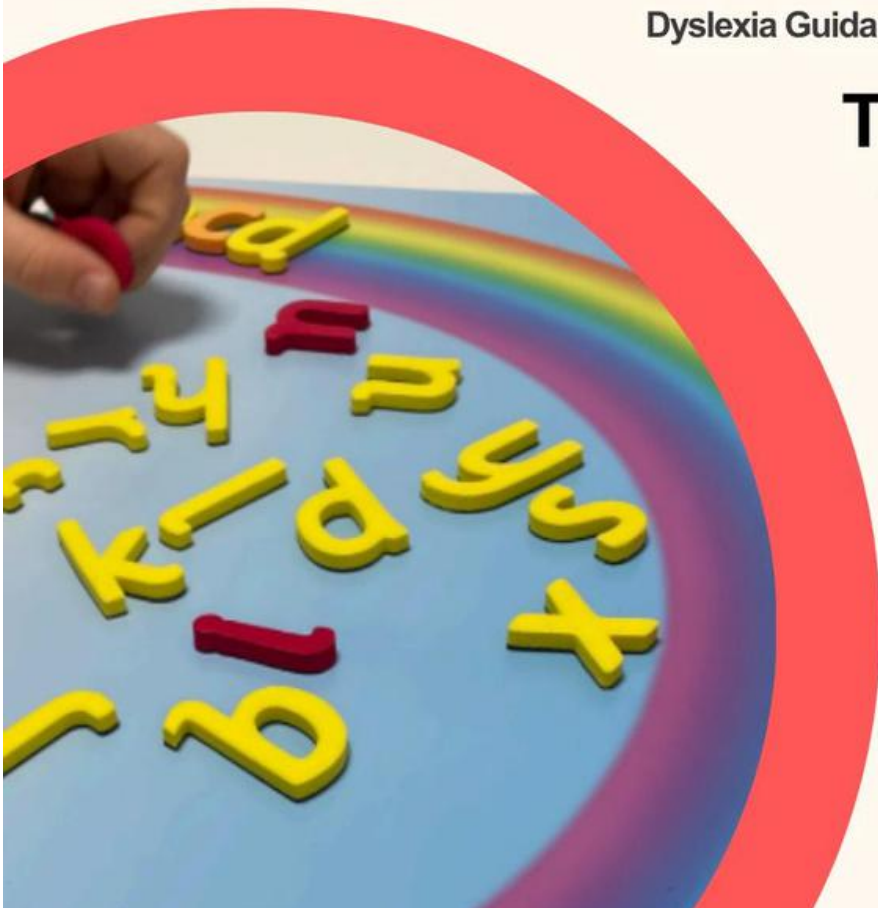
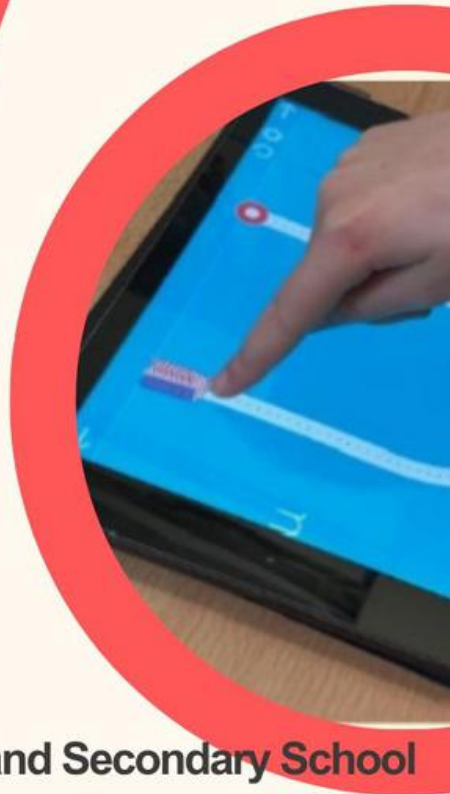
## Thursday 13th March

Cardinal Newman Sixth Form College,  
The Upper Drive, Hove. BN3 6ND  
6 - 7.30pm

- Stalls with Dyslexia Friendly Books
- Book Nook Children's Bookshop
- Join LEAPS parent group

### Parking

Please note there is limited parking available in the school car park. Please see the map for car parking. There is some on street pay and display parking. The school is near The Old Shoreham Road and The Drive bus routes.





## Parking



 Sixth form centre – City Wide Parents’ Evening

The main school will be closed so please park, then walk out and up the Upper Drive to the Sixth Form entrance.

Alternatively there is parking on the Upper Drive but it is pay and display.



# WANT TO FEEL CONFIDENT IN YOUR YEAR 6 SATS?

Limited spots available in my:

RYAN FAERS  
TUITION

## Year 6 Maths Group

**Tuesdays (5.00-6.00pm) weekly**

- Arithmetic & Reasoning papers
- Interactive quizzes
- Modelled examples

One  
space  
left!

First  
lesson  
free!

Current  
teacher  
and school  
leader

**This half term in Maths:**

- 07/01 - Multiplying decimals by integers
- 14/01 - Dividing decimals by integers
- 28/01 - Understand percentages
- 04/02 - FDP equivalents
- 11/02 - Percentages of an amount - 1 step
- 18/02 - Percentages of an amount - 2 step

## Year 6 English Group

**Mondays (5.30-6.30pm) weekly**

- Reading and Grammar papers
- Comprehension skills
- SPaG applied in writing tasks

Two  
spaces  
left!

**This half term in English:**

- 06/01 - Punctuating boundaries
- 13/01 - Non-Fiction comprehension skills
- 27/01 - Word classes
- 03/02 - Poetry comprehension strategies
- 10/02 - Punctuating sentences
- 17/02 - Fiction comprehension skills



**Call Today**  
07848699164

- Online Group Tuition
- Maximum Group Size of 4
- £25 per hour
- Maths Topic Checklist/Syllabus
- Marked Homework Task



Scan the QR  
Code to Learn  
More

[www.facebook.com/  
ryanfaersmathstutor](https://www.facebook.com/ryanfaersmathstutor)

[ryanfaers@gmail.com](mailto:ryanfaers@gmail.com)



# Vanessa Patterson Primary Tutor



20 years experience  
working as a primary  
school teacher across  
Sussex



Face to face or online  
sessions available

Key Stages 1 and 2  
maths and English

1:1 sessions tailored to  
your child

## What I can offer:

- Outstanding teaching delivered on a 1:1 basis
- Learning personalised to your child's individual needs
- Free 15 minute phone or zoom consultation
- Expert advice and dedicated time to discuss your child's needs
- Building your child's confidence
- Weekday and weekend sessions

Contact Vanessa at:

[mrspprimarytutor@gmail.com](mailto:mrspprimarytutor@gmail.com) or

07540827713 to discuss your child's needs.

Scan the QR code to visit my Facebook page and see testimonials.







**Vanessa Patterson**  
**Primary Tutor**



Term time  
sessions  
running until  
May

# Boost Your Child's SATs Success!

## Online Group Tuition for Year 6 Students

Is your child ready to excel in their SATs?

These group sessions are designed for Year 6 students who want to go beyond expectations and aim for greater depth in Maths

### What I Offer:

- ✓ Expert tuition from a qualified, experienced teacher
- ✓ Small groups for focused, interactive learning
- ✓ Engaging lessons tailored to stretch and challenge
- ✓ Proven strategies to master tricky concepts
- ✓ Weekly practice with greater depth-style questions

### Class Details:

-  Time: 5.45pm Thursdays during term time
-  Where: Online (accessible from anywhere!)
-  Cost: £20 per session

Contact Vanessa at:

[mrspprimarytutor@gmail.com](mailto:mrspprimarytutor@gmail.com)  
or 07540827713 to secure your  
child's space

Scan the QR  
code to visit my  
Facebook page  
to find out more



- Fully qualified teacher
- DBS checked
- Friendly and supportive tutor
- 20 years classroom experience



# Brand Vaughan are proud to be partnered with West Hove Infant School and Hove Junior School.



brand  
vaughan

Sell or let your property with Brand Vaughan and receive  
**20% off** our standard selling or lettings fee.

Each time you sell or let your property through Brand Vaughan, West Hove Junior School will receive **10%** of the referred selling or letting fee.

Our partnership with West Hove Junior school, not only benefits you, but also benefits your children's school.

**Speak to our team today, we offer free, no obligation valuations.**

Use code **WESTHOVEBV20** to claim your  
**20% discount.**



**Sales**

**Jimmy Atkins**  
01273 22 11 02



**Lettings**

**Jenna Miles**  
01273 22 11 01