



**WEST HOVE  
INFANT SCHOOL**  
.....  
**A family of friends**

**Hove Learning Federation**  
Holland Road  
**Newsletter**

Friday 21st March 2025

Dear Families,

It has been lovely seeing the children dressed up for Red Nose Day today. We have raised over £550 for Comic Relief at the time of writing, thank you so much for all your generous donations!

**Let's Dance**

Wow, what a fabulous 'Let's Dance' entertainment show we were treated to on Wednesday. The children were so proud and motivated to perform. They have worked so hard throughout the last few months to prepare for the show at the Dome with the infant and junior pupils working together to perform. A huge thankyou to our PE leads Mrs Finch, Mrs Berger, Miss Allum-Watts and Miss Anglada for all of their organisation and to our two dance teachers Vicky and Michelle who choreographed and taught all of our pupils.



Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School

[hollandroadenquiries@hovejun.brighton-hove.sch.uk](mailto:hollandroadenquiries@hovejun.brighton-hove.sch.uk)

01273 916707

Hove Junior School

[hollandroadenquiries@hovejun.brighton-hove.sch.uk](mailto:hollandroadenquiries@hovejun.brighton-hove.sch.uk)

01273 916707

Hove Junior School Inclusion Team

[inclusionteam@hovejun.brighton-hove.sch.uk](mailto:inclusionteam@hovejun.brighton-hove.sch.uk)

01273 916609

Best wishes,

Maddie Southern

### Diary Dates

**24th March** - Year 2 Drusillas Trip

**25th March** - Year 3 Windfarm Trip

**27th March** - Reception Museum Trip

**27th March** - Easter Bonnet parade  
and school discos

**3rd April** - HR Y4 trip to Brighton Girls -  
The Addams Family

**4th April** - last day of term (dress down  
day)

**4th April** - HR PTA donut, fruit and  
sweets sale

**7th - 21st April** - Easter Holidays

**22nd April** - First day of summer term





# Our special visitor in year 3: Rabbi Andrea Zanardo

On Tuesday 4th March 2025, each year 3 class was extremely lucky to have a visit from Rabbi Andrea Zanardo. He is the Rabbi from the Brighton and Hove Reform Synagogue.

Rabbi Andrea came into year 3 to talk about prayer in Judaism and explain how and why Jewish people pray. He shared his wealth of knowledge and we are so grateful for his visit.



This visit supported our recent RE topic, focussing on prayer. We have learned about how and why people pray in different faiths.

The children enjoyed finding out about different prayers and the reason they are said. They asked a lot of questions and showed how much they have learnt this term. We were incredibly proud of them.



## Let's Dance 2025!

On Wednesday 19th March, year 2 and year 5 collaborated in a Hove Learning Federation Let's Dance performance at Brighton Dome. What a night it was!

The children danced to Soul Bossa Nova by Quincy Jones and set the stage alight with their flower power flares and tassels!

The group have been working incredibly hard for the past eight weeks with the fabulous Michelle Britton leading and choreographing their dance. They have all have so much fun and the final performance was an absolute celebration of all their hard work. It was a joyous night full of energy and smiles!

Well done dancing team, we are all incredibly proud of you! What a wonderful achievement and night it was.











# WORLD BOOK DAY®

6 MARCH 2025

We celebrated World Book Day 2025 in style - across all three sites - with a whole host of fun reading-related activities for the children to enjoy.

The day revolved around fairy tales and the children loved a range of age-appropriate sessions, for example making props and role-playing in the Infants, and - in the Juniors - they relished the chance to 'taste' different genres of texts, including fairy tales, on a reading cafe style carousel. Author visits and assemblies added to the excitement, and the afternoon saw classes mixed up, with Year 3 and 5 working together, and Year 4 and 6. It was delightful to see the older children working so beautifully with the younger, and the lower year groups working confidently with their peers - a fabulous 'working with others' activity! The children twisted fairy tales to make their own story and were so creative!

Thank you for your support in helping your child come in dressed up for the day, and for promoting reading at home - one of the most important things you can do as a parent. The effects of reading on child development include cognitive and emotional benefits, such as helping children develop language skills and literacy, build empathy, and learn how to handle challenging feelings. This [website \(https://www.lovereadings4kids.co.uk/\)](https://www.lovereadings4kids.co.uk/) offers lots of recommended reads to help you encourage 'book talk' at home. Don't forget our local Hove library too!



















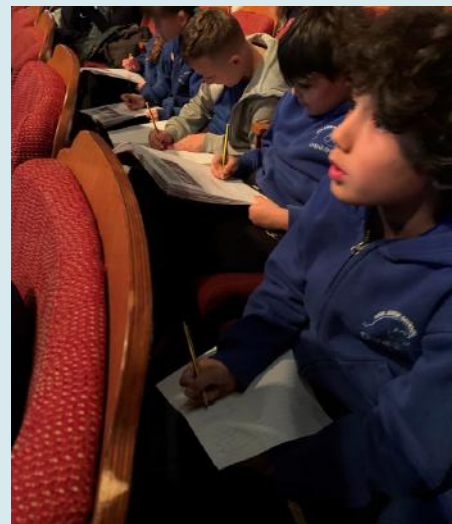
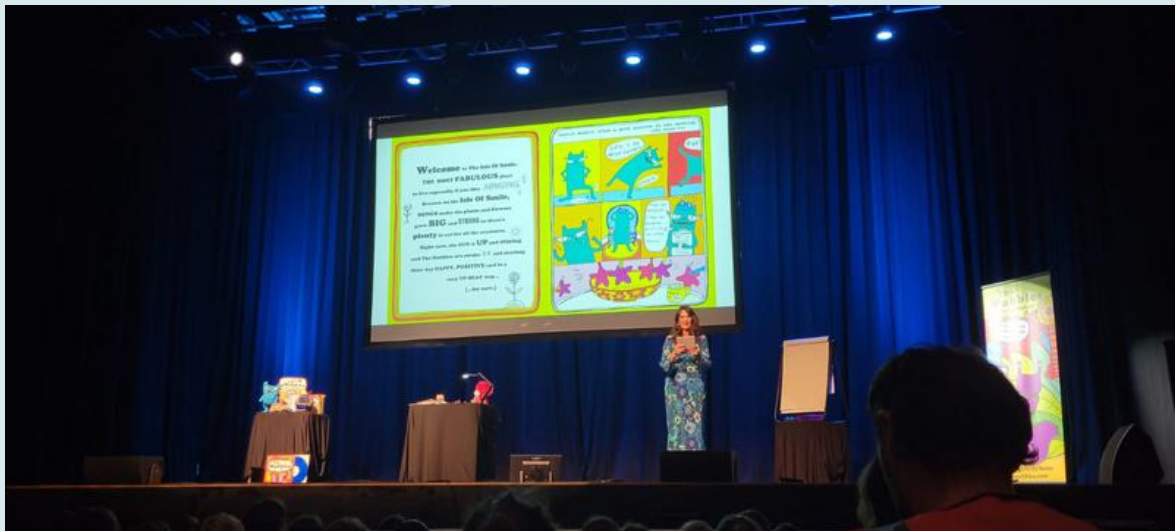
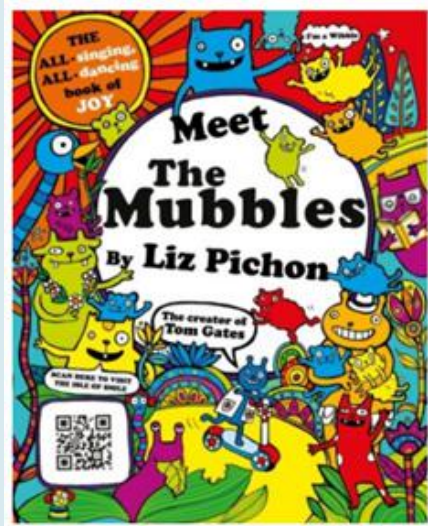






# Year 4 - Author Event at Brighton Dome

On Thursday 13th March, Year 4 were invited by the Book Nook to join Liz Pichon, the bestselling and award-winning creator of Tom Gates, as she launched her new graphic novel series, 'Meet the Mubbles', live from The Brighton Dome. The children had a fabulous morning discovering 'The Isle of Smile', dancing along to songs from the book and taking part in a draw along with Liz!





# Kids & smartphones – what’s the big deal?

When children first started getting smartphones a decade ago, there was no research about their impact. Now there is, and it’s overwhelming.



## HARMFUL CONTENT

Smartphones act as a gateway to pornography, violent and extreme content. Often kids don’t seek them out but are exposed to them via algorithms and messaging apps. Once seen, these things can never be unseen. 90% of girls and 50% of boys say they’re sent explicit content they didn’t want to see.



## ADDICTION

Tech companies intentionally make apps addictive, because the more time we spend, the more data they harvest, the more money they make. By leveraging dopamine circuits, they trigger brain responses akin to slot machine gambling. 1 in 4 young adults show signs of behavioural addiction to smartphones.



## ACADEMIC DISTRACTION

The average teen receives 237 smartphone notifications a day – one every few minutes – making focusing on schoolwork hard. Studies show that excessive smartphone use has negative impacts on academic performance. Children at schools with effective smartphone bans get GCSE’s 1-2 grades higher.



## GROOMING

Sites like TikTok, Snapchat and Roblox are used by sexual predators to target children with their first smartphones, blackmailing them into sharing sexual content. Sextortion is now the fastest growing crime against teens. Since 2022, there has been a 66% rise in ‘self generated’ sexual abuse imagery of children under 10.



## CYBERBULLYING

Disagreements between pupils used to stop at the school gate, now they follow kids wherever they go, 24/7. Young people who experience cyberbullying are twice as likely to attempt suicide and self-harm. One in six teens report being cyberbullied in the past month, according to the World Health Organisation.



## MENTAL ILLNESS

Rates of depression, anxiety and suicide in young people have spiked globally since 2010, when children first began getting smartphones. The first generation to grow up with smartphones are now adults – data shows that the younger they got their first smartphone, the worse their mental health today.



## OPPORTUNITY COST

Underpinning all these harms is one that is potentially the most significant of all. For the first time in human history, children are spending more time on devices than they are playing – an activity crucial to our healthy development. Smartphones are experience blockers, distracting children from engaging in the real world. The average UK 12-year-old now spends 29 hours a week – equivalent to a part-time job – on their smartphone. This leaves little time for the real world activities and relationships that enable us to learn the essential life skills we need to transition into adulthood. The average daily time that teens spend with friends has plummeted by 65% since 2010.

Join the grassroots parents movement to protect childhood from Big Tech

[www.smartphonefreechildhood.co.uk/join](http://www.smartphonefreechildhood.co.uk/join)

For all links to stats references see [www.smartphonefreechildhood.co.uk/the-problem](http://www.smartphonefreechildhood.co.uk/the-problem)





**HOLLAND ROAD PTA PRESENTS**

# **SPRING DISCO**

**THURSDAY 27TH MARCH 2025**

**YEAR R, 1 & 2)**

**3:30PM - 4:15PM**

**YEAR 3 & 4**

**4:30PM - 5:30PM**

**YEAR 5 & 6**

**5:45PM - 6:45PM**

**£5 PER CHILD**  
**£1 PER ADULT**  
 (INFANTS MUST BE ACCOMPANIED BY ADULT)  
**£1 ADDITIONAL TICKETS**

**(TICKET PRICE INCLUDES POPCORN & A DRINK)**

TICKETS CAN BE PURCHASED IN THE PLAYGROUND (PAY BY CARD WHERE POSSIBLE PLEASE) OR EMAIL THE PTA ON HOVEPTAHOLLANDRD@GMAIL.COM

- STALLS**
- HOT DOGS**
- DRINKS**
- CAKE**
- PICK & MIX**
- FACE PAINTING**
- LUCKY DIP BAGS**
- TATTOOS**
- TREASURE HUNT**
- QUIET AREA**

**WE NEED VOLUNTEERS SIGN UP HERE**





# Level 1 & Level 2

# CYCLE



# TRAINING

## at Preston Park and Hove Park



**Level 1** is where you will learn to control your bike.

**Level 2** is where you start with real traffic, but sticking to quiet roads.

**Monday 7 – Thursday 10 April**

**Monday 14 – Thursday 17 April**

**10am – 12.30pm each day**

## Ages 9 –15

Places are limited and on a first-come first-served basis.

**Level 1** – Riders **must** be able to ride independently with confidence and without stabilisers.

**Progression to Level 2 training** is depended on meeting all level 1 modules to National Standards Level.

**Levels 1 & 2 together is £47 per person.**

To book your place visit:

<https://cycling.envelope.host/courses/>

or contact Emily Tester on 01273 293847  
or email: [east.central@brighton-hove.gov.uk](mailto:east.central@brighton-hove.gov.uk)



**Brighton & Hove  
City Council**



Level 3

# CYCLE



# TRAINING

at Preston Park  
and Hove Park



Monday 7 – Wednesday 9 April

Monday 14 – Wednesday 16 April

1.15pm – 3.15pm each day

**Ages 11 – 15**

All children must have attended a Level 2 course and allow 3 months practice between levels.

All trainees will be assessed on Level 2 outcomes before progressing further.

**Level 3** is where you learn to cycle safely on busy roads within the city.

Training includes roundabouts, traffic lights and filtering. You must have completed Levels 1 and 2.

Places are limited and on a first-come first-served basis.

**Level 3 training costs £52 per person.**

To book your place visit:

<https://cycling.envelope.host/courses/>

or contact Emily Tester on 01273 293847

or email: [east.central@brighton-hove.gov.uk](mailto:east.central@brighton-hove.gov.uk)



Brighton & Hove  
City Council



**YOUR  
SCHOOL  
LOTTERY**

**Hove Junior School**

# **WE'VE LAUNCHED A LOTTERY**

**Buy your tickets now to  
help our fundraising**

**Tickets cost just £1**

**All profits go to our school**

**Local cash prize every week**

**Chance to win the £25,000 jackpot!**



[Play Now](#)





# Are you concerned about your child's mental health?



- Anxiety
- Low mood
- Difficulties regulating emotions
- Self esteem and confidence
- Sleep difficulties
- Fears and phobias
- Separation, loss and bereavement



Scan the QR code below to refer your concern to Hove Learning Federation's Mental Health Lead. Link also available on our school website.

<https://www.westhoveinfants.co.uk/wp-content/uploads/sites/10/2023/03/Capture-1.png>



Naomi Miller (Mental Health Lead) will contact you within a week of your referral.

New referrals will be discussed at half termly triage meetings and support allocated.

NB: If you have an urgent concern about a child's mental health please call 0300 304 0061 during office hours or 0300 5000 101 outside of office hours.





**Vanessa Patterson**  
**Tutor**

+ - ÷ ×

Get in touch for a free trial

# 🚀 Boost Your Child's Maths Confidence With Online Group Tuition ⭐

What we do:

- ✓ Games to support mental maths strategies
- ✓ Lessons adapted to build understanding and confidence as we go
- ✓ Friendly and collaborative environment

**Year 6 SATS group**  
**Time: 5.45pm**  
**Thursdays (until May)**  
**Where: Online**  
**Cost: £20 per session**

**Prepare for Year 7**  
**Time: 5.45pm**  
**Thursdays (from May)**  
**Where: Online**  
**Cost: £20 per session**

- Fully qualified teacher
- DBS checked
- Friendly and supportive tutor
- 20 years classroom experience

Max 4 per group

## Easter Holiday Online SATS Masterclasses

One off sessions to support confidence with SATS questions.

- ✓ Monday 7th April: Addition and Subtraction Problems
- ✓ Tuesday 8th April: Fraction Calculations
- ✓ Wednesday 9th April: Multiplication and Division Problems
- ✓ Thursday 10th April: Money Problems
- ✓ Friday 11th April: Measure Problems

10am-11am  
 £15 per session  
 or all 5 for £60

Contact Vanessa at:  
 mrspprimarytutor@gmail.com  
 or 07540827713 to secure your child's space

Scan the QR code to visit my Facebook page to find out more



# WANT TO FEEL CONFIDENT IN YOUR YEAR 6 SATS?

Limited spots available in my:

 RYAN FAERS  
TUITION

## Year 6 Maths Group

**Tuesdays (5.00-6.00pm) weekly**

- Arithmetic & Reasoning papers
- Interactive quizzes
- Modelled examples

One  
space  
left!

First  
lesson  
free!

Current  
teacher  
and school  
leader

### **This half term in Maths:**

- 07/01** - Multiplying decimals by integers
- 14/01** - Dividing decimals by integers
- 28/01** - Understand percentages
- 04/02** - FDP equivalents
- 11/02** - Percentages of an amount - 1 step
- 18/02** - Percentages of an amount - 2 step

## Year 6 English Group

**Mondays (5.30-6.30pm) weekly**

- Reading and Grammar papers
- Comprehension skills
- SPaG applied in writing tasks

Two  
spaces  
left!

### **This half term in English:**

- 06/01** - Punctuating boundaries
- 13/01** - Non-Fiction comprehension skills
- 27/01** - Word classes
- 03/02** - Poetry comprehension strategies
- 10/02** - Punctuating sentences
- 17/02** - Fiction comprehension skills



 **Call Today**  
07848699164

- Online Group Tuition
- Maximum Group Size of 4
- £25 per hour
- Maths Topic Checklist/Syllabus
- Marked Homework Task



Scan the QR  
Code to Learn  
More

 [www.facebook.com/  
ryanfaersmathstutor](https://www.facebook.com/ryanfaersmathstutor)

 [ryanfaers@gmail.com](mailto:ryanfaers@gmail.com)



# Brand Vaughan are proud to be partnered with West Hove Infant School and Hove Junior School.



brand  
vaughan

Sell or let your property with Brand Vaughan and receive **20% off** our standard selling or lettings fee.

Each time you sell or let your property through Brand Vaughan, West Hove Junior School will receive **10%** of the referred selling or letting fee.

Our partnership with West Hove Junior school, not only benefits you, but also benefits your children's school.

**Speak to our team today, we offer free, no obligation valuations.**

Use code **WESTHOVEBV20** to claim your **20% discount.**



**Sales**

**Jimmy Atkins**  
01273 22 11 02



**Lettings**

**Jenna Miles**  
01273 22 11 01